

**DIAGNOSTIC INDICATOR OF THYMIC FUNCTION**

**CROSS-REFERENCE TO RELATED APPLICATIONS**

This application is a continuation-in-part of U.S. Serial No. 10/399,213, filed April 14, 2003, which is a national phase filing of PCT AU01/01291, filed October 15, 2001, which is a  
5 PCT filing of AU provisional application PR0745, filed October 13, 2000. This application is also a continuation-in-part of U.S. Serial No. 60/527001, filed December 5, 2003. This application is also a continuation-in-part of U.S. Serial No. 10/418,953, filed April 18, 2003, which is a continuation-in-part of U.S. Serial No. 09/977,074 filed October 12, 2001, which is a continuation-in-part of U.S. Serial No. 09/885,268, filed August 1, 2001 (abandoned), which is a  
10 continuation-in-part of each of U.S. Serial No. 09/755,965, filed January 5, 2001 (abandoned), U.S. Serial No. 09/755,646, filed January 5, 2001 (abandoned), U.S. Serial No. 09/755,983, filed January 5, 2001 (abandoned), and U.S. Serial No. 09/758,910, filed January 10, 2001 (abandoned), each of which is a continuation-in-part of U.S. Serial No. 09/795,286, filed October 13, 2000, which is a continuation-in-part of Australian Patent Application PR0745, filed October  
15 13, 2000, and of U.S. Serial No. 09/795,302, filed October 13, 2000 (abandoned), which is a continuation-in-part of PCT AU00/00329, filed April 17, 2000, which is a PCT filing of AU provisional application PP9778 filed April 15, 1999. Each of these applications is hereby incorporated by reference.

**FIELD OF THE INVENTION**

20 The present invention is in the field of immunology. In particular, it relates to diagnosing the reactivation of a thymus following the inhibition of the effects of sex steroids on the thymus.

## BACKGROUND

### THE IMMUNE SYSTEM

The major function of the immune system is to distinguish “foreign” (that is derived from any source outside the body) antigens from “self” (that is derived from within the body) and respond accordingly to protect the body against infection. In more practical terms, the immune response has also been described as responding to “danger” signals. These “danger” signals may be any change in the property of a cell or tissue which alerts cells of the immune system that this cell/tissue in question is no longer “normal.” Such alterations may be very important in causing, for example, rejection of tumors. However, this “danger” signal may also be the reason why some autoimmune diseases start, due to either inappropriate cell changes in the “self” cells targeted by the immune system (*e.g.*, the  $\beta$ -islet cells targeted in Diabetes mellitus), or inappropriate cell changes in the immune cells themselves, leading these cells to target normal “self” cells. In normal immune responses, the sequence of events involves dedicated antigen presenting cells (APC) capturing foreign antigen and processing it into small peptide fragments which are then presented in clefts of major histocompatibility complex (MHC) molecules on the APC surface. The MHC molecules can either be of class I expressed on all nucleated cells (recognized by cytotoxic T cells (Tc)) or of class II expressed primarily by cells of the immune system (recognized by helper T cells (Th)). Th cells recognize the MHC II/peptide complexes on APC and respond; factors released by these cells then promote the activation of either of both Tc cells or the antibody producing B cells which are specific for the particular antigen. The importance of Th cells in virtually all immune responses is best illustrated in HIV/AIDS where their absence through destruction by the virus causes severe immune deficiency eventually leading to death. Inappropriate development of Th (and to a lesser extent Tc) can lead to a variety of other diseases such as allergies, cancer and autoimmunity.

The development of such cells may be due to an abnormal thymus in which the structural organization is markedly altered *e.g.*, the medullary epithelial cells which normally effect more mature thymocytes are ectopically expressed in the cortex where immature T cells normally reside. This could mean that the developing immature T cells prematurely receive late stage maturation signals and in doing so become insensitive to the negative selection signals that

would normally delete potentially autoreactive cells. Indeed this type of thymic abnormality was found in NZB mice which develop Lupus-like symptoms (Takeoka *et al.*, 1999) and more recently NOD mice which develop type I diabetes (Thomas-Vaslin *et al.*, 1997; Atlan-Gepner *et al.*, 1999). It is not known how these forms of thymic abnormality develop but it could be  
5 through the natural aging process or from destructive agents such as viral infections (changes in the thymus have been described in AIDS patients), stress, chemotherapy and radiation therapy (Mackall *et al.*, 1995; Heitger *et al.*, 1997; Mackall and Gress, 1997). Treatments such as radiation and chemotherapy cause a collapse of the thymus cortex and medulla, primarily by killing immature (CD4+CD8+) T lymphocyte, *i.e.*, cells which are undergoing proliferation. It is  
10 also possible that epithelial cells are damaged by these treatments. Cyclosporin A causes the thymus to collapse but primarily of mature T cells in the medulla, and includes dendritic cells (Randle-Barrett and Boyd (1995) *Dev. Immunol.* 4:101).

The ability to recognize antigen is encompassed in a plasma membrane receptor in T and B lymphocytes. These receptors are generated randomly by a complex series of rearrangements  
15 of many possible genes, such that each individual T or B cell has a unique antigen receptor. This enormous potential diversity means that for any single antigen the body might encounter, multiple lymphocytes will be able to recognize it with varying degrees of binding strength (affinity) and respond to varying degrees. Since the antigen receptor specificity arises by chance, the problem thus arises as to why the body does not “self destruct” through lymphocytes reacting  
20 against self antigens. Fortunately there are several mechanisms which prevent the T and B cells from doing so, and collectively they create a situation where the immune system is tolerant to self.

The most efficient form of self tolerance is to physically remove (kill) any potentially reactive lymphocytes at the sites where they are produced (thymus for T cells, bone marrow for  
25 B cells). This is called central tolerance. An important, additional method of tolerance is through regulatory Th cells which inhibit autoreactive cells either directly or more likely through cytokines. Given that virtually all immune responses require initiation and regulation by T helper cells, a major aim of any tolerance induction regime would be to target these cells. Similarly, since Tc's are very important effector cells, their production is a major aim of  
30 strategies for, *e.g.*, anti-cancer and anti-viral therapy.

## THE THYMUS

The thymus is arguably the major organ in the immune system because it is the primary site of production of T lymphocytes. Its role is to attract appropriate bone marrow-derived precursor cells from the blood, and induce their commitment to the T cell lineage including the gene rearrangements necessary for the production of the T cell receptor for antigen (TCR). Associated with this is a remarkable degree of cell division to expand the number of T cells and hence increase the likelihood that every foreign antigen will be recognized and eliminated. This enormous potential diversity means that for any single antigen the body might encounter, multiple lymphocytes will be able to recognize it with varying degrees of binding strength (affinity) and respond to varying degrees.

A unique feature of T cell recognition of antigen, however, is that unlike B cells, the TCR only recognizes peptide fragments physically associated with MHC molecules; normally this is self MHC and this ability is selected for in the thymus. This process is called positive selection and is an exclusive feature of cortical epithelial cells. If the TCR fails to bind to the self MHC/peptide complexes, the T cell dies by “neglect” – it needs some degree of signalling through the TCR for its continued maturation.

While the thymus is fundamental for a functional immune system, releasing ~1% of its T cell content into the bloodstream per day, one of the apparent anomalies of mammals is that this organ undergoes severe atrophy as a result of sex steroid production. This atrophy occurs gradually over ~5-7 years; the nadir level of T cell output being reached around 20 years of age (Douek *et al.*, 1998). Structurally the thymic atrophy involves a progressive loss of lymphocyte content, a collapse of the cortical epithelial network, an increase in extracellular matrix material and an infiltration of the gland with fat cells – adipocytes – and lipid deposits (Haynes *et al.*, 1999). This can begin even in young (around the age of 5 years – Mackall *et al.*, 1998) children but is profound from the time of puberty when sex steroid levels reach a maximum. For normal healthy individuals this loss of production and release of new T cells does not always have clinical consequences, although immune-based disorders such as general immunodeficiency and poor responsiveness to vaccines and an increase in the frequency of autoimmune diseases such as multiple sclerosis, rheumatoid arthritis and lupus (Doria *et al.*, 1997; Weyand *et al.*, 1998;

Castle, 2000; Murasko *et al.*, 2002) increase in incidence and severity with age. When there is a major loss of T cells, *e.g.*, in AIDS and following chemotherapy or radiotherapy, the patients are highly susceptible to disease because all these conditions involve a loss of T cells (especially Th in HIV infections) or all blood cells including T cells in the case of chemotherapy and  
5 radiotherapy. As a consequence these patients lack the cells needed to respond to infections and they become severely immune suppressed (Mackall *et al.*, 1995; Heitger *et al.*, 2002).

These are insufficient, however, to maintain the optimal levels of peripheral T cell subsets. But this does mean that the thymus is not completely dormant, raising the possibility that it could be the target of therapy. With progressive aging, the decline in thymic export means  
10 that the status of peripheral T cells undergoes progressive change both quantitatively and qualitatively. On the one hand there is a gradual decrease in absolute T cell numbers in the blood with age as they die off through lack of stimulation. On the other hand, with each antigen contact, the relevant antigen-specific naïve T cells (those which have not yet encountered antigen) are stimulated and proliferate. A subset will progress to be effector cells and rid the  
15 body of the pathogen, but these eventually die through antigen-induced cell death. Another subset will convert to memory cells and provide long term protection against future contacts with that pathogen. Hence, there is a decrease in the levels of naïve T cells and thus a reduced ability to respond to antigen.

Many T cells will develop, however, which can recognize by chance, with high affinity,  
20 self MHC/peptide complexes. Such T cells are thus potentially self-reactive and could cause severe autoimmune diseases such as multiple sclerosis, arthritis, diabetes, thyroiditis and systemic lupus erythematosus (SLE). Fortunately, if the affinity of the TCR to self MHC/peptide complexes is too high in the thymus, the developing thymocyte is induced to undergo a suicidal activation and dies by apoptosis, a process called negative selection. This is called central  
25 tolerance. Such T cells die rather than respond because in the thymus they are still immature. The most potent inducers of this negative selection in the thymus are APC called dendritic cells (DC). Being APC they deliver the strongest signal to the T cells; in the thymus this causes deletion, in the peripheral lymphoid organs where the T cells are more mature, the DC cause activation.

## THYMUS ATROPHY

The thymus is influenced to a great extent by its bidirectional communication with the neuroendocrine system (Kendall, 1988). Of particular importance is the interplay between the pituitary, adrenals and gonads on thymic function including both trophic (thyroid stimulating hormone or TSH, and growth hormone or GH) and atrophic effects (leutinizing hormone or LH, follicle stimulating hormone or FSH, and adrenocorticotrophic hormone or ACTH) (Kendall, 1988; Homo-Delarche, 1991). Indeed one of the characteristic features of thymic physiology is the progressive decline in structure and function which is commensurate with the increase in circulating sex steroid production around puberty which, in humans generally occurs from the age of 12-14 onwards (Hirokawa and Makinodan, 1975; Tosi *et al.*, 1982 and Hirokawa, *et al.*, 1994). The precise target of the hormones and the mechanism by which they induce thymus atrophy and improved immune responses has yet to be determined. Since the thymus is the primary site for the production and maintenance of the peripheral T cell pool, this atrophy has been widely postulated as the primary cause of an increased incidence of immune-based disorders in the elderly. In particular, deficiencies of the immune system illustrated by a decrease in T-cell dependent immune functions such as cytolytic T-cell activity and mitogenic responses, are reflected by an increased incidence of immunodeficiency such as increased general infections, autoimmune diseases such as multiple sclerosis, rheumatoid arthritis and Systemic Lupus Erythematosus, autoimmunity There is also an increase in cancers tumor load in later life (Hirokawa, 1998; Doria *et al.*, 1997; Castle, 2000).

The impact of thymus atrophy is reflected in the periphery, with reduced thymic input to the T cell pool resulting in a less diverse T cell receptor (TCR) repertoire. Altered cytokine profile (Hobbs *et al.*, 1993; Kurashima *et al.*, 1995), changes in CD4<sup>+</sup> and CD8<sup>+</sup> subsets and a bias towards memory as opposed to naïve T cells (Mackall *et al.*, 1995) are also observed. Furthermore, the efficiency of thymopoiesis is impaired with age such that the ability of the immune system to regenerate normal T cell numbers after T cell depletion is eventually lost (Mackall *et al.*, 1995). However, recent work by Douek *et al.* (1998) has shown presumably thymic output (as exemplified by the presence of T cells with T Cell Receptor Excision Circles (TRECs); TRECs are formed as part of the generation of the TCR for antigen and are only found in newly produced T cells) to occur even if only very slight (~5% of the young levels), in older

(*e.g.*, even sixty-five years old and above) in humans. Excisional DNA products of TCR gene-rearrangement were used to demonstrate circulating, *de novo* produced naïve T cells after HIV infection in older patients. The rate of this output and subsequent peripheral T cell pool regeneration needs to be further addressed since patients who have undergone chemotherapy show a greatly reduced rate of regeneration of the T cell pool, particularly CD4<sup>+</sup> T cells, in post-pubertal (at the time the thymus has reached substantial atrophy ~ 25 years of age) patients compared to those who were pre-pubertal (prior to the increase in sex steroids in early teens (~5-10 years of age)) (Mackall *et al.*, 1995). This is further exemplified in recent work by Timm and Thoman (1999), who have shown that although CD4<sup>+</sup> T cells are regenerated in old mice post bone marrow transplant (BMT), they appear to show a bias towards memory cells due to the aged peripheral microenvironment, coupled to poor thymic production of naïve T cells.

The thymus essentially consists of developing thymocytes interspersed within the diverse stromal cells (predominantly epithelial cell subsets) which constitute the microenvironment and provide the growth factors and cellular interactions necessary for the optimal development of the T cells. The symbiotic developmental relationship between thymocytes and the epithelial subsets that controls their differentiation and maturation (Boyd *et al.*, 1993), means sex-steroid inhibition could occur at the level of either cell type which would then influence the status of the other. It is less likely that there is an inherent defect within the thymocytes themselves since previous studies, utilizing radiation chimeras, have shown that bone marrow (BM) stem cells are not affected by age (Hirokawa, 1998; Mackall and Gress, 1997) and have a similar degree of thymus repopulation potential as young BM cells. Furthermore, thymocytes in older aged animals (*e.g.*, those  $\geq 18$  months) retain their ability to differentiate to at least some degree (George and Ritter, 1996; Hirokawa *et al.*, 1994; Mackall *et al.*, 1998). However, recent work by Aspinall (1997) has shown a defect within the precursor CD3<sup>-</sup>CD4<sup>-</sup>CD8<sup>-</sup> triple negative (TN) population occurring at the stage of TCR $\gamma$  chain gene-rearrangement.

Following selection in the cortex, the developing thymocytes acquire functional maturation and migratory capacity and exit into the blood stream as naïve (not yet having contacted antigen) T cells. They circulate between the lymph and blood in search of antigen. If after 3-4 weeks they haven't been stimulated, they become susceptible to deletion from the peripheral T cell pool by other recent thymic emigrants. This system of thymic export and

peripheral T cell replacement provides a continual replenishment of the quality of T cells, with homeostasis maintaining the appropriate levels.

Aging also results in a selective decline in Th cells (characterized by expression of CD4) relative to Tc cells (expressing CD8) and imbalances in the ratios of Th1 to Th2 cells. This does  
5 not occur in the normal young because, as mentioned above, there is a continual supply of new T cells being exported from the thymus, which in turn provides a continual replenishment of the naïve T cell pool in the periphery.

Aging is not the only condition which results in T cell loss – this also occurs very severely for example in HIV/AIDS and following chemotherapy or radiotherapy. Again, in the  
10 young with an active thymus, the recovery of the immune system (through recovery of T cell mediated immunity) occurs relatively quickly (2-3 months), compared to post-puberty, when it can take 1-2 years because of the atrophic thymus.

In the particular case for AIDS, the primary defect in the immune system is the destruction of CD4+ cells and to a lesser extent the cells of the myleoid lineages of macrophages  
15 and dendritic cells (DC). Without these the immune system is paralysed and the patient is extremely susceptible to opportunistic infection with death a common consequence. The present treatment for AIDS is based on a multitude of anti-viral drugs to kill or deplete the HIV virus. Such therapies are now becoming more effective with viral loads being reduced dramatically to the point where the patient can be deemed as being in remission. The major problem of immune  
20 deficiency still exists however, because there are still very few functional T cells, and those which do recover, do so very slowly. The period of immune deficiency is thus still a very long time and in some cases immune defence mechanisms may never recover sufficiently. The reason for this is that in post-pubertal people the thymus is atrophied.

There are thus several parameters which can influence the nature and extent of immune  
25 responses: the level and type of antigen, the site of vaccination, the availability of appropriate APC (antigen presenting cells), the general health of the individual and the status of the T and B cell pools. Of these, T cells are the most vulnerable because of the marked sex steroid induced shut-down in thymic export which becomes profound from the onset of puberty.



Any vaccination program should therefore only be logically undertaken when the level of potential responder T cells is optimal in terms of both the level of naïve T cells representing a broad repertoire of specificity and the correct ratios of Th1 to Th2 cells and Th to Tc cells. The level and type of cytokines should also be manipulated to be appropriate for the desired response.

5           The ability to reactivate the atrophic thymus through inhibition of LHRH signaling to the pituitary provides a potent means of generating a new cohort of naïve T cells with a diverse repertoire of TCR types. This process effectively reverts the thymus to its prepubertal state, and does so by using the normal regulatory molecules and pathways which lead to optimal thymopoiesis.

10       SKEWING OF DEVELOPING TCR REPERTOIRE TOWARDS, OR AWAY FROM, SPECIFIC ANTIGENS.

          The ability to enhance the uptake into the thymus of haematopoietic precursor cells means that the nature and type of dendritic cells can be manipulated. For example the precursors can be transfected with specific gene(s) which eventually become expressed in the dendritic cells  
15       in the thymus (and elsewhere in the body). Such genes can include those which encode specific antigens for which an immune response would be detrimental, *e.g.*, autoimmune diseases, allergies and graft antigens.

          The genes can also encode antigens (also as peptides) for which an immune response is desired, *e.g.*, tumor cells and invading microorganisms. In the latter case the level and affinity of  
20       the peptide would be manipulated to be low enough so as not to induce negative selection, but high enough to promote positive selection. As shown herein, positive selection can involve multiple cell types: the cortical epithelium provides the specific differentiation molecules, and third party cells the MHC/peptide ligands.

          The precursors can also be genetically modified by adding or deleting genes, such as  
25       those coding for soluble regulatory molecules, such as chemokines, cytokines and other molecules affecting any aspect of thymopoiesis and T cell development, activation, positive or negative selection, migration, and general status. This approach can be used to promote or retard thymic development or T cell responsiveness. It can be used to skew the T cell repertoire to

specific antigens to create, for example, anti-viral and anti-tumor defenses. This approach can also be used to modulate the nature, organization and function of the thymic microenvironment.

### INDUCTION OF TOLERANCE

5 The most effective means of generating tolerance to self is through intra-thymic deletion (or anergy or induction of negative regulatory cells) of the potentially self reactive cells through negative selection, mediated most efficiently by intrathymic dendritic cells. As a corollary, the establishment of tolerance to exogenous or nominal antigens could be best achieved if dendritic cells expressing this antigen could be incorporated into the thymus. This form of tolerance may also be made more effective through the advent of inhibitory immunoregulatory cells. The  
10 mechanisms underlying the development of the latter, however, are poorly understood, but again occur in the thymus and could involve dendritic cells.

In the case of hyperreactive T cells for which the target antigen is known, the haematopoietic stem cells can be transfected with the gene encoding the specific antigen. When these cells develop into dendritic cells in the thymus they will delete any new T cells arising  
15 which are potentially reactive to the nominal antigen.

The enormous clinical benefits to be gained through restoration of thymic function, represent an important strategy for the treatment of immunodeficiencies, particularly in the elderly, HIV patients and patients following chemotherapy. Furthermore patients who have functionally abnormal T cells can now be treated to remove all T cells, thereby stopping the  
20 disease, and then have their normal immunity restored by reactivation of thymic function by inhibition of sex steroid production. In the case of vaccination programs, the reactivation of the thymus will have profound improvements on the status of T cells and hence the nature, extent and quality of immune responses. Additionally, through presentation of donor cells during reactivation of the thymus, T cell populations can be modified to allow for tolerance of  
25 allogeneic and xenogeneic grafts. Moreover, regenerating populations of T cells can be genetically modified through gene therapy during thymic reactivation.

### SUMMARY OF THE INVENTION

The present inventors have demonstrated that thymic atrophy (aged induced or as a consequence of conditions such as chemotherapy or radiotherapy) can be profoundly reversed by inhibition of sex steroid production, with virtually complete restoration of thymic structure and function. The present inventors have also found that the basis for this thymus regeneration is in part due to the initial expansion of precursor cells which are derived both intrathymically and via the blood stream. This finding suggests that is possible to seed the thymus with exogenous haemopoietic stem cells (HSC) which have been injected into the subject.

The ability to seed the thymus with genetically modified or exogenous HSC by disrupting sex steroid signalling to the thymus, means that gene therapy in the HSC may be used more efficiently to treat T cell (and myeloid cells which develop in the thymus) disorders. HSC stem cell therapy has met with little or no success to date because the thymus is dormant and incapable of taking up many if any HSC, with T cell production less than 1% of normal levels.

The present disclosure provides a diagnostic method for determining the susceptibility of a thymus to regeneration by inhibition of sex steroid production. In one embodiment, the method provides an early determination of this susceptibility, within a week, within 4 to 5 days, within 2-3 days, or within 24 hours of initiation of inhibition.

As used herein, "determining the susceptibility of a thymus to regeneration" means to assess whether or not a thymus is undergoing reactivation following sex steroid ablation utilizing methods outlined in greater detail herein.

In some embodiments, the subject has AIDS and has had the viral load reduced by anti-viral treatment. In a further embodiment, the subject is post-pubertal.

In certain embodiments, inhibition of sex steroid production is achieved by either castration or administration of a sex steroid analogue(s). Non-limiting sex steroid analogues include eulexin, goserelin, leuprolide, dioxalan derivatives such as triptorelin, meterelin, buserelin, histrelin, nafarelin, lutrelin, leuprorelin, and luteinizing hormone-releasing hormone analogues. In some embodiments, the sex steroid analogue is an analogue of luteinizing hormone-releasing hormone. In certain embodiments, the luteinizing hormone-releasing hormone analogue is deslorelin.

In a particular embodiment sex steroid mediated signaling to the thymus is blocked by the administration of agonists or antagonists of LHRH, anti-estrogen antibodies, anti-androgen antibodies, passive (antibody) or active (antigen) anti-LHRH vaccinations, or combinations thereof ("blockers").

5           In one embodiment, inhibition is caused by administering an LHRH agonist. One antagonist such as Abarelix or Cetrorelix is administered. In an alternative embodiment, inhibition is caused by administering an LHRH agonist such as Zoladex or Leupron.

          In one embodiment, the blocker(s) is administered by a sustained peptide-release formulation. Examples of sustained peptide-release formulations are provided in WO 98/08533,  
10   the entire contents of which are incorporated herein by reference.

          In one embodiment, the diagnosis is accomplished by measuring the amount of thymic induced factors in a blood sample of the patient before and after initiation of inhibition.

          In yet another embodiment, the invention is used to identify previously unidentified thymic factors.

15           In another embodiment, the diagnosis is accomplished by measuring thymic activity. In addition to the above, this will be achieved by determining levels of newly produced T cells identified by the presence in these cells of small circles of DNA termed T cell receptor excision circles (TREC's). These TREC's are produced as a normal part of T cell development in the thymus, in particular as a result of gene rearrangements in the formation of the T cell receptor for  
20   antigen. Basic increases in total T cell number (as measured by flow cytometry staining for CD3, CD4 and CD8) and shifts in their *in vitro* responsiveness to stimulation with anti-CD3 cross-linking can also be used to monitor thymic function but they are expected to take several days to weeks before any changes may be detectable.

          In another embodiment, the method comprises transplanting enriched HSC into the  
25   subject. The HSC may be autologous or heterologous.

          In some embodiments, the subject has AIDS and has had the viral load reduced by anti-viral treatment.

In cases where the subject is infected with HIV, the HSC may be genetically modified such that they and their progeny, in particular T cells, macrophages and dendritic cells, are resistant to infection and / or destruction with the HIV virus. The genetic modification may involve introduction into HSC one or more nucleic acid molecules which prevent viral replication, assembly and/or infection. The nucleic acid molecule may be a gene which encodes an antiviral protein, an antisense construct, a ribozyme, a dsRNA and a catalytic nucleic acid molecule.

In cases where the subject has defective T cells, the HSC may be genetically modified to normalize the defect. For diseases such as T cell leukaemias, the modification may include the introduction of nucleic acid constructs or genes which normalize the HSC and inhibit or reduce its likelihood of becoming a cancer cell.

It will be appreciated by those skilled in the art that the present method may be useful in treating any T cell disorder which has a defined genetic basis. One method involves reactivating thymic function through inhibition of sex steroids to increase the uptake of blood-borne haemopoietic stem cells (HSC). In general, after the onset of puberty, the thymus undergoes severe atrophy under the influence of sex steroids, with its cellular production reduced to less than 1% of the pre-pubertal thymus. The present invention is based on the finding that the inhibition of production of sex steroids releases the thymic inhibition and allows a full regeneration of its function, including increased uptake of blood-derived HSC. The origin of the HSC can be directly from injection or from the bone marrow following prior injection. It is envisaged that blood cells derived from modified HSC will pass the genetic modification onto their progeny cells, including HSC derived from self-renewal, and that the development of these HSC along the T cell and dendritic cell lineages in the thymus is greatly enhanced if not fully facilitated by reactivating thymic function through inhibition of sex steroids.

The method of the present invention is particularly for treatment of AIDS, where the treatment preferably involves reduction of viral load, reactivation of thymic function through inhibition of sex steroids and transfer into the patients of HSC (autologous or from a second party donor) which have been genetically modified such that all progeny (especially T cells, DC) are resistant to further HIV infection. This means that not only will the patient be depleted of

HIV virus and no longer susceptible to general infections because the T cells have returned to normal levels, but the new T cells being resistant to HIV will be able to remove any remnant viral infected cells. In principle a similar strategy could be applied to gene therapy in HSC for any T cell defect or any viral infection which targets T cells.

### DESCRIPTION OF THE FIGURES

**Figure 1 A, 1B, and 1C:** Castration rapidly regenerates thymus cellularity. Figure 1A-1C show the changes in thymus weight and thymocyte number pre- and post-castration. Thymus atrophy results in a significant decrease in thymocyte numbers with age, as measured by thymus weight (Fig. 1A) or by the number of cells per thymus (Figs. 1B and 1C). For these studies, aged (*i.e.*, 2-year old) male mice were surgically castrated. Thymus weight in relation to body weight (Fig. 1A) and thymus cellularity (Figs. 1B and 1C) were analyzed in aged (1 and 2 years) and at 2-4 weeks post-castration (post-cx) male mice. A significant decrease in thymus weight and cellularity was seen with age compared to young adult (2-month) mice. This decrease in thymus weight and cell number was restored by castration, although the decrease in cell number was still evident at 1 week post-castration (see Fig. 1C). By 2 weeks post-castration, cell numbers were found to increase to approximately those levels seen in young adults (Figs. 1B and 1C). By 3 weeks post-castration, numbers have significantly increased from the young adult and these were stabilized by 4 weeks post-castration (Figs. 1B and 1C). Results are expressed as mean  $\pm$ 1SD of 4-8 mice per group (Figs. 1A and 1B) or 8-12 mice per group (Fig. 1C). \*\* =  $p \leq 0.01$ ; \*\*\* =  $p \leq 0.001$  compared to young adult (2 month) thymus and thymus of 2-6 wks post-castrate mice.

**Figure 2 A-F:** Castration restores the CD4:CD8 T cell ratio in the periphery. For these studies, aged (2-year old) mice were surgically castrated and analyzed at 2-6 weeks post-castration for peripheral lymphocyte populations. Figs. 2A and 2B show the total lymphocyte numbers in the spleen. Spleen numbers remain constant with age and post-castration because homeostasis maintains total cell numbers within the spleen (Figs. 2A and 2B). However, cell numbers in the lymph nodes in aged (18-24 months) mice were depleted (Fig. 2B). This decrease in lymph node cellularity was restored by castration (Fig. 2B). Figs. 2C and 2D show that the ratio of B cells to T cells did not change with age or post-castration in either the spleen or lymph node, as no change in this ratio was seen with age or post-castration. However, a significant decrease ( $p < 0.001$ ) in the CD4+:CD8+ T cell ratio was seen with age in both the (pooled) lymph node and the spleen (Figs. 2E and 2F). This decrease was restored to young adult (*i.e.*, 2 month) levels by 4-6 weeks post-castration (Figs. 2E and 2F).

Results are expressed as mean $\pm$ 1SD of 4-8 (Figs. 2A, 2C, and 2E) or 8-10 (Figs. 2B, 2D, and 2F) mice per group. \* =  $p \leq 0.05$ ; \*\* =  $p \leq 0.01$ ; \*\*\* =  $p \leq 0.001$  compared to young adult (2-month) and post-castrate mice.

**Figure 3:** Thymocyte subpopulations are retained in similar proportions despite thymus atrophy or regeneration by castration. For these studies, aged (2-year old) mice were castrated and the thymocyte subsets analysed based on the markers CD4 and CD8. Representative Fluorescence Activated Cell Sorter (FACS) profiles of CD4 (X-axis) vs. CD8 (Y-axis) for CD4-CD8-DN, CD4+CD8+DP, CD4+CD8- and CD4-CD8+ SP thymocyte populations are shown for young adult (2 months), aged (2 years) and aged, post-castrate animals (2 years, 4 weeks post-cx). Percentages for each quadrant are given above each plot. No difference was seen in the proportions of any CD4/CD8 defined subset with age or post-castration. Thus, subpopulations of thymocytes remain constant with age and there was a synchronous expansion of thymocytes following castration.

**Figure 4:** Regeneration of thymocyte proliferation by castration. Mice were injected with a pulse of BrdU and analysed for proliferating (BrdU<sup>+</sup>) thymocytes. Figs. 4A and 4B show representative histograms of the total % BrdU<sup>+</sup> thymocytes with age and post-cx. Fig. 4C shows the percentage (left graph) and number (right graph) of proliferating cells at the indicated age and treatment (*e.g.*, week post-cx). For these studies, aged (2-year old) mice were castrated and injected with a pulse of bromodeoxyuridine (BrdU) to determine levels of proliferation. Representative histogram profiles of the proportion of BrdU<sup>+</sup> cells within the thymus with age and post-castration are shown (Figs. 4A and 4B). No difference was observed in the total proportion of proliferation within the thymus, as this proportion remains constant with age and following castration (Figs. 4A, 4B, and left graph in Fig. 4C). However, a significant decrease in number of BrdU<sup>+</sup> cells was seen with age (Fig. 4C, right graph). By 2 weeks post-castration, the number of BrdU<sup>+</sup> cells increased to a number that similar to seen in young adults (*i.e.*, 2 month) (Fig. 4C, right graph). Results are expressed as mean $\pm$ 1SD of 4-14 mice per group. \*\*\*= $p \leq 0.001$  compared to young adult (2-month) control mice and 2-6 weeks post-castration mice.



**Figures 5A-K:** Castration enhances proliferation within all thymocyte subsets. For these studies, aged (2-year old) mice were castrated and injected with a pulse of bromodeoxyuridine (BrdU) to determine levels of proliferation. Analysis of proliferation within the different subsets of thymocytes based on CD4 and CD8 expression within the thymus was performed. Fig. 5A shows that the proportion of each thymocyte subset within the BrdU+ population did not change with age or post-castration. However, as shown in Fig. 5B, a significant decrease in the proportion of DN (CD4-CD8-) thymocytes proliferating was seen with age. A decrease in the proportion of TN (*i.e.*, CD3<sup>+</sup>CD4<sup>-</sup>CD8<sup>-</sup>) thymocytes was also seen with age (data not shown). Post-castration, this was restored and a significant increase in proliferation within the CD4-CD8+ SP thymocytes was observed. Looking at each particular subset of T cells, a significant decrease in the proportion of proliferating cells within the CD4-CD8- and CD4-CD8+ subsets was seen with age (Figs. 5C and 5E). At 1 and 2 weeks post-castration, the percentage of BrdU+ cells within the CD4-CD8+ population was significantly increased above the young control group (Fig. 5E). Fig. 5F shows that no change in the total proportion of BrdU+ cells (*i.e.*, proliferating cells) within the TN subset was seen with age or post-castration. However, a significant decrease in proliferation within the TN1 (CD44+CD25-CD3-CD4-CD8-) subset (Fig. 5H) and significant increase in proliferation within TN2 (CD44+CD25+CD3-CD4-CD8-) subset (Fig. 5I) was seen with age. This was restored post-castration (Figs. 5G, 5H, and 5I). Results are expressed as mean±1SD of 4-17 mice per group. \*= $p<0.05$ ; \*\*= $p\leq 0.01$  (significant) ; \*\*\* =  $p\leq 0.001$  (highly significant) compared to young adult (2-month) mice; ^ = significantly different from 1-6 weeks post-castrate mice (Figs. 5C-5E) and 2-6 weeks post-castrate mice (Figs. 5H-5K).

**Figures 6A-6C:** Castration increases T cell export from the aged thymus. For these studies, aged (2-year old) mice were castrated and were injected intrathymically with FITC to determine thymic export rates. The number of FITC+ cells in the periphery was calculated 24 hours later. As shown in Fig. 6A, a significant decrease in recent thymic emigrant (RTE) cell numbers detected in the periphery over a 24 hours period was observed with age. Following castration, these values had significantly increased by 2 weeks post-cx. As shown in Fig. 6B, the rate of emigration (export/total thymus cellularity) remained constant with age, but was

significantly reduced at 2 weeks post-castration. With age, a significant increase in the ratio of CD4<sup>+</sup> to CD8<sup>+</sup> RTE was seen; this was normalized by 1-week post-cx (Fig. 6C).

Results are expressed as mean $\pm$ 1SD of 4-8 mice per group. \* =  $p \leq 0.05$ ; \*\* =  $p \leq 0.01$ ; \*\*\* =  $p \leq 0.001$  compared to young adult (2-month) mice for (Fig. 6A) and compared to all other groups (Figs. 6B and 6C). ^ =  $p \leq 0.05$  compared to aged (1- and 2-year old) non-cx mice and compared to 1-week post-cx, aged mice.

**Figures 7A and 7B: Castration enhances thymocyte regeneration following T-cell depletion.** 3-month old mice were either treated with cyclophosphamide (intraperitoneal injection with 200mg/kg body weight cyclophosphamide, twice over 2 days) (Fig. 7A) or exposed to sublethal irradiation (625 Rads) (Fig. 7B). For both models of T-cell depletion studied, castrated (Cx) mice showed a significant increase in the rate of thymus regeneration compared to their sham-castrated (ShCx) counterparts. Analysis of total thymocyte numbers at 1 and 2-weeks post-T cell depletion (TCD) showed that castration significantly increases thymus regeneration rates after treatment with either cyclophosphamide or sublethal irradiation (Figs. 7A and 7B, respectively). Data is presented as mean $\pm$ 1SD of 4-8 mice per group. For Fig. 7A, \*\*\* =  $p \leq 0.001$  compared to control (age-matched, untreated) mice; ^ =  $p \leq 0.001$  compared to both groups of castrated mice. For Fig. 7B, \*\*\* =  $p \leq 0.001$  compared to control mice; ^ =  $p \leq 0.001$  compared to mice castrated 1-week prior to treatment at 1-week post-irradiation and compared to both groups of castrated mice at 2-weeks post-irradiation.

**Figures 8A-8C: Changes in thymus (Fig. 8A), spleen (Fig. 8B) and lymph node (Fig. 8C) cell numbers following treatment with cyclophosphamide and castration.** For these studies, (3 month old) mice were depleted of lymphocytes using cyclophosphamide (intraperitoneal injection with 200mg/kg body weight cyclophosphamide, twice over 2 days) and either surgically castrated or sham-castrated on the same day as the last cyclophosphamide injection. Thymus, spleen and lymph nodes (pooled) were isolated and total cellularity evaluated. As shown in Fig. 8A, significant increase in thymus cell number was observed in castrated mice compared to sham-castrated mice. Note the rapid expansion of the thymus in castrated animals when compared to the non-castrate (cyclophosphamide alone) group at 1 and 2 weeks post-treatment. Fig. 8B shows that castrated mice also showed a significant increase in spleen cell

number at 1-week post-cyclophosphamide treatment. A significant increase in lymph node cellularity was also observed with castrated mice at 1-week post-treatment (Fig. 8C). Thus, spleen and lymph node numbers of the castrate group were well increased compared to the cyclophosphamide alone group at one week post-treatment. By 4 weeks, cell numbers are  
5 normalized. Results are expressed as mean $\pm$ 1SD of 3-8 mice per treatment group and time point.  
\*\*\* =  $p \leq 0.001$  compared to castrated mice.

**Figures 9A-B:** Total lymphocyte numbers within the spleen and lymph nodes post-cyclophosphamide treatment. Sham-castrated mice had significantly lower cell numbers in the spleen at 1 and 4-weeks post-treatment compared to control (age-matched, untreated) mice (Fig.  
10 9A). A significant decrease in cell number was observed within the lymph nodes at 1 week post-treatment for both treatment groups (Fig. 9B). At 2-weeks post-treatment, Cx mice had significantly higher lymph node cell numbers compared to ShCx mice (Fig. 9B). Each bar represents the mean $\pm$ 1SD of 7-17 mice per group. \* =  $p \leq 0.05$ ; \*\* =  $p \leq 0.01$  compared to control (age-matched, untreated). ^= $p \leq 0.05$  compared to castrate mice.

**Figure 10:** Changes in thymus (open bars), spleen (gray bars) and lymph node (black bars) cell numbers following treatment with cyclophosphamide, a chemotherapy agent, and surgical or chemical castration performed on the same day. Note the rapid expansion of the thymus in castrated animals when compared to the non-castrate (cyclophosphamide alone) group at 1 and 2 weeks post-treatment. In addition, spleen and lymph node numbers of the castrate  
20 group were well increased compared to the cyclophosphamide alone group. (n = 3-4 per treatment group and time point). Chemical castration is comparable to surgical castration in regeneration of the immune system post-cyclophosphamide treatment.

**Figures 11A-C:** Changes in thymus (Fig. 11A), spleen (Fig. 11B) and lymph node (Fig. 11C) cell numbers following irradiation (625 Rads) one week after surgical castration. For these  
25 studies, young (3-month old) mice were depleted of lymphocytes using sublethal (625 Rads) irradiation. Mice were either sham-castrated or castrated 1-week prior to irradiation. A significant increase in thymus regeneration (*i.e.*, faster rate of thymus regeneration) was observed with castration (Fig. 11A). Note the rapid expansion of the thymus in castrated animals when compared to the non-castrate (irradiation alone) group at 1 and 2 weeks post-treatment. (n

= 3-4 per treatment group and time point). No difference in spleen (Fig. 11B) or lymph node (Fig. 11C) cell numbers was seen with castrated mice. Lymph node cell numbers were still chronically low at 2-weeks post-treatment compared to control mice (Fig. 11C). Results are expressed as mean $\pm$ 1SD of 4-8 mice per group. \* =  $p\leq 0.05$ ; \*\* =  $p\leq 0.01$  compared to control mice; \*\*\* =  $p\leq 0.001$  compared to control and castrated mice.

**Figures 12A-C:** Changes in thymus (Fig. 12A), spleen (Fig. 12B) and lymph node (Fig. 12C) cell numbers following irradiation and castration on the same day. For these studies, young (3-month old) mice were depleted of lymphocytes using sublethal (625 Rads) irradiation. Mice were either sham-castrated or castrated on the same day as irradiation. Castrated mice showed a significantly faster rate of thymus regeneration compared to sham-castrated counterparts (Fig. 12A). Note the rapid expansion of the thymus in castrated animals when compared to the non-castrate group at 2 weeks post-treatment. No difference in spleen (Fig. 12B) or lymph node (Fig. 12C) cell numbers was seen with castrated mice. Lymph node cell numbers were still chronically low at 2-weeks post-treatment compared to control mice (Fig. 12C). Results are expressed as mean $\pm$ 1SD of 4-8 mice per group. \* =  $p\leq 0.05$ ; \*\* =  $p\leq 0.01$  compared to control mice; \*\*\* =  $p\leq 0.001$  compared to control and castrated mice.

**Figure 13A-13B:** Total lymphocyte numbers within the spleen and lymph nodes post-irradiation treatment. 3-month old mice were either castrated or sham-castrated 1-week prior to sublethal irradiation (625Rads). Severe lymphopenia was evident in both the spleen (Fig. 13A) and (pooled) lymph nodes (Fig. 13B) at 1-week post-treatment. Splenic lymphocyte numbers were returned to control levels by 2-weeks post-treatment (Fig. 13A), while lymph node cellularity was still significantly reduced compared to control (age-matched, untreated) mice (Fig. 13B). No differences were observed between the treatment groups. Each bar represents the mean $\pm$ 1SD of 6-8 mice per group. \*\* =  $p\leq 0.01$ ; \*\*\* =  $p\leq 0.001$  compared to control mice.

**Figures 14A and 14B:** Figure 14A shows the lymph node cellularity following foot-pad immunization with Herpes Simplex Virus-1 (HSV-1). Note the increased cellularity in the aged post-castration as compared to the aged non-castrated group. Figure 14B illustrates the overall activated cell number as gated on CD25 vs. CD8 cells by FACS (*i.e.*, the activated cells are gated on CD8+CD25+ cells).

**Figures 15A-15C:** V $\beta$ 10 expression (HSV-specific) on CTL (cytotoxic T lymphocytes) in activated LN (lymph nodes) following HSV-1 inoculation. Despite the normal V $\beta$ 10 responsiveness in aged (*i.e.*, 18 months) mice overall, in some mice a complete loss of V $\beta$ 10 expression was observed. Representative histogram profiles are shown. Note the diminution of a clonal response in aged mice and the reinstatement of the expected response post-castration.

**Figure 16:** Castration restores responsiveness to HSV-1 immunisation. Mice were immunized in the hind foot-hock with  $4 \times 10^5$  pfu of HSV. On Day 5 post-infection, the draining lymph nodes (popliteal) were analysed for responding cells. Aged mice (*i.e.*, 18 months-2 years, non-cx) showed a significant reduction in total lymph node cellularity post-infection when compared to both the young and post-castrate mice. Results are expressed as mean $\pm$ 1SD of 8-12 mice. \*\*= $p \leq 0.01$  compared to both young (2-month) and castrated mice.

**Figures 17A-B:** Castration enhances activation following HSV-1 infection. Figure 17A shows representative FACS profiles of activated (CD8<sup>+</sup>CD25<sup>+</sup>) cells in the LN of HSV-1 infected mice. No difference was seen in proportions of activated CTL with age or post-castration. As shown in Fig. 17B, the decreased cellularity within the lymph nodes of aged mice was reflected by a significant decrease in activated CTL numbers. Castration of the aged mice restored the immune response to HSV-1 with CTL numbers equivalent to young mice. Results are expressed as mean $\pm$ 1SD of 8-12 mice. \*\*= $p \leq 0.01$  compared to both young (2-month) and castrated mice.

**Figure 18:** Specificity of the immune response to HSV-1. Popliteal lymph node cells were removed from mice immunised with HSV-1 (removed 5 days post-HSV-1 infection), cultured for 3-days, and then examined for their ability to lyse HSV peptide pulsed EL 4 target cells. CTL assays were performed with non-immunised mice as control for background levels of lysis (as determined by <sup>51</sup>Cr-release). Aged mice showed a significant ( $p \leq 0.01$ , \*\*) reduction in CTL activity at an E:T ratio of both 10:1 and 3:1 indicating a reduction in the percentage of specific CTL present within the lymph nodes. Castration of aged mice restored the CTL response to young adult levels since the castrated mice demonstrated a comparable response to HSV-1 as the young adult (2-month) mice. Results are expressed as mean of 8 mice, in triplicate

$\pm 1$  SD. \*\* =  $p \leq 0.01$  compared to young adult mice; ^ = significantly different to aged control mice ( $p \leq 0.05$  for E:T of 3:1;  $p \leq 0.01$  for E:T of 0.3:1).

**Figures 19A and B:** Analysis of V $\beta$  TCR expression and CD4<sup>+</sup> T cells in the immune response to HSV-1. Popliteal lymph nodes were removed 5 days post-HSV-1 infection and analysed ex-vivo for the expression of CD25, CD8 and specific TCRV $\beta$  markers (Fig. 19A) and CD4/CD8 T cells (Fig. 19B). The percentage of activated (CD25<sup>+</sup>) CD8<sup>+</sup> T cells expressing either V $\beta$ 10 or V $\beta$ 8.1 is shown as mean  $\pm 1$ SD for 8 mice per group in Fig. 19A. No difference was observed with age or post-castration. However, a decrease in CD4/CD8 ratio in the resting LN population was seen with age (Fig. 19B). This decrease was restored post-castration. Results are expressed as mean  $\pm 1$ SD of 8 mice per group. \*\*\* =  $p \leq 0.001$  compared to young and post-castrate mice.

**Figures 20A-D:** Castration enhances regeneration of the thymus (Fig. 20A), spleen (Fig. 20B) and bone marrow (Fig. 20D), but not lymph node (Fig. 20C) following bone marrow transplantation (BMT) of Ly5 congenic mice. 3 month old, young adults, C57/BL6 Ly5.1+ (CD45.1+) mice were irradiated (at 6.25 Gy), castrated, or sham-castrated 1 day prior to transplantation with C57/BL6 Ly5.2+ (CD45.2+) adult bone marrow cells ( $10^6$  cells). Mice were killed 2 and 4 weeks later and the thymus (Fig. 20A), spleen (Fig. 20B), lymph node (Fig. 20C) and BM (Fig. 20D) were analysed for immune reconstitution. Donor/Host origin was determined with anti-CD45.2 (Ly5.2), which only reacts with leukocytes of donor origin. There were significantly more donor cells in the thymus of castrated mice 2 and 4 weeks after BMT compared to sham-castrated mice (Fig. 20A). Note the rapid expansion of the thymus in castrated animals when compared to the non-castrate group at all time points post-treatment. There were significantly more cells in these spleen and BM of castrated mice 2 and 4 weeks after BMT compared to sham-castrated mice (Figs. 20B and 20D). There was no significant difference in lymph node cellularity 2, 4, and 6 weeks after BMT (Fig. 20C). Castrated mice had significantly increased congenic (Ly5.2) cells compared to non-castrated animals (data not shown). Data is expressed as mean  $\pm 1$ SD of 4-5 mice per group. \* =  $p \leq 0.05$ ; \*\* =  $p \leq 0.01$ .

**Figures 21A and 21B:** Changes in thymus cell number in castrated and noncastrated mice after fetal liver (E14,  $10^6$  cells) reconstitution. (n = 3-4 for each test group.) Fig. 21A

shows that at two weeks, thymus cell number of castrated mice was at normal levels and significantly higher than that of noncastrated mice ( $*p \leq 0.05$ ). Hypertrophy was observed in thymuses of castrated mice after four weeks. Noncastrated cell numbers remain below control levels. Fig. 21B shows the change in the number of CD45.2<sup>+</sup> cells. CD45.2<sup>+</sup> (Ly5.2<sup>+</sup>) is a marker showing donor derivation. Two weeks after reconstitution, donor-derived cells were present in both castrated and noncastrated mice. Four weeks after treatment approximately 85% of cells in the castrated thymus were donor-derived. There were no or very low numbers of donor-derived cells in the noncastrated thymus.

**Figure 22:** FACS profiles of CD4 versus CD8 donor derived thymocyte populations after lethal irradiation and fetal liver reconstitution, followed by surgical castration. Percentages for each quadrant are given to the right of each plot. The age matched control profile is of an eight month old Ly5.1 congenic mouse thymus. Those of castrated and noncastrated mice are gated on CD45.2<sup>+</sup> cells, showing only donor derived cells. Two weeks after reconstitution, subpopulations of thymocytes do not differ proportionally between castrated and noncastrated mice demonstrating the homeostatic thymopoiesis with the major thymocyte subsets present in normal proportions.

**Figures 23A and 23B:** Castration enhances dendritic cell generation in the thymus following fetal liver reconstitution. Myeloid and lymphoid dendritic cell (DC) number in the thymus after lethal irradiation, fetal liver reconstitution and castration. (n= 3-4 mice for each test group.) Control (white) bars on the graphs are based on the normal number of dendritic cells found in untreated age matched mice. Fig. 23A shows donor-derived myeloid dendritic cells. Two weeks after reconstitution, donor-derived myeloid DC were present at normal levels in noncastrated mice. There were significantly more myeloid DC in castrated mice at the same time point. ( $*p \leq 0.05$ ). At four weeks myeloid DC number remained above control levels in castrated mice. Fig. 23B shows donor-derived lymphoid dendritic cells. Two weeks after reconstitution, donor-derived lymphoid DC numbers in castrated mice were double those of noncastrated mice. Four weeks after treatment, donor-derived lymphoid DC numbers remained above control levels.

**Figures 24A and 24B:** Changes in total and donor CD45.2<sup>+</sup> bone marrow cell numbers in castrated and noncastrated mice after fetal liver reconstitution. n=3-4 mice for each test group. Fig. 24A shows the total number of bone marrow cells. Two weeks after reconstitution, bone marrow cell numbers had normalized and there was no significant difference in cell number between castrated and noncastrated mice. Four weeks after reconstitution, there was a significant difference in cell number between castrated and noncastrated mice (\*p≤ 0.05). Indeed, four weeks after reconstitution, cell numbers in castrated mice were at normal levels. Fig. 24B shows the number of CD45.2<sup>+</sup> cells (*i.e.*, donor-derived cells). There was no significant difference between castrated and noncastrated mice with respect to CD45.2<sup>+</sup> cell number in the bone marrow two weeks after reconstitution. CD45.2<sup>+</sup> cell number remained high in castrated mice at four weeks; however, there were no donor-derived cells in the noncastrated mice at the same time point. The difference in BM cellularity was predominantly due to a lack of donor-derived BM cells at 4-weeks post-reconstitution in sham-castrated mice. Data is expressed as mean±1SD of 3-4 mice per group. \*p≤0.05.

**Figures 25A-25C:** Changes in T cells and myeloid and lymphoid derived dendritic cells (DC) in bone marrow of castrated and noncastrated mice after fetal liver reconstitution. (n=3-4 mice for each test group.) Control (white) bars on the graphs are based on the normal number of T cells and dendritic cells found in untreated age matched mice. Fig. 25A shows the number of donor-derived T cells. As expected, numbers were reduced compared to normal T cell levels two and four weeks after reconstitution in both castrated and noncastrated mice. By 4 weeks there was evidence of donor-derived T cells in the castrated but not control mice. Figure 25B shows the number of donor-derived myeloid dendritic cells (*i.e.*, CD45.2<sup>+</sup>). Two weeks after reconstitution, donor myeloid DC cell numbers were normal in both castrated and noncastrated mice. At this time point there was no significant difference between numbers in castrated and noncastrated mice. However, by 4 weeks post-reconstitution, only the castrated animals have donor-derived myeloid dendritic cells. Fig. 25C shows the number of donor-derived lymphoid dendritic cells. Numbers were at normal levels two and four weeks after reconstitution for castrated mice but by 4 weeks there were no donor-derived DC in the sham-castrated group.

**Figures 26A and 26B:** Changes in total and donor (CD45.2<sup>+</sup>) lymph node cell numbers in castrated and non-castrated mice after fetal liver reconstitution. Control (striped) bars on the



graphs are based on the normal number of lymph node cells found in untreated age matched mice. As shown in Fig. 26A, two weeks after reconstitution, cell numbers in the lymph node were not significantly different between castrated and sham-castrated mice. Four weeks after reconstitution, lymph node cell numbers in castrated mice were at control levels. Fig. 26B shows that there was no significant difference between castrated and non-castrated mice with respect to donor-derived CD45.2<sup>+</sup> cell number in the lymph node two weeks after reconstitution. CD45.2<sup>+</sup> cell numbers remained high in castrated mice at four weeks. There were no donor-derived cells in the non-castrated mice at the same point. Data is expressed as mean $\pm$ 1SD of 3-4 mice per group.

**Figures 27A and 27B:** Change in total and donor (CD45.2<sup>+</sup>) spleen cell numbers in castrated and non-castrated mice after fetal liver reconstitution. Control (white) bars on the graphs are based on the normal number of spleen cells found in untreated age matched mice. As shown in Fig. 27A, two weeks after reconstitution, there was no significant difference in the total cell number in the spleens of castrated and non-castrated mice. Four weeks after reconstitution, total cell numbers in the spleen were still approaching normal levels in castrated mice but were very low in non-castrated mice. Fig. 27B shows the number of donor (CD45.2<sup>+</sup>) cells. There was no significant difference between castrated and non-castrated mice with respect to donor-derived cells in the spleen, two weeks after reconstitution. However, four weeks after reconstitution, CD45.2<sup>+</sup> cell number remained high in the spleens of castrated mice, but there were no donor-derived cells in the noncastrated mice at the same time point. Data is expressed as mean $\pm$ 1SD of 3-4 mice per group. \*= $p \leq 0.05$

**Figures 28A-28C:** Castration enhances DC generation in the spleen after fetal liver reconstitution. Control (white) bars on the graphs are based on the normal number of splenic T cells and dendritic cells found in untreated age matched mice. As shown in Fig. 28A, total T cell numbers were reduced in the spleen two and four weeks after reconstitution in both castrated and sham-castrated mice. Fig. 28B shows that at 2-weeks post- reconstitution, donor-derived (CD45.2<sup>+</sup>) myeloid DC numbers were normal in both castrated and sham-castrated mice. Indeed, at two weeks there was no significant difference between numbers in castrated and non-castrated mice. However, no donor-derived DC were evident in sham-castrated mice at 4-weeks post-reconstitution, while donor-derived (CD45.2<sup>+</sup>) myeloid DC were seen in castrated mice.

As shown in Fig. 28C, donor-derived lymphoid DC were also at normal levels two weeks after reconstitution. At two weeks there was no significant difference between numbers in castrated and non-castrated mice. Again, no donor-derived lymphoid DC were seen in sham-cx mice at 4-weeks compared to cx mice. Data is expressed as mean $\pm$ 1SD of 3-4 mice per group.  $\ast=p\leq 0.05$ .

5           **Figures 29A-29C:** Changes in T cells and myeloid and lymphoid derived dendritic cells (DC) in the mesenteric lymph nodes of castrated and non-castrated mice after fetal liver reconstitution. (n=3-4 mice for each test group.) Control (striped) bars are the number of T cells and dendritic cells found in untreated age matched mice. Mesenteric lymph node T cell numbers were reduced two and four weeks after reconstitution in both castrated and noncastrated mice  
10 (Fig. 29A). Donor derived myeloid dendritic cells were normal in the mesenteric lymph node of both castrated and noncastrated mice, while at four weeks they were decreased (Fig. 29B). At two weeks there was no significant difference between numbers in castrated and noncastrated mice. Fig. 29C shows donor-derived lymphoid dendritic cells in the mesenteric lymph node of both castrated and noncastrated mice. Numbers were at normal levels two and four weeks after  
15 reconstitution in castrated mice but were not evident in the control mice.

**Figures 30A-30C:** Castration Increases Bone Marrow and Thymic Cellularity following Congenic BMT. As shown in Fig. 30A, there are significantly more cells in the BM of castrated mice 2 and 4 weeks after BMT. BM cellularity reached untreated control levels ( $1.5 \times 10^7 \pm 1.5 \times 10^6$ ) in the sham-castrates by 2 weeks. BM cellularity is above control levels in castrated  
20 mice 2 and 4 weeks after congenic BMT. Fig. 30b shows that there are significantly more cells in the thymus of castrated mice 2 and 4 weeks after BMT. Thymus cellularity in the sham-castrated mice is below untreated control levels ( $7.6 \times 10^7 \pm 5.2 \times 10^6$ ) 2 and 4 weeks after congenics BMT. 4 weeks after congenic BMT and castration thymic cellularity is increased above control levels. Fig. 30C shows that there is no significant difference in splenic cellularity  
25 2 and 4 weeks after BMT. Spleen cellularity has reached control levels ( $8.5 \times 10^7 \pm 1.1 \times 10^7$ ) in sham-castrated and castrated mice by 2 weeks. Each group contains 4 to 5 animals. ☐ indicates sham-castration; ☐, castration.

**Figure 31:** Castration increases the proportion of Haemopoietic Stem Cells following Congenic BMT. There is a significant increase in the proportion of donor-derived HSCs following castration, 2 and 4 weeks after BMT.

**Figures 32A and 32B:** Castration increases the proportion and number of Haemopoietic Stem Cells following Congenic BMT. As shown in Fig. 32A, there was a significant increase in the proportion of HSCs following castration, 2 and 4 weeks after BMT (\*  $p < 0.05$ ). Fig. 32B shows that the number of HSCs is significantly increased in castrated mice compared to sham-castrated controls, 2 and 4 weeks after BMT (\*  $p < 0.05$  \*\*  $p < 0.01$ ). Each group contains 4 to 5 animals. □ indicates sham-castration; ■, castration.

**Figures 33A and 33B:** There are significantly more donor-derived B cell precursors and B cells in the BM of castrated mice following BMT. As shown in Fig. 33A, there were significantly more donor-derived  $CD45.1^+B220^+IgM^-$  B cell precursors in the bone marrow of castrated mice compared to the sham-castrated controls (\*  $p < 0.05$ ). Fig. 33B shows that there were significantly more donor-derived  $B220^+IgM^+$  B cells in the bone marrow of castrated mice compared to the sham-castrated controls (\*  $p < 0.05$ ). Each group contains 4 to 5 animals. □ indicates sham-castration; ■, castration.

**Figure 34:** Castration does not effect the donor-derived thymocyte proportions following congenic BMT. 2 weeks after sham-castration and castration there is an increase in the proportion of donor-derived double negative ( $CD45.1^+CD4^-CD8^-$ ) early thymocytes. There are very few donor-derived ( $CD45.1^+$ ) CD4 and CD8 single positive cells at this early time point. 4 weeks after BMT, donor-derived thymocyte profiles of sham-castrated and castrated mice are similar to the untreated control.

**Figure 35:** Castration does not increase peripheral B cell proportions following congenic BMT. There is no difference in splenic B220 expression comparing castrated and sham-castrated mice, 2 and 4 weeks after congenic BMT.

**Figure 36:** Castration does not increase peripheral B cell numbers following congenics BMT. There is no significant difference in B cell numbers 2 and 4 weeks after BMT. 2 weeks after congenic BMT B cell numbers in the spleen of sham-castrated and castrated mice are

approaching untreated control levels ( $5.0 \times 10^7 \pm 4.5 \times 10^6$ ). Each group contains 4 to 5 animals.  
□ indicates sham-castration; ■, castration.

**Figure 37:** Donor-derived Triple negative, double positive and CD4 and CD8 single positive thymocyte numbers are increased in castrated mice following BMT. Fig. 37A shows that there were significantly more donor-derived triple negative ( $CD45.1^+CD3^-CD4^-CD8^-$ ) thymocytes in the castrated mice compared to the sham-castrated controls 2 and 4 weeks after BMT (\*  $p < 0.05$  \*\* $p < 0.01$ ). Fig. 37B shows there were significantly more double positive ( $CD45.1^+CD4^+CD8^+$ ) thymocytes in the castrated mice compared to the sham-castrated controls 2 and 4 weeks after BMT (\*  $p < 0.05$  \*\* $p < 0.01$ ). As shown in Fig. 37C, there were significantly more CD4 single positive ( $CD45.1^+CD3^+CD4^+CD8^-$ ) thymocytes in the castrated mice compared to the sham-castrated controls 2 and 4 weeks after BMT (\*  $p < 0.05$  \*\* $p < 0.01$ ). Fig. 37D shows there were significantly more CD8 single positive ( $CD45.1^+CD3^+CD4^-CD8^+$ ) thymocytes in the castrated mice compared to the sham-castrated controls 4 weeks after BMT (\*  $p < 0.05$  \*\* $p < 0.01$ ). Each group contains 4 to 5 animals. □ indicates sham-castration; ■, castration.

**Figure 38:** There are very few donor-derived, peripheral T cells 2 and 4 weeks after congenic BMT. As shown in Fig. 38A, there was a very small proportion of donor-derived  $CD4^+$  and  $CD8^+$  T cells in the spleens of sham-castrated and castrated mice 2 and 4 weeks after congenic BMT. Fig. 38B shows that there was no significant difference in donor-derived T cell numbers 2 and 4 weeks after BMT. 4 weeks after congenics BMT there are significantly less  $CD4^+$  and  $CD8^+$  T cells in both sham-castrated and castrated mice compared to untreated age-matched controls ( $CD4^+ - 1.1 \times 10^7 \pm 1.4 \times 10^6$ ,  $CD8^+ - 6.0 \times 10^6 \pm 1.0 \times 10^5$ ) Each group contains 4 to 5 animals. □ indicates sham-castration; ■, castration.

**Figure 39:** Castration increases the number of donor-derived dendritic cells in the thymus 4 weeks after congenics BMT. As shown in Fig. 39A, donor-derived dendritic cells were  $CD45.1^+CD11c^+MHCII^+$ . Fig. 39B shows there were significantly more donor-derived thymic DCs in the castrated mice 4 weeks after congenic BMT (\*  $p < 0.05$ ). Dendritic cell numbers are at untreated control levels 2 weeks after congenic BMT ( $1.4 \times 10^5 \pm 2.8 \times 10^4$ ). 4 weeks after congenic BMT dendritic cell numbers are above control levels in castrated mice. Each group contains 4 to 5 animals. □ indicates sham-castration; ■, castration.

**Figure 40:** The phenotypic composition of peripheral blood lymphocytes was analyzed in human patients (all >60 years) undergoing LHRH agonist treatment for prostate cancer. Patient samples were analyzed before treatment and 4 months after beginning LHRH agonist treatment. Total lymphocyte cell numbers per ml of blood were at the lower end of control values before treatment in all patients. Following treatment, 6/9 patients showed substantial increases in total lymphocyte counts (in some cases a doubling of total cells was observed). Correlating with this was an increase in total T cell numbers in 6/9 patients. Within the CD4<sup>+</sup> subset, this increase was even more pronounced with 8/9 patients demonstrating increased levels of CD4 T cells. A less distinctive trend was seen within the CD8<sup>+</sup> subset with 4/9 patients showing increased levels, albeit generally to a smaller extent than CD4<sup>+</sup> T cells.

**Figure 41:** Analysis of human patient blood before and after LHRH-agonist treatment demonstrated no substantial changes in the overall proportion of T cells, CD4 or CD8 T cells, and a variable change in the CD4:CD8 ratio following treatment. This indicates the minimal effect of treatment on the homeostatic maintenance of T cell subsets despite the substantial increase in overall T cell numbers following treatment. All values were comparative to control values.

**Figure 42:** Analysis of the proportions of B cells and myeloid cells (NK, NKT and macrophages) within the peripheral blood of human patients undergoing LHRH agonist treatment demonstrated a varying degree of change within subsets. While NK, NKT and macrophage proportions remained relatively constant following treatment, the proportion of B cells was decreased in 4/9 patients.

**Figure 43:** Analysis of the total cell numbers of B and myeloid cells within the peripheral blood of human patients post-treatment showed clearly increased levels of NK (5/9 patients), NKT (4/9 patients) and macrophage (3/9 patients) cell numbers post-treatment. B cell numbers showed no distinct trend with 2/9 patients showing increased levels; 4/9 patients showing no change and 3/9 patients showing decreased levels.

**Figures 44A and 44B:** The major change seen post-LHRH agonist treatment was within the T cell population of the peripheral blood. White bars represent pre-treatment; black bars represent 4 months post-LHRH-A treatment. Shown are representative FACS histograms (using

four color staining) from a single patient. In particular there was a selective increase in the proportion of naïve (CD45RA<sup>+</sup>) CD4<sup>+</sup> cells, with the ratio of naïve (CD45RA<sup>+</sup>) to memory (CD45RO<sup>+</sup>) in the CD4<sup>+</sup> T cell subset increasing in 6/9 of the human patients.

5 DETAILED DESCRIPTION OF THE INVENTION

The patent and scientific literature referred to herein establishes knowledge that is available to those with skill in the art. The issued U.S. patents, allowed applications, published foreign applications, and references, including GenBank database sequences, that are cited herein are hereby incorporated by reference to the same extent as if each was specifically and  
10 individually indicated to be incorporated by reference.

## Definitions

The phrase “modifying the T cell population makeup” refers to altering the nature and/or ratio of T cell subsets defined functionally and by expression of characteristic molecules. Examples of these characteristic molecules include, but are not limited to, the T cell receptor, CD4, CD8, CD3, CD25, CD28, CD44, CD62L and CD69.

The phrase “increasing the number of T cells” refers to an absolute increase in the number of T cells in a subject in the thymus and/or in circulation and/or in the spleen and/or in the bone marrow and/or in peripheral tissues such as lymph nodes, gastrointestinal, urogenital and respiratory tracts. This phrase also refers to a relative increase in T cells, for instance when compared to B cells.

A “subject having a depressed or abnormal T cell population or function” includes an individual infected with the human immunodeficiency virus, especially one who has AIDS, or any other, virus or infection which attacks T cells or any T cell disease for which a defective gene has been identified.

Furthermore, this phrase includes any post-pubertal individual, especially an aged person who has decreased immune responsiveness and increased incidence of disease as a consequence of post-pubertal thymic atrophy.

5 Throughout this specification the word “comprise”, or variations such as “comprises or  
“comprising”, will be understood to imply the inclusion of a stated element, integer or step, or  
group of elements, integers or steps, but not the exclusion of any other element, integer or step,  
or group of elements, integers or steps.

10 A characteristic feature of thymic function is that while it is of fundamental importance to  
the establishment and maintenance of the immune system and hence to the defense against  
infection and disease, it characteristically undergoes a profound age-dependent decrease in  
function to less than 5% of its maximal capacity. This becomes most pronounced following  
puberty, implicating a role for sex steroids.

15 Inhibition of sex steroids results, either directly or indirectly, in a major reactivation of  
thymic function, effectively reversing the atrophy. Given the broad range of patient age,  
diseases and treatments, however, it is anticipated that many patients will respond differently to  
this treatment, including some very poorly. Hence a new diagnostic early indicator of this  
responsiveness of the thymus to activation in the absence of sex steroids is provided to formulate  
rational clinical management of T cell based disorders.

20 Since the thymus is an endocrine organ, reactivation of thymic function involves release  
of not only new T cells into the blood stream after 2-4 weeks, but prior to this the thymus will  
also release increased levels of cytokines, even within hours of reactivation. These will be  
detectable in the blood or plasma. The present disclosure utilizes these released cells and  
molecules to detect the degree of response of a patient's thymus to inhibition of sex steroids.  
Provided here is a set of diagnostic techniques for making this determination.

25 To generate new T lymphocytes, the thymus requires precursor cells; these can be  
derived from within the organ itself for a short time, but by 3-4 weeks, such cells are depleted  
and new HSC must be taken in (under normal circumstances this would be from the bone  
marrow via the blood). However, even in a normal functional young thymus, the intake of such

cells is very low (sufficient to maintain T cell production at homeostatically regulated levels. Indeed the entry of cells into the thymus is extremely limited and effectively restricted to HSC (or at least prothymocytes which already have a preferential development along the T cell lineage). In the case of the thymus undergoing rejuvenation due a loss of sex steroid inhibition, 5 this organ has been demonstrated to now be very receptive to new precursor cells circulating in the blood, such that the new T cells which develop from both intrathymic and external precursors. By increasing the level of the blood precursor cells, the T cells derived from them will progressively dominate the T cell pool. This means that any gene introduced into the precursors (HSC) will be passed onto all progeny T cells and eventually be present in virtually 10 all of the T cell pool. The level of dominance of these cells over those derived from endogenous host HSC can be easily increased to very high levels by simply increasing the number of transferred exogenous HSC.

The recipient's thymus may be reactivated by disruption of sex steroid mediated signalling to the thymus. This disruption reverses the hormonal status of the recipient. In 15 certain embodiments, the recipient is post-pubertal. According to the methods of the invention, the hormonal status of the recipient is reversed such that the hormones of the recipient approach pre-pubertal levels. By lowering the level of sex steroid hormones in the recipient, the signalling of these hormones to the thymus is lowered, thereby allowing the thymus to be reactivated.

A non-limiting method for creating disruption of sex steroid mediated signalling to the 20 thymus is through castration. Methods for castration include, but are not limited to, chemical castration and surgical castration. During or after the castration step, hematopoietic stem or progenitor cells, or epithelial stem cells, from the donor are transplanted into the recipient. These cells are accepted by the thymus as belonging to the recipient and become part of the production of new T cells and DC by the thymus. The resulting population of T cells recognize 25 both the recipient and donor as self, thereby creating tolerance for a graft from the donor.

One method of reactivating the thymus is by blocking the direct and/or indirect stimulatory effects of LHRH on the pituitary, which leads to a loss of the gonadotrophins FSH and LH. These gonadotrophins normally act on the gonads to release sex hormones, in particular estrogens in females and testosterone in males; the release is blocked by the loss of FSH and LH.



The direct consequences of this are an immediate drop in the plasma levels of sex steroids, and as a result, progressive release of the inhibitory signals on the thymus. The degree and kinetics of thymic regrowth can be enhanced by injection of CD34<sup>+</sup> hematopoietic cells (ideally autologous).

5           This invention may be used with any animal species (including humans) having sex steroid driven maturation and an immune system, such as mammals and marsupials. In some embodiments, the invention is used with large mammals, such as humans.

The terms “regeneration,” “reactivation” and “reconstitution” and their derivatives are used interchangeably herein, and refer to the recovery of an atrophied thymus to its active state.

10       By “active state” is meant that a thymus in a patient whose sex steroid hormone mediated signalling to the thymus has been disrupted, achieves an output of T cells that is at least 10%, or at least 20%, or at least 40%, or at least 60%, or at least 80%, or at least 90% of the output of a pre-pubertal thymus (*i.e.*, a thymus in a patient who has not reached puberty).

15           “Recipient,” “patient” and “host” are used interchangeably here to indicate the subject that is receiving the transplant. “Donor” refers to the source of the transplant, which may be syngeneic, allogeneic or xenogeneic. Allogeneic grafts are those that occur between unmatched members of the same species, while in xenogeneic grafts the donor and recipient are of different species. Syngeneic grafts, between matched animals, may also be used. The terms “matched,” “unmatched,” “mismatched,” and “non-identical” with reference to grafts are used to indicate  
20       that the MHC and/or minor histocompatibility markers of the donor and the recipient are (matched) or are not (unmatched, mismatched and non-identical) the same.

25           As used herein, “sex steroid ablation,” “inhibition of sex steroid-mediated signaling,” “sex steroid disruption” and other similar terms refer to at least partial disruption of sex steroid production and/or sex steroid signaling. As will be readily understood, sex steroid-mediated signaling can be disrupted in a range of ways well known to those of skill in the art, some of which are described herein. For example, inhibition of sex hormone production or blocking of one or more sex hormone receptors will accomplish the desired disruption, as will administration of sex steroid agonists and/or antagonists, or active (antigen) or passive (antibody) anti-sex steroid vaccinations.

“Castration,” as used herein, means the elimination of sex steroid production and distribution in the body. This effectively returns the patient to pre-pubertal status when the thymus is fully functioning. Surgical castration removes the patient’s gonads. Methods for surgically castration are well known to routinely trained veterinarians and physicians. One non-limiting method for castrating a male animal is described in the examples below. Other non-limiting methods for castrating human patients include a hysterectomy procedure (to castrate women) and surgical castration to remove the testes (to castrate men).

A less permanent version of castration is through the administration of a chemical for a period of time, referred to herein as “chemical castration.” A variety of chemicals are capable of functioning in this manner. Non-limiting examples of such chemicals are the sex steroid analogs described below. During the chemical delivery, and for a period of time afterwards, the patient’s hormone production is turned off. The castration may be reversed upon termination of chemical delivery.

#### DISRUPTION OF SEX STEROID MEDIATED SIGNALLING TO THE THYMUS

As will be readily understood, sex steroid mediated signaling to the thymus can be disrupted in a range of ways well known to those of skill in the art, some of which are described herein. For example, inhibition of sex steroid production or blocking of one or more sex steroid receptors within the thymus will accomplish the desired disruption, as will administration of sex steroid agonists and/or antagonists, or active (antigen) or passive (antibody) anti-sex steroid vaccinations. Inhibition of sex steroid production can also be achieved by administration of one or more sex steroid analogs. In some clinical cases, permanent removal of the gonads via physical castration may be appropriate.

Administration may be by any method which delivers the sex steroid ablating agent into the body. Thus, the sex steroid ablating agent maybe be administered, in accordance with the invention, by any route including, without limitation, intravenous, subdermal, subcutaneous, intramuscular, topical, and oral routes of administration. One non-limiting example of administration of a sex steroid ablating agent is a subcutaneous/intradermal injection of a “slow-release” depot of GnRH agonist (*e.g.*, one, three, or four month Lupron® injections) or a subcutaneous/intradermal injection of a “slow-release” GnRH-containing implant (*e.g.*, one or

three month Zoladex®, *e.g.*, 3.6 mg or 10.8 mg implant). These could also be given intramuscular (i.m.), intravenously (i.v.) or orally, depending on the appropriate formulation. Another example is by subcutaneous injection of a “depot” or “impregnated implant” containing, for example, about 30 mg of Lupron® (*e.g.*, Lupron Depot®, (leuprolide acetate for depot suspension) TAP Pharmaceuticals Products, Inc., Lake Forest, IL). A 30 mg Lupron® injection is sufficient for four months of sex steroid ablation to allow the thymus to rejuvenate and export new naïve T cells into the blood stream.

In some embodiments, sex steroid ablation or inhibition of sex steroid signaling is accomplished by administering an anti-androgen such as an androgen blocker (*e.g.*, bicalutamide, trade names Cosudex® or Casodex®, AstraZeneca, Auckland, NZ), either alone or in combination with an LHRH analog or any other method of castration. Sex steroid ablation or interruption of sex steroid signaling may also be accomplished by administering cyproterone acetate (trade name, Androcor®, Shering AG, Germany; *e.g.*, 10-1000 mg, 100 mg bd or tds, or 300 mg IM weekly, a 17-hydroxyprogesterone acetate, which acts as a progestin, either alone or in combination with an LHRH analog or any other method of castration. Alternatively, other anti-androgens may be used (*e.g.*, antifungal agents of the imidazole class, such as liarozole(Liazol® *e.g.*, 150 mg/day, an aromatase inhibitor) and ketoconazole, bicalutamide (trade name Cosudex® or Casodex®, 5-500 mg, *e.g.*, 50 mg po QID), flutamide (trade names Euflex® and Eulexin®, Shering Plough Corp, N.J.; 50-500 mg *e.g.*, 250 or 750 po QID), megestrol acetate (Megace®) *e.g.*, 480-840 mg/day or nilutamide (trade names Anandron®, and Nilandron®, Roussel, France *e.g.*, orally, 150-300 mg/day)). Antiandrogens are often important in therapy, since they are commonly utilized to address flare by GnRH analogs. Some antiandrogens act by inhibiting androgen receptor translocation, which interrupts negative feedback resulting in increased testosterone levels and minimal loss of libido/potency. Another class of anti-androgens useful in the present invention are the selective androgen receptor modulators (SARMS) (*e.g.*, quinoline derivatives, bicalutamide (trade name Cosudex® or Casodex®, ICI Pharmaceuticals, England *e.g.*, orally, 50 mg/day), and flutamide (trade name Eulexin®, *e.g.*, orally, 250 mg/day)). Other well known anti-androgens include 5 alpha reductase inhibitors (*e.g.*, dutasteride, (*e.g.*, 0.5 mg/day) which inhibits both 5 alpha reductase isoenzymes and results in greater and more rapid DHT suppression; finasteride (trade name Proscar®; 0.5-

500mg, *e.g.*, 5 mg po daily), which inhibits 5alpha reductase 2 and consequent DHT production, but has little or no effect on testosterone or LH levels);

In other embodiments, sex steroid ablation or inhibition of sex steroid signaling is accomplished by administering anti-estrogens either alone or in combination with an LHRH analog or any other method of castration. Some anti-estrogens (*e.g.*, anastrozole (trade name Arimidex®), and fulvestrant (trade name Faslodex®) act by binding the estrogen receptor (ER) with high affinity similar to estradiol and consequently inhibiting estrogen from binding. Faslodex® binding also triggers conformational change to the receptor and down-regulation of estrogen receptors, without significant change in FSH or LH levels. Other non-limiting examples of anti-estrogens are tamoxifen (trade name Nolvadex®); Clomiphene (trade name Clomid®) *e.g.*, 50-250mg/day, a non-steroidal ER ligand with mixed agonist/antagonist properties, which stimulates release of gonadotrophins; Fulvestrant (trade name Faslodex®; 10-1000mg, *e.g.*, 250mg IM monthly); diethylstilbestrol ((DES), trade name Stilphostrol®) *e.g.*, 1-3mg/day, which shows estrogenic activity similar to, but greater than, that of estrone, and is therefore considered an estrogen agonist, but binds both androgen and estrogen receptors to induce feedback inhibition on FSH and LH production by the pituitary, diethylstilbestrol diphosphate *e.g.*, 50 to 200 mg/day; as well as danazol, droloxifene, and iodoxyfene, which each act as antagonists. Another class of anti-estrogens which may be used either alone or in combination with other methods of castration, are the selective estrogen receptor modulators (SERMS) (*e.g.*, toremifene (trade name Fareston®, 5-1000mg, *e.g.*, 60mg po QID), raloxifene (trade name Evista®), and tamoxifen (trade name Nolvadex®, 1-1000mg, *e.g.*, 20mg po bd), which behaves as an agonist at estrogen receptors in bone and the cardiovascular system, and as an antagonist at estrogen receptors in the mammary gland). Estrogen receptor downregulators (ERDs) (*e.g.*, tamoxifen (trade name, Nolvadex®)) may also be used in the present invention.

Other non-limiting examples of methods of inhibiting sex steroid signalling which may be used either alone or in combination with other methods of castration, include aromatase inhibitors and other adrenal gland blockers (*e.g.*, Aminoglutethimide, formestane, vorazole, exemestane, anastrozole (trade name Arimidex®, 0.1-100mg, *e.g.*, 1 mg po QID), which lowers estradiol and increases LH and testosterone), letrozole (trade name Femara®, 0.2-500 mg, *e.g.*, 2.5mg po QID), and exemestane (trade name Aromasin®) 1-2000mg, *e.g.*, 25mg/day);

aldosterone antagonists (*e.g.*, spironolactone (trade name, Aldactone®) *e.g.*, 100 to 400mg/day), which blocks the androgen cytochrome P-450 receptor;) and eplerenone, a selective aldosterone-receptor antagonist) antiprogestogens (*e.g.*, medroxyprogesterone acetate, *e.g.* 5mg/day, which inhibits testosterone syntheses and LH synthesis); and progestins and anti-  
5 progestins such as the selective progesterone response modulators (SPRM) (*e.g.*, megestrol acetate *e.g.*, 160mg/day, mifepristone (RU 486, Mifeprex®, *e.g.* 200mg/day); and other compounds with estrogen/antiestrogenic activity, (*e.g.*, phytoestrogens, flavones, isoflavones and coumestan derivatives, lignans, and industrial compounds with phenolic ring (*e.g.*, DDT)). Also, anti-GnRH vaccines (see, *e.g.*, Hsu *et al.*, (2000) *Cancer Res.* 60:3701; Talwar, (1999) *Immunol.*  
10 *Rev.* 171:173-92), or any other pharmaceutical which mimics the effects produced by the aforementioned drugs, may also be used. In addition, steroid receptor based modulators, which may be targeted to be thymic specific, may also be developed and used. Many of these mechanisms of inhibiting sex steroid signaling are well known. Each drugs may also be used in modified form, such as acetates, citrates and other salts thereof, which are well known to those in  
15 the art.

Because of the complex and interwoven feedback mechanisms of the hormonal system, administration of sex steroids may result in inhibition of sex steroid signalling. For example, estradiol decreases gonadotropin production and sensitivity to GnRH action. However, higher levels of estradiol result in gonadotropin surge. Likewise, progesterone influences frequency and  
20 amount of LH release. In men, testosterone inhibits gonadotropin production. Estrogen administered to men decreases LH and testosterone, and anti-estrogen increases LH.

Inhibin A and B peptides made in the gonads in response to gonadotropins, down regulates the pituitary and suppress FSH. Activin normally up regulates GnRH receptors and stimulate FSH synthesis, however over production may shut down sex steroid production. Thus  
25 these hormones may also be the target of inhibition of sex steroid-mediated signalling.

In some embodiments, the sex steroid mediated signaling to the thymus is disrupted by administration of gonadotrophin-releasing hormone (GnRH) or an analog thereof. GnRH is a hypothalamic decapeptide that stimulates the secretion of the pituitary gonadotropins, leutinizing

hormone (LH) and follicle-stimulating hormone (FSH). Thus, GnRH, *e.g.*, in the form of Synarel or Lupron, will suppress the pituitary gland and stop the production of FSH and LH.

In some embodiments, the sex steroid mediated signaling to the thymus is disrupted by administration of a sex steroid analog, such as an analog of leutinizing hormone-releasing hormone (LHRH). Sex steroid analogs and their use in therapies and chemical castration are well known. Sex steroid analogs are commercially and their use in therapies and chemical castration are well known. Such analogs include, but are not limited to, the following agonists of the LHRH receptor (LHRH-R): buserelin (*e.g.*, buserelin acetate, trade names Suprefact® (*e.g.*, 0.5-02 mg s.c./day), Suprefact Depot®, and Suprefact® Nasal Spray (*e.g.*, 2 µg per nostril, every 8 hrs.), Hoechst, also described in U.S. Patent Nos. 4,003,884, 4,118,483, and 4,275,001); Cystorelin® (*e.g.*, gonadorelin diacetate tetrahydrate, Hoechst); deslorelin (*e.g.*, desorelin acetate, Deslorell®, Balance Pharmaceuticals); gonadorelin (*e.g.*, gonadorelin hydrochloride, trade name Factrel® (100 µg i.v. or s.c.), Ayerst Laboratories); goserelin (goserelin acetate, trade name Zoladex®, AstraZeneca, Auckland, NZ, also described in U.S. Patent Nos. 4,100,274 and 4,128,638; GB 9112859 and GB 9112825); histrelin (*e.g.*, histerelin acetate, Supprelin®, (s.c., 10 µg/kg.day), Ortho, also described in EP 217659); leuprolide (leuprolide acetate, trade name Lupron® or Lupron Depot®, Abbott/TAP, Lake Forest, IL, also described in U.S. Patent Nos. 4,490,291 3,972,859, 4,008,209, 4,992,421, and 4,005,063; DE 2509783); leuprorelin (*e.g.*, leuproelin acetate, trade name Prostap SR® (*e.g.*, single 3.75 mg dose s.c. or i.m./month), Prostap3® (*e.g.*, single 11.25mg dose s.c. every 3 months), Wyeth, USA, also described in Plosker et al., (1994) Drugs 48:930); lutrelin (Wyeth, USA, also described in U.S. Patent No. 4,089,946); Meterelin® (*e.g.*, Avorelina (*e.g.*, 10-15 mg slow-release formulation), also described in EP 23904 and WO 91/18016); nafarelin (*e.g.*, trade name Synarel® (i.n. 200-1800 µg/day), Syntex, also described in U.S. Patent No. 4,234,571; W0 93/15722; and EP 52510); and triptorelin (*e.g.*, triptorelin pamoate; trade names Trelstar LA® (11.25 mg over 3 months), Trelstar LA Debioclip® (pre-filled, single dose delivery), LA Trelstar Depot® (3.75 mg over one month), and Decapeptyl®, Debiopharm S.A., Switzerland, also described in U.S. Patent Nos. 4,010,125, 4,018,726, 4,024,121, and 5,258,492; EP 364819). LHRH analogs also include, but are not limited to, the following antagonists of the LHRH-R: abarelix (trade name Plenaxis™ (*e.g.*, 100 mg i.m. on days 1, 15 and 29, then every 4 weeks thereafter), Praecis Pharmaceuticals,

Inc., Cambridge, MA) and cetrorelix (*e.g.*, cetrorelix acetate, trade name Cetrotide™ (*e.g.*, 0.25 or 3 mg s.c.), Zentaris, Frankfurt, Germany). Additional sex steroid analogs include Eulexin® (*e.g.*, flutamide (*e.g.*, 2 capsules 2x/day, total 750 mg/day), Schering-Plough Corp., also described in FR 7923545, WO 86/01105 and PT 100899), and dioxane derivatives (*e.g.*, those described in EP 413209), and other LHRH analogues such as are described in EP 181236, U.S. Patent Nos. 4,608,251, 4,656,247, 4,642,332, 4,010,149, 3,992,365, and 4,010,149.

Combinations of agonists, combinations of antagonists, and combinations of agonists and antagonists are also included. One non-limiting analog of the invention is deslorelin (described in U.S. Patent No. 4,218,439). For a more extensive list, of analogs, see Vickery et al. (1984) LHRH and Its Analogs: Contraceptive & Therapeutic Applications (Vickery et al., eds.) MTP Press Ltd., Lancaster, PA. Each analog may also be used in modified form, such as acetates, citrates and other salts thereof, which are well known to those in the art.

Doses of a sex steroid analog used, in according with the invention, to disrupt sex steroid hormone signaling to the thymus, can be readily determined by a routinely trained physician or veterinarian, and may be also be determined by consulting medical literature (*e.g.*, The Physician's Desk Reference, 52nd edition, Medical Economics Company, 1998).

In certain embodiments, an LHRH-R antagonist is delivered to the patient, followed by an LHRH-R agonist. For example, the antagonist can be administered as a single injection of sufficient dose to cause castration within 5-8 days (this is normal for, *e.g.*, Abarelix). When the sex steroids have reached this castrate level, the agonist is given. This protocol abolishes or limits any spike of sex steroid production, before the decrease in sex steroid production, that might be produced by the administration of the agonist. In an alternate embodiment, an LHRH-R agonist that creates little or no sex steroid production spike is used, with or without the prior administration of an LHRH-R antagonist.

Sex steroids comprise a large number of the androgen, estrogen and progestin family of hormone molecules. Non-limiting members of the progestin family of C21 steroids include progesterone, 17 $\alpha$ -hydroxy progesterone, 20 $\alpha$ -hydroxy progesterone, pregnanediol, pregnanediol and pregnenolone. Non-limiting members of the androgen family of C19 steroids include testosterone, androstenedione, dihydrotestosterone (DHT), androstanedione, androstandiol,

dehydroepiandrosterone and  $17\alpha$ -hydroxy androstenedione. Non-limiting members of the estrogen family of C17 steroids include estrone, estradiol- $17\alpha$ , and estradiol- $17\beta$ .

Signalling by sex steroids is the net result of complex outcomes of the components of the pathway that includes biosynthesis, secretion, metabolism, compartmentalization and action.

5 Parts of this pathway are not fully understood; nevertheless, there are numerous existing and potential mechanisms for achieving inhibition of sex steroid signalling. In one aspect of the present invention, inhibition of sex steroid signalling is achieved by modifying the bioavailable sex steroid hormone levels at the cellular level, the so called 'free' levels, by altering biosynthesis or metabolism, the binding to sex steroid receptors on or in target cells, and/or  
10 intracellular signalling of sex steroids.

Broadly speaking, it is possible to influence the signalling pathways either directly or indirectly. The direct methods would include methods of influencing sex steroid biosynthesis and metabolism, binding to the respective receptor and intracellular modification of the signal. The indirect methods would include those methods known to influence sex steroid hormone  
15 production and action such as the peptide hormone and growth factors present in the pituitary gland and the gonad. The latter would include but not be limited to follicle stimulating hormone (FSH), luteinizing hormone (LH) and activin made by the pituitary gland, and inhibin, activin and insulin-like growth factor-1 (IGF-1) made by the gonad.

The person skilled in the art will appreciate that inhibition of sex steroid signaling may  
20 take place by making the aforementioned modifications at the level of the relevant hormone, enzyme, receptor, binding molecule and/or ligand, either by direct action upon that molecule or by action upon a precursor of that molecule, including a nucleic acid that encodes or regulates it, or a molecule that can modify the action of sex steroid.

#### Direct methods of inhibiting signalling

##### 25 Biosynthesis

The rate of biosynthesis is the major rate determining step in the production of steroid hormones and hence the bioavailability of 'free' hormone in serum. Inhibition of a key enzyme



such as P450 cholesterol side chain cleavage (P450<sub>scc</sub>), early in the pathway, will reduce production of all the major sex steroids. On the other hand, inhibition of enzymes later in the pathway, such as P450 aromatase (P450<sub>arom</sub>) that converts androgens to estrogens, or 5 $\alpha$ -reductase that converts testosterone to DHT, will only effect the production of estrogens or DHT, respectively. Another important facet of sex steroid hormone biosynthesis is the family of oxidoreductase enzymes that catalyse the interconversion of inactive to bioactive steroids, for example, androstenedione to testosterone or estrone to estradiol-17 $\beta$  by 17-hydroxysteroid dehydrogenase (17-HSD). These enzymes are tissue and cell specific and generally catalyse either the reduction or oxidation reaction *e.g.*, 17 $\beta$  HSD type 3 is found exclusively in the Leydig cells of the testes, whereas 17 $\beta$  HSD type 1 is found in the ovary. They therefore offer the possibility of specifically reducing production of the active forms of androgens or estrogens.

There are many known inhibitors of the enzymes in the steroid biosynthesis pathway that are either already in clinical use or are under development. Some examples of these together with their treatment modalities are listed below. It is important that the action of these enzyme inhibitors does not unduly influence production of other steroids such as glucocorticoids and mineralocorticoids from the adrenal gland that are essential for metabolic stability. When using such inhibitors, it may be necessary to provide the patient with replacement glucocorticoids and sometimes mineralocorticoids.

Sex steroid biosynthesis occurs in varied sites and utilizing multiple pathways, predominantly produced the ovaries and testes, but there is some production in the adrenals, as well as synthesis of derivatives in other tissues, such as fat. Thus multiple mechanisms of inhibiting sex steroid signaling may be required to ensure adequate inhibition to achieve the present invention.

#### Metabolism and compartmentalization

Sex steroid hormones have a short half-life in blood, generally only several minutes, due to the rapid metabolism, particularly by the liver, and clearance by the kidney and fat. Metabolism includes conjugation by glycosylation and sulphation, as well as reduction. Some of these metabolites retain biological activity either as prohormones, for example estrone sulphate,

or through intrinsic bioactivity such as the reduced androgens. Any interference in the rate of metabolism can influence the 'free' levels of sex steroid hormones., however methods of achieving this are not currently available as are methods of influencing biosynthesis.

Another method of reducing the level of 'free' sex steroid hormone is by  
5 compartmentalization by binding of the sex steroid hormone to proteins present in the serum such as sex hormone binding globulin, corticosteroid-binding globulin, albumin and testosterone-estradiol binding globulin. Binding to sex steroid ligands, such as carrier molecules may make sex steroids unavailable for receptor binding. Increased binding may result from increased levels of carriers, such as SHBG or introduction of other ligands which bind the sex steroids, such as  
10 soluble receptors. Alternatively decreased levels of carrier molecules may make sex steroids more susceptible to degradation.

Active or passive immunization against a particular sex steroid hormone is a form of compartmentalization. There are examples in the literature of this approach successfully increasing ovulation rates in animals after immunization against estrogen or androgen. Sex  
15 steroids are secreted from cells in secretory vesicles. Inhibition or modification of the secretory mechanism is another method of inhibiting sex steroid signaling

#### Receptors & intracellular signalling

The sex steroids act on cells via specific receptors that can be either intracellular, or, as shown more recently, on the target cell membrane.

20 The intracellular receptors are members of the nuclear receptor superfamily. They are located in the cytoplasm of the cell and are transported to the nucleus after binding with the sex steroid hormone where they alter the transcription of specific genes. Receptors for the sex steroid hormones exist in several forms. Well known in the literature are two forms of the progesterone receptor, PRA and PRB, and three forms of the estrogen receptor, ER $\alpha$ , ER $\beta$ 1 and  
25 ER $\beta$ 2. Transcription of genes in response to the binding of the sex steroid hormone receptor to the steroid response element in the promoter region of the gene can be modified in a number of ways. Co-activators and co-repressors exist within the nucleus of the target cell that can modify binding of the steroid-receptor complex to the DNA and thereby effect transcription. The

identity of many of these co-activators and co-repressors are known and methods of modifying their actions on steroid receptors are the topic of current research. Examples of the transcription factors involved in sex steroid hormone action are NF-1, SP1, Oct-1 and TFIID. These co-regulators are required for the full action of the steroids. Methods of modifying the actions of these nuclear regulators could involve the balance between activator and repressor by the use of antagonists or through control of expression of the genes encoding the regulators.

More recently, specific receptors for estrogens and progesterone have been identified on the membranes of cells whose structures are different from the intracellular PR. Unlike the classical steroid receptors that act on the genome, these receptors deliver a rapid non-genomic action via intracellular pathways that are not yet fully understood. One report suggests that estrogens interacting with membrane receptors activate the sphingosine pathway that is related to cell proliferation.

There are methods available or in development to alter the action of steroids via their cytoplasmic receptors. In this case, antiandrogens, antiestrogens and antiprogestins that interact with the specific steroid receptors, are well known in the literature and are in clinical use, as described below. Their action may be to compete for, or block the receptor, to modify receptor levels, sensitivity, conformation, associations or signaling. These drugs come in a variety of forms, steroidal and non-steroidal, competitive and non-competitive. Of particular interest are the selective receptor modulators, SARMS, SERMS and SPRM, which are targeted to particular tissues and are exemplified below.

Down regulation of receptors can be achieved in 2 ways; first, by excess agonist (steroid ligand), and second, by inhibiting transcription of the respective gene that encodes the receptor. The first method can be achieved through the use of selective agonists such as tamoxifen. The second method is not yet in clinical use.

## Indirect methods of inhibiting signalling

### Biosynthesis

One of the indirect methods of inhibiting sex steroid signalling involves down regulation of the biosynthesis of the respective steroid by a modification to the availability or action of the pituitary gonadotrophins, FSH and LH, that are responsible for driving the biosynthesis of the sex steroid hormones in the gonad. One established inhibitor of FSH secretion is inhibin, a hormone produced by the gonads in response to FSH. Administration of inhibin to animals has been shown to reduce FSH levels in serum due to a decrease in the pituitary secretion of FSH. The best known way of accomplishing a reduction in both gonadotrophins is via the hypothalamic hormone, Gonadotrophin Releasing Hormone (GnRH), also known as Luteinizing Hormone Releasing Hormone (LHRH), which drives the pituitary synthesis and secretion of FSH and LH. Agonists and antagonists of GnRH that reduce the secretion of FSH and LH, and hence gonadal sex steroid production, are now available for clinical use, as described below.

Another indirect method of reducing the biosynthesis of sex steroid hormones is to modify the action of FSH and LH at the level of the gonad. This could be achieved by using antibodies directed against FSH and LH, or molecules designed to compete with FSH and LH for their respective receptors on gonadal cells that produce the sex steroid hormones. Another method of modifying the action of FSH and LH on gonadal cells is by a co-regulator of gonadotrophin action. For example, activin can reduce the capacity of the theca cells of the ovary and the Leydig cells of the testis to produce androgen in response to LH.

Modification may take place at the level of hormone precursors such as inhibition of cleavage of a signal peptide, for example the signal peptide of GnRH.

### Receptors & intracellular signalling

Indirect methods of altering the signalling action of the sex steroid hormones include down regulation of the receptor pathways leading to the genomic or non-genomic actions of the steroids. An example of this is the capacity of progesterone to down regulate the level of ER in target tissues. Future methods will include treatment with molecules known to influence the co-

regulators of the receptors in the cell nucleus leading to a decrease in the capacity of the cell to respond to the steroid.

While the stimulus for thymic reactivation is fundamentally based on the inhibition of the effects of sex steroids and/or the direct effects of the LHRH analogs, it may be useful to include additional substances which can act in concert to enhance the thymic effect. Such compounds include but are not limited to Interleukin 2 (IL-2), Interleukin 7 (IL-7), Interleukin 15 (IL-15), members of the epithelial and fibroblast growth factor families, stem cell factor (SCF), granulocyte colony stimulating factor (GCSF) and keratinocyte growth factor (KGF) (see, *e.g.*, Sempowski *et al.*, 2000; Andrew and Aspinall, 2001; Rossi *et al.*, 2002). It is envisaged that these additional compound(s) would only be given once at the initial LHRH analog application. Each of these could be given in combination with the agonist, antagonist or any other form of sex steroid disruption. Since the growth factors have a relatively rapid half-life (*e.g.*, in the hours) they may need to be given each day (*e.g.*, every day for 7 days). The growth factors/cytokines would be given in the optimal form to preserve their biological activities, as prescribed by the manufacturer. Most likely this would be as purified proteins. However, additional doses of any one or combination of these substances may be given at any time to further stimulate the thymus. In addition, steroid receptor based modulators, which may be targeted to be thymic specific, may be developed and used.

As will be understood by persons skilled in the art at least some of the means for disrupting sex steroid signalling to the thymus will only be effective as long as the appropriate compound is administered. As a result, an advantage of certain embodiments of the present invention is that once the desired immunological affects of the present invention have been achieved, (2-3 months) the treatment can be stopped and the subjects reproductive system will return to normal.

## 25           PHARMACEUTICAL COMPOSITIONS

The compounds used in this invention can be supplied in any pharmaceutically acceptable carrier or without a carrier. Formulations of pharmaceutical compositions can be prepared according to standard methods (see, *e.g.*, Remington, The Science and Practice of Pharmacy, Gennaro A.R., ed., 20<sup>th</sup> edition, Williams & Wilkins PA, USA 2000). Non-limiting

examples of pharmaceutically acceptable carriers include physiologically compatible coatings, solvents and diluents. For parenteral, subcutaneous, intravenous and intramuscular administration, the compositions may be protected such as by encapsulation. Alternatively, the compositions may be provided with carriers that protect the active ingredient(s), while allowing a slow release of those ingredients. Numerous polymers and copolymers are known in the art for preparing time-release preparations, such as various versions of lactic acid/glycolic acid copolymers. See, for example, U.S. Patent No. 5,410,016, which uses modified polymers of polyethylene glycol (PEG) as a biodegradable coating.

Formulations intended to be delivered orally can be prepared as liquids, capsules, tablets, and the like. These compositions can include, for example, excipients, diluents, and/or coverings that protect the active ingredient(s) from decomposition. Such formulations are well known (see, *e.g.*, Remington, The Science and Practice of Pharmacy, Gennaro A.R., ed., 20<sup>th</sup> edition, Williams & Wilkins PA, USA 2000).

In any of the formulations of the invention, other compounds that do not negatively affect the activity of the LHRH analogs (*i.e.*, compounds that do not block the ability of an LHRH analog to disrupt sex steroid hormone signalling to the thymus) may be included. Examples are various growth factors and other cytokines as described herein.

## DOSE

The LHRH analog can be administered in a one-time dose that will last for a period of time. In certain embodiments, the formulation will be effective for one to two months. The standard dose varies with type of analog used. In general, the dose is between about 0.01 µg/kg and about 10 mg/kg, or between about 0.01 mg/kg and about 5 mg/kg.

One standard procedure for administering chemical inhibitors to inhibit sex steroid signaling to the thymus utilizes a single dose of an LHRH agonist that is effective for three months. For this a simple one-time i.v. or i.m. injection would not be sufficient as the agonist would be cleared from the patient's body well before the three months are over. Instead, a depot injection or an implant may be used, or any other means of delivery of the inhibitor that will allow slow release of the inhibitor. Likewise, a method for increasing the half life of the

inhibitor within the body, such as by modification of the chemical, while retaining the function required herein, may be used.

Dose varies with the LHRH analog or vaccine used. In certain embodiments, a dose is prepared to last as long as a periodic epidemic lasts. For example, "flu season" occurs usually during the winter months. A formulation of an LHRH analog can be made and delivered as described herein to protect a patient for a period of two or more months starting at the beginning of the flu season, with additional doses delivered every two or more months until the risk of infection decreases or disappears.

The formulation can be made to enhance the immune system. Alternatively, the formulation can be prepared to specifically deter infection by flu viruses while also enhancing the immune system. This latter formulation would include GM cells that have been engineered to create resistance to flu viruses (see below). The GM cells can be administered with the LHRH analog formulation or separately, both spatially and/or in time. As with the non-GM cells, multiple doses over time can be administered to a patient to create protection and prevent infection with the flu virus over the length of the flu season.

#### Genetic Modification of Haemopoietic Stem Cells (HSC)

Methods for isolating and transducing stems cells and progenitor cells would be well known to those skilled in the art. Examples of these types of processes are described, for example, in PCT Publication No. WO 95/08105, U.S. Patent No. 5,559,703, U.S. Patent No. 5,399,493, U.S. Patent No. 5,061,620, PCT Publication No. WO 96/33281, PCT Publication No. WO 96/33282, U.S. Patent No. 5,681,559 and U.S. Patent No. 5,199,942.

#### Antisense Polynucleotides

The term "antisense", as used herein, refers to polynucleotide sequences which are complementary to a polynucleotide of the present invention. Antisense molecules may be produced by any method, including synthesis by ligating the gene(s) of interest in a reverse orientation to a viral promoter which permits the synthesis of a complementary strand. Once introduced into a cell, this transcribed strand combines with natural sequences produced by the

cell to form duplexes. These duplexes then block either the further transcription or translation. In this manner, mutant phenotypes may be generated.

### Catalytic Nucleic Acids

The term catalytic nucleic acid refers to a DNA molecule or DNA containing molecule (also known in the art as a “deoxyribozyme” or “DNAzyme”) or an RNA or RNA-containing molecule (also known as a “ribozyme”) which specifically recognizes a distinct substrate and catalyzes the chemical modification of this substrate. The nucleic acid bases in the catalytic nucleic acid can be bases A, C, G, T and U, as well as derivatives thereof. Derivatives of these bases are well known in the art.

Typically, the catalytic nucleic acid contains an antisense sequence for specific recognition of a target nucleic acid, and a nucleic acid cleaving enzymatic activity. The catalytic strand cleaves a specific site in a target nucleic acid. The types of ribozymes that are particularly useful in this invention are the hammerhead ribozyme (Haseloff and Gerlach 1988, Perriman *et al.*, 1992) and the hairpin ribozyme (Shippy *et al.*, 1999).

### dsRNA

dsRNA is particularly useful for specifically inhibiting the production of a particular protein. Although not wishing to be limited by theory, Dougherty and Parks (1995) have provided a model for the mechanism by which dsRNA can be used to reduce protein production. This model has recently been modified and expanded by Waterhouse *et al.* (1998). This technology relies on the presence of dsRNA molecules that contain a sequence that is essentially identical to the mRNA of the gene of interest, in this case an mRNA encoding a polypeptide according to the first aspect of the invention. Conveniently, the dsRNA can be produced in a single open reading frame in a recombinant vector or host cell, where the sense and antisense sequences are flanked by an unrelated sequence which enables the sense and anti-sense sequences to hybridize to form the dsRNA molecule with the unrelated sequence forming a loop structure. The design and production of suitable dsRNA molecules for the present invention is well within the capacity of a person skilled in the art, particularly considering Dougherty and



Parks (1995), Waterhouse *et al.* (1998), and PCT Publication Nos. WO 99/32619, WO 99/53050, WO 99/49029, and WO 01/34815.

### Anti-HIV Constructs

Those skilled in the art would be able to develop suitable anti-HIV constructs for use in the present invention. Indeed, a number of anti-HIV antisense constructs and ribozymes have already been developed and are described, for example; in U.S. Patent No. 5,811,275, U.S. Patent No. 5,741,706, PCT Publication No. WO 94/26877, Australian Patent Application No. 56394/94 and U.S. Patent No. 5,144,019.

### DELIVERY OF AGENTS FOR CHEMICAL CASTRATION

Delivery of the compounds of this invention can be accomplished via a number of methods known to persons skilled in the art. One standard procedure for administering chemical inhibitors to inhibit sex steroid mediated signalling to the thymus utilizes a single dose of an LHRH agonist that is effective for three months. For this a simple one-time i.v. or i.m. injection would not be sufficient as the agonist would be cleared from the patient's body well before the three months are over. Instead, a depot injection or an implant may be used, or any other means of delivery of the inhibitor that will allow slow release of the inhibitor. Likewise, a method for increasing the half-life of the inhibitor within the body, such as by modification of the chemical, while retaining the function required herein, may be used.

Examples of more useful delivery mechanisms include, but are not limited to, laser irradiation of the skin, and creation of high pressure impulse transients (also called stress waves or impulse transients) on the skin, each method accompanied or followed by placement of the compound(s) with or without carrier at the same locus. One method of this placement is in a patch placed and maintained on the skin for the duration of the treatment.

One means of delivery utilizes a laser beam, specifically focused, and lasing at an appropriate wavelength, to create small perforations or alterations in the skin of a patient. See U.S. Pat. No. 4,775,361, U.S. Pat. No. 5,643,252, U.S. Pat. No. 5,839,446, U.S. Pat. No. 6,056,738, U.S. Pat. No. 6,315,772, and U.S. Pat. No. 6,251,099, all of which are incorporated

herein by reference. In one embodiment, the laser beam has a wavelength between 0.2 and 10 microns. The wavelength may be between about 1.5 and 3.0 microns. In one embodiment, the wavelength is about 2.94 microns. In another embodiment, the laser beam is focused with a lens to produce an irradiation spot on the skin through the epidermis of the skin. In an additional  
5 embodiment, the laser beam is focused to create an irradiation spot only through the stratum corneum of the skin.

As used herein, "ablation" and "perforation" mean a hole created in the skin. Such a hole can vary in depth; for example it may only penetrate the stratum corneum, it may penetrate all the way into the capillary layer of the skin, or it may terminate anywhere in between. As used  
10 herein, "alteration" means a change in the skin structure, without the creation of a hole, that increases the permeability of the skin. As with perforation, skin can be altered to any depth.

Several factors may be considered in defining the laser beam, including wavelength, energy fluence, pulse temporal width and irradiation spot-size. In one embodiment, the energy fluence is in the range of 0.03-100,000 J/cm<sup>2</sup>. The energy fluence may be in the range of 0.03 -  
15 9.6 J/cm<sup>2</sup>. The beam wavelength is dependent in part on the laser material, such as Er:YAG. The pulse temporal width is a consequence of the pulse width produced by, for example, a bank of capacitors, the flashlamp, and the laser rod material. The pulse width is optimally between 1 fs (femtosecond) and 1,000 μs.

According to this method the perforation or alteration produced by the laser need not be  
20 produced with a single pulse from the laser. In one embodiment a perforation or alteration through the stratum corneum is produced by using multiple laser pulses, each of which perforates or alters only a fraction of the target tissue thickness.

To this end, one can roughly estimate the energy required to perforate or alter the stratum corneum with multiple pulses by taking the energy in a single pulse and dividing by the number  
25 of pulses desirable. For example, if a spot of a particular size requires 1 J of energy to produce a perforation or alteration through the entire stratum corneum, then one can produce qualitatively similar perforation or alteration using ten pulses, each having 1/10th the energy. Because it is desirable that the patient not move the target tissue during the irradiation (human reaction times are on the order of 100 ms or so), and that the heat produced during each pulse not significantly

diffuse, in one embodiment the pulse repetition rate from the laser should be such that complete perforation is produced in a time of less than 100 ms. Alternatively, the orientation of the target tissue and the laser can be mechanically fixed so that changes in the target location do not occur during the longer irradiation time.

5           To penetrate the skin in a manner that induces little or no blood flow, skin can be perforated or altered through the outer surface, such as the stratum corneum layer, but not as deep as the capillary layer. The laser beam is focused precisely on the skin, creating a beam diameter at the skin in the range of approximately 0.5 microns - 5.0 cm. Optionally, the spot can be slit-shaped, with a width of about 0.05-0.5 mm and a length of up to 2.5 mm. The width can  
10 be of any size, being controlled by the anatomy of the area irradiated and the desired permeation rate of the fluid to be removed or the pharmaceutical applied. The focal length of the focusing lens can be of any length, but in one embodiment it is 30 mm.

          By modifying wavelength, pulse length, energy fluence (which is a function of the laser energy output (in Joules) and size of the beam at the focal point ( $\text{cm}^2$ )), and irradiation spot size,  
15 it is possible to vary the effect on the stratum corneum between ablation (perforation) and non-ablative modification (alteration). Both ablation and non-ablative alteration of the stratum corneum result in enhanced permeation of subsequently applied pharmaceuticals.

          For example, by reducing the pulse energy while holding other variables constant, it is possible to change between ablative and non-ablative tissue-effect. Using an Er:YAG laser  
20 having a pulse length of about 300  $\mu\text{s}$ , with a single pulse or radiant energy and irradiating a 2 mm spot on the skin, a pulse energy above approximately 100 mJ causes partial or complete ablation, while any pulse energy below approximately 100 mJ causes partial ablation or non-ablative alteration to the stratum corneum. Optionally, by using multiple pulses, the threshold pulse energy required to enhance permeation of body fluids or for pharmaceutical delivery is  
25 reduced by a factor approximately equal to the number of pulses.

          Alternatively, by reducing the spot size while holding other variables constant, it is also possible to change between ablative and non-ablative tissue-effect. For example, halving the spot area will result in halving the energy required to produce the same effect. Irradiation down to 0.5 microns can be obtained, for example, by coupling the radiant output of the laser into the

objective lens of a microscope objective. (*e.g.*, as available from Nikon, Inc., Melville, NY). In such a case, it is possible to focus the beam down to spots on the order of the limit of resolution of the microscope, which is perhaps on the order of about 0.5 microns. In fact, if the beam profile is Gaussian, the size of the affected irradiated area can be less than the measured beam size and can exceed the imaging resolution of the microscope. To non-ablatively alter tissue in this case, it would be suitable to use a  $3.2 \text{ J/cm}^2$  energy fluence, which for a half-micron spot size would require a pulse energy of about 5 nJ. This low a pulse energy is readily available from diode lasers, and can also be obtained from, for example, the Er:YAG laser by attenuating the beam by an absorbing filter, such as glass.

Optionally, by changing the wavelength of radiant energy while holding the other variables constant, it is possible to change between an ablative and non-ablative tissue-effect. For example, using Ho:YAG (holmium: YAG; 2.127 microns) in place of the Er:YAG (erbium: YAG; 2.94 microns) laser, would result in less absorption of energy by the tissue, creating less of a perforation or alteration.

Picosecond and femtosecond pulses produced by lasers can also be used to produce alteration or ablation in skin. This can be accomplished with modulated diode or related microchip lasers, which deliver single pulses with temporal widths in the 1 femtosecond to 1 ms range. (See D. Stern *et al.*, "Corneal Ablation by Nanosecond, Picosecond, and Femtosecond Lasers at 532 and 625 nm," Corneal Laser Ablation, Vol. 107, pp. 587-592 (1989), incorporated herein by reference, which discloses the use of pulse lengths down to 1 femtosecond).

Another delivery method uses high pressure impulse transients on skin to create permeability. See U.S. Pat. No. 5,614,502, and U.S. Pat. No. 5,658,892, both of which are incorporated herein by reference. High pressure impulse transients, *e.g.*, stress waves (*e.g.*, laser stress waves (LSW) when generated by a laser), with specific rise times and peak stresses (or pressures), can safely and efficiently effect the transport of compounds, such as those of the present disclosure, through layers of epithelial tissues, such as the stratum corneum and mucosal membranes. These methods can be used to deliver compounds of a wide range of sizes regardless of their net charge. In addition, impulse transients used in the present methods avoid tissue injury.

Prior to exposure to an impulse transient, an epithelial tissue layer, *e.g.*, the stratum corneum, is likely impermeable to a foreign compound; this prevents diffusion of the compound into cells underlying the epithelial layer. Exposure of the epithelial layer to the impulse transients enables the compound to diffuse through the epithelial layer. The rate of diffusion, in  
5 general, is dictated by the nature of the impulse transients and the size of the compound to be delivered.

The rate of penetration through specific epithelial tissue layers, such as the stratum corneum of the skin, also depends on several other factors including pH, the metabolism of the cutaneous substrate tissue, pressure differences between the region external to the stratum  
10 corneum, and the region internal to the stratum corneum, as well as the anatomical site and physical condition of the skin. In turn, the physical condition of the skin depends on health, age, sex, race, skin care, and history. For example, prior contacts with organic solvents or surfactants affect the physical condition of the skin.

The amount of compound delivered through the epithelial tissue layer will also depend on  
15 the length of time the epithelial layer remains permeable, and the size of the surface area of the epithelial layer which is made permeable.

The properties and characteristics of impulse transients are controlled by the energy source used to create them. See WO 98/23325, which is incorporated herein by reference. However, their characteristics are modified by the linear and non-linear properties of the  
20 coupling medium through which they propagate. The linear attenuation caused by the coupling medium attenuates predominantly the high frequency components of the impulse transients. This causes the bandwidth to decrease with a corresponding increase in the rise time of the impulse transient. The non-linear properties of the coupling medium, on the other hand, cause the rise time to decrease. The decrease of the rise time is the result of the dependence of the  
25 sound and particle velocity on stress (pressure). As the stress increases, the sound and the particle velocity increase as well. This causes the leading edge of the impulse transient to become steeper. The relative strengths of the linear attenuation, non-linear coefficient, and the peak stress determine how long the wave has to travel for the increase in steepness of rise time to become substantial.

The rise time, magnitude, and duration of the impulse transient are chosen to create a non-destructive (*i.e.*, non-shock wave) impulse transient that temporarily increases the permeability of the epithelial tissue layer. Generally the rise time is at least 1 ns, and may be about 10 ns.

5           The peak stress or pressure of the impulse transients varies for different epithelial tissue or cell layers. For example, to transport compounds through the stratum corneum, the peak stress or pressure of the impulse transient should be set to at least 400 bar; at least 1,000 bar, but no more than about 2,000 bar. For epithelial mucosal layers, the peak pressure should be set to between 300 bar and 800 bar, and is may be between 300 bar and 600 bar. The impulse  
10 transients may have durations on the order of a few tens of ns, and thus interact with the epithelial tissue for only a short period of time. Following interaction with the impulse transient, the epithelial tissue is not permanently damaged, but remains permeable for up to about three minutes.

          In addition, these methods involve the application of only a few discrete high amplitude  
15 pulses to the patient. The number of impulse transients administered to the patient may be less than 100, less than 50, or less than 10. When multiple optical pulses are used to generate the impulse transient, the time duration between sequential pulses is 10 to 120 seconds, which is long enough to prevent permanent damage to the epithelial tissue.

          Properties of impulse transients can be measured using methods standard in the art. For  
20 example, peak stress or pressure, and rise time can be measured using a polyvinylidene fluoride (PVDF) transducer method as described in Doukas *et al.*, *Ultrasound Med. Biol.* 21:961 (1995).

          Impulse transients can be generated by various energy sources. The physical phenomenon responsible for launching the impulse transient is, in general, chosen from three different mechanisms: (1) thermoelastic generation; (2) optical breakdown; or (3) ablation.

25           For example, the impulse transients can be initiated by applying a high energy laser source to ablate a target material, and the impulse transient is then coupled to an epithelial tissue or cell layer by a coupling medium. The coupling medium can be, for example, a liquid or a gel, as long as it is non-linear. Thus, water, oil such as castor oil, an isotonic medium such as

phosphate buffered saline (PBS), or a gel such as a collagenous gel, can be used as the coupling medium.

In addition, the coupling medium can include a surfactant that enhances transport, *e.g.*, by prolonging the period of time in which the stratum corneum remains permeable to the compound following the generation of an impulse transient. The surfactant can be, *e.g.*, ionic detergents or nonionic detergents and thus can include, *e.g.*, sodium lauryl sulfate, cetyl trimethyl ammonium bromide, and lauryl dimethyl amine oxide.

The absorbing target material acts as an optically triggered transducer. Following absorption of light, the target material undergoes rapid thermal expansion, or is ablated, to launch an impulse transient. Typically, metal and polymer films have high absorption coefficients in the visible and ultraviolet spectral regions.

Many types of materials can be used as the target material in conjunction with a laser beam, provided they fully absorb light at the wavelength of the laser used. The target material can be composed of a metal such as aluminum or copper; a plastic, such as polystyrene, *e.g.*, black polystyrene; a ceramic; or a highly concentrated dye solution. The target material must have dimensions larger than the cross-sectional area of the applied laser energy. In addition, the target material must be thicker than the optical penetration depth so that no light strikes the surface of the skin. The target material must also be sufficiently thick to provide mechanical support. When the target material is made of a metal, the typical thickness will be 1/32 to 1/16 inch. For plastic target materials, the thickness will be 1/16 to 1/8 inch.

Impulse transients can also be enhanced using confined ablation. In confined ablation, a laser beam transparent material, such as a quartz optical window, is placed in close contact with the target material. Confinement of the plasma, created by ablating the target material by using the transparent material, increases the coupling coefficient by an order of magnitude (Fabro *et al.*, *J. Appl. Phys.* 68:775, 1990). The transparent material can be quartz, glass, or transparent plastic.

Since voids between the target material and the confining transparent material allow the plasma to expand, and thus decrease the momentum imparted to the target, the transparent

material may be bonded to the target material using an initially liquid adhesive, such as carbon-containing epoxies, to prevent such voids.

The laser beam can be generated by standard optical modulation techniques known in the art, such as by employing Q-switched or mode-locked lasers using, for example, electro- or  
5 acousto-optic devices. Standard commercially available lasers that can operate in a pulsed mode in the infrared, visible, and/or infrared spectrum include Nd:YAG, Nd:YLF, CO<sub>2</sub>, excimer, dye, Ti:sapphire, diode, holmium (and other rare-earth materials), and metal-vapor lasers. The pulse widths of these light sources are adjustable, and can vary from several tens of picoseconds (ps) to several hundred microseconds. For use in the present disclosure, the optical pulse width can  
10 vary from 100 ps to about 200 ns and may be between about 500 ps and 40 ns.

Impulse transients can also be generated by extracorporeal lithotripters (one example is described in Coleman *et al.*, *Ultrasound Med. Biol.* 15:213-227, 1989). These impulse transients have rise times of 30 to 450 ns, which is longer than laser-generated impulse transients. To form an impulse transient of the appropriate rise time for the new methods using an extracorporeal  
15 lithotripter, the impulse transient is propagated in a non-linear coupling medium (*e.g.*, water) for a distance determined by equation (1), above. For example, when using a lithotripter creating an impulse transient having a rise time of 100 ns and a peak pressure of 500 barr, the distance that the impulse transient should travel through the coupling medium before contacting an epithelial cell layer is approximately 5 mm.

20 An additional advantage of this approach for shaping impulse transients generated by lithotripters is that the tensile component of the wave will be broadened and attenuated as a result of propagating through the non-linear coupling medium. This propagation distance should be adjusted to produce an impulse transient having a tensile component that has a pressure of only about 5 to 10% of the peak pressure of the compressive component of the wave. Thus, the  
25 shaped impulse transient will not damage tissue.

The type of lithotripter used is not critical. Either an electrohydraulic, electromagnetic, or piezoelectric lithotripter can be used.



The impulse transients can also be generated using transducers, such as piezoelectric transducers. The transducer may be in direct contact with the coupling medium, and undergoes rapid displacement following application of an optical, thermal, or electric field to generate the impulse transient. For example, dielectric breakdown can be used, and is typically induced by a high-voltage spark or piezoelectric transducer (similar to those used in certain extracorporeal lithotripters, Coleman *et al.*, *Ultrasound Med. Biol.* 15:213-227, 1989). In the case of a piezoelectric transducer, the transducer undergoes rapid expansion following application of an electrical field to cause a rapid displacement in the coupling medium.

In addition, impulse transients can be generated with the aid of fiber optics. Fiber optic delivery systems are particularly maneuverable and can be used to irradiate target materials located adjacent to epithelial tissue layers to generate impulse transients in hard-to reach places. These types of delivery systems, when optically coupled to lasers, may be used as they can be integrated into catheters and related flexible devices, and used to irradiate most organs in the human body. In addition, to launch an impulse transient having the desired rise times and peak stress, the wavelength of the optical source can be easily tailored to generate the appropriate absorption in a particular target material.

Alternatively, an energetic material can produce an impulse transient in response to a detonating impulse. The detonator can detonate the energetic material by causing an electrical discharge or spark.

Hydrostatic pressure can be used in conjunction with impulse transients to enhance the transport of a compound through the epithelial tissue layer. Since the effects induced by the impulse transients last for several minutes, the transport rate of a drug diffusing passively through the epithelial cell layer along its concentration gradient can be increased by applying hydrostatic pressure on the surface of the epithelial tissue layer, *e.g.*, the stratum corneum of the skin, following application of the impulse transient.

## DIAGNOSTIC INDICATORS OF THYMIC FUNCTION

### A. Known Markers

Certain markers are associated with the activation of the thymus. By following the concentration of any one, or any combination, of these markers, one can monitor the level of activation of the thymus. Changes in the levels of these marker molecules pre-and post-activation of thymic function can be examined using bioinformatics. For example, two-dimensional gel electrophoresis of plasma (i.e., blood depleted of all cells by centrifugation) is performed on patients' samples pre- and post-inhibition of sex steroids. The differentially expressed "dots" on the gels are recorded and analyzed by computer.

Known markers include thymopoietic hormones and thymopoietic cytokines. The terms "thymopoietic" hormones and cytokines are used interchangeably with the terms "thymic" hormones and cytokines herein. A "thymopoietic hormone" or "thymopoietic cytokine" refers to a factor released by any cell type which influences the production of thymus cells. For example, the factor may be produced by thymic epithelial cells and induces the production of T lymphocytes by the thymus. These factor(s) also may increase the function (*e.g.*, the ability to be stimulated by antigen) of T cells pre-existing in the periphery. Examples of thymic hormones include, but are not limited to, thymosin, thymopoietin, thymulin and facteur thymique serique (FTS). Examples of thymic cytokines include without limitation IL-7, members of the Fibroblast Growth Factor (FGF) and Keratinocyte Growth Factor (KGF) families, and chemokines.

A rise in one or more thymopoietic hormones and/or thymopoietic cytokines, or combinations thereof, in the blood or serum may be indicative of likelihood of thymus rejuvenation following inhibition or ablation of sex steroid signalling.

1. Interleukin-7 (IL-7)

The major lymphopoietic and thymopoietic cytokine produced by thymic cortical epithelial cells, IL-7 may be necessary for the proliferation and differentiation of immature thymocytes (von Freeden-Jeffry *et al.*, 1995; Komschlies *et al.*, 1995; Peschon *et al.*, 1994). Triple negative cell development requires interaction with IL-7 (Oosterwegel *et al.*, 1997; Moore *et al.*, 1993), which acts primarily by inducing *bcl-2* expression and inhibiting programmed cell death of immature thymocytes (Akashi *et al.*, 1997; Maraskovsky *et al.*, 1997). Treatment with IL-7 alone has been demonstrated to reverse both the increase in apoptosis and decline in

thymopoiesis within the CD44<sup>+</sup>CD25<sup>+</sup> (TN2) and CD44<sup>+</sup>CD25<sup>+</sup> (TN3) subsets, corresponding to the location of TCR  $\beta$ -chain rearrangement, in aged mice (Andrew & Aspinall, 2001).

IL-7 is produced, *e.g.*, by thymic and bone marrow stromal cells, which enhances the survival and proliferation of lymphoid precursor cells. Treatment with IL-7 increases thymus function with production of new T cells, as well as the bone marrow production of B cells. However, very high levels of IL-7 can cause excessive proliferation of lymphoid cells leading to leukaemia

Immune recovery in mice after T cell-depleted bone marrow transplantation has been documented to be enhanced following administration of IL-7, suggesting the production of IL-7 may be one of the mechanisms regulating *de novo* production of T cells after bone marrow transplantation (Bolotin *et al.*, 1996). Analysis of IL-7 serum levels in patients before and after bone marrow transplantation by ELISA revealed an inverse relationship to absolute lymphocyte count (Bolotin *et al.*, 1999). Studies measuring IL-7 levels in HIV-infected pediatric and adult patients also indicate a strong inverse correlation between IL-7 and absolute CD4 counts and lesser but significant correlations with CD3 and CD8 counts (Fry *et al.*, 2001).

The mechanism underlying the increase in circulating IL-7 are unclear but it has been suggested that decreased T cell numbers result in diminished IL-7 receptor availability leading to increased levels of free IL-7 with no change in IL-7 production. That is, binding to lymphocytes that express IL-7 receptors (Bolotin *et al.*, 1999) homeostatically regulates circulating IL-7 levels. An alternative mechanism is the direct upregulation of IL-7 in response to lymphopenia through the interaction of T cells and IL-7-producing cells via a soluble mediator or through direct contact within the lymphoid microenvironment (Fry *et al.*, 2001).

#### Normal IL-7 levels

In children aged 6-months to 5.5 years, the normal mean concentration of IL-7 is  $10.7 \pm 3.9$  pg/ml. In adults aged 22.2 to 53.5 years the mean is appreciably lower, at  $3.1 \pm 2.5$  pg/ml. It has thus been suggested that IL-7 levels may be determined by age since IL-7 levels are highest in infants less than one year of age and lower in children and adults (Bolotin *et al.*, 1999). This would support previous studies which demonstrated an age-dependent decline in thymopoietic

capacity in chemotherapy and bone marrow transplant patients beginning in adolescence (Mackall *et al.*, 1995; Weinberg *et al.*, 1995). Moreover studies of bone marrow stroma from aged mice have shown decreased secretion of IL-7 with age (Stephan *et al.*, 1998).

According to an embodiment of the present disclosure, concentration of IL-7 in a patient's blood or serum is monitored before and after administration of the agent(s) that block sex steroid mediated signaling to the thymus (or other method of castration). Rise in the concentration of IL-7 within 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3 hours, of administration of the agent(s) signifies that the thymus is responding to blockage of the sex steroid activity. Concentration of IL-7 is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the concentration of IL-7 in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared to untreated control patient blood or sera.

## 2. Facteur Thymique Serique (FTS)

It is now largely established that the immune and neuroendocrine systems cross-talk by using similar ligands and receptors. The thymic-hypothalamus/pituitary axis constitutes a bi-directional circuit where the ascending feedback loop is effected by thymic factors of epithelial origin. Aside from modulating the release of peptidic hormones and neuropeptides, thymic or thymopoietic hormones act mainly to promote the phenotypic maturation of progenitor cells from the bone marrow and to modulate mature T cell function (Ritter and Crispe, 1992). Hence thymic hormones may be important in a large spectrum of pathological conditions ranging from immunodeficiencies to neuroendocrine diseases.

FTS or thymulin is a nonapeptide hormone secreted exclusively by the thymic subcapsular and medullary cells (Ritter and Crispe, 1992). Found in both early and late stages of T cell differentiation as well as T cell function, FTS also induces expression of several T cell markers, and promotes T cell functions such as allogeneic cytotoxicity, suppressor functions and IL-2 production (Ritter and Crispe, 1992).

FTS titers in children gradually increase with increasing age from  $2.69 \pm 1.10$  at a few days of age to  $4.77 \pm 0.44$  at a few years of age, then gradually decrease to  $0.66 \pm 0.26$  at 36 years of age to old age (Consolini *et al.*, 2000). As the thymus is physiologically under neuroendocrine control, peptide hormones and neuropeptides influence age-related fluctuations in FTS levels. As noted above, impaired hormonal activity has been shown to be associated with age-related thymic atrophy (Consolini *et al.*, 2000). In particular, thymic atrophy is most evident following the rise in serum sex steroid levels following puberty (Fabris *et al.*, 1997). Moreover FTS secretion by thymic epithelial cells is enhanced by growth hormone (Mocchegiani *et al.*, 1990).

Zinc has been shown to be important in cellular immunity (Prasad *et al.*, 1988), which is not surprising since FTS is biologically activated upon binding one molecule of zinc (Zn-FTS) (Bach, 1983). As zinc turnover is usually reduced with age (Panerai and Sacerdote, 1997), it has been postulated that the low FTS levels in old age can be related to a zinc deficiency (Mocchegiani and Fabris, 1995). Indeed it was found zinc treatment in elderly patients restores thymic secretory activity (Mocchegiani *et al.*, 1990). However, *in vitro* studies on addition of zinc ions to plasma from adolescent patients did not restore the biological activity of FTS, indicating that the decreased FTS levels in adolescence is more likely related to the decline of thymic activity than zinc deficiency (Consolini *et al.*, 2000).

In an embodiment of the present disclosure, the concentration of FTS in a patient's blood or serum is monitored before and after administration of the agent(s) that block sex steroid mediated signalling to the thymus (or other method of castration). Rise in the concentration of FTS within 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3 hours, of administration of the agent(s) signifies that the thymus is responding to blockage of the sex steroid activity. Concentration of FTS is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the concentration of FTS in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared to untreated control patient blood or sera.

### 3. Thymosin And Thymopoietin

In contrast to FTS which begins to decline after 20 years of age in humans, thymosin-alpha 1 and thymopoietin serum levels seem to decline as early as 10 years of age (reviewed in Bodey *et al.*, 1997). Castration appears to increase thymosin-alpha 1 and thymosin-beta 4 serum levels as found in male rats (Windmill and Lee, 1999).

5           In an embodiment of the invention, the concentration of thymopoietin, thymosin-alpha 1, thymosin-beta 4, or combinations thereof are measured before and after administration of the agent(s) that block sex steroid mediated signalling to the thymus (or other method of castration). Rise in the concentration of any of these compounds or combinations within 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3  
10   hours of administration of the agent(s) signifies that the thymus is responding to blockage of the sex steroid activity. Concentration of any of these compounds or combinations is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the concentration of a thymosin or of a thymopoietin in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared to untreated control  
15   patient blood or sera.

#### 4.     Members of the Fibroblast Growth Factor (FGF) Family

Members of the FGF family, such as FGF-7 (also known as keratinocyte growth factor (KGF)) are able to cause growth of the thymus and increase in production of new T cells. KGF is not thymus specific and is produced by many cell types, including T cells. KGF induces the  
20   growth of, and protection against injury of, epithelial cells of many tissues. High levels of KGF may predispose to hyper-proliferation of epithelial cells.

In an embodiment of the invention, the concentration of one or more members of the FGF family (*e.g.*, KGF) or combinations thereof are measured before and after administration of the agent(s) that block sex steroid mediated signalling to the thymus (or other method of castration).  
25   Rise in the concentration of any of these compounds or combinations within 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3 hours of administration of the agent(s) signifies that the thymus is responding to blockage of the sex steroid activity. Concentration of any of these compounds or combinations is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the

concentration of one or more FGF family members in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared to untreated control patient blood or sera.

5. Chemokines

5 Chemokines are soluble factors which attract other cells. Examples of chemokines include CCL19 (also known as ELC, MIP3 b, Exodus-3), which binds to the chemokine receptor CCR7 and attracts mature T cells from the thymus into the blood stream; CCL21 (also known as SLC, 6Ckine, Exodus -2, TCA 4), which induces migration of mature CD4+CD8- or CD4-CD8+ through the thymus itself; CXCL12 (also known as SCF-1), which attracts immature CD4-CD8-  
10 /CD4+CD8+ cells expressing the receptor CXCR4; CCL22 (also known as macrophage-derived chemokine (MDC)), which attracts cells which are transitional between the CD4+CD8+ and mature CD4+CD8-, CD4-CD8+; CCL25 (also known as thymus-expressed chemokine (TECK)), which attracts CD4+CD8+ cells.

In an embodiment of the invention, the concentration of one or more chemokines (*e.g.*,  
15 CCL19, CCL21, CXCL12, CCL22, CCL25 or combinations thereof) are measured before and after administration of the agent(s) that block sex steroid mediated signalling to the thymus (or other method of castration). Rise in the concentration of any of these compounds or combinations within 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3 hours of administration of the agent(s) signifies that  
20 the thymus is responding to blockage of the sex steroid activity. Concentration of any of these compounds or combinations is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the concentration of one or more chemokines in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared to untreated control patient blood or sera.

25 B. Newly Identified Markers

In addition to the known markers for thymic activation, several additional markers have been identified and used, based on the methods of the present disclosure.

Procedures for obtaining these markers can mimic those for following the already identified markers. For example, 2D gel electrophoresis can be used and the intensity of the various spots monitored over time. The spots will usually correspond to individual proteins, although occasionally there may be overlap or concurrence of spots from two or more different proteins. The identity of the molecules is revealed by solid phase amino acid sequencing. A new molecule(s) so identified as being altered in expression (increase or decrease) as a result of thymic activation will form the basis of a new diagnostic test for thymic responsiveness to loss of sex steroids.

C. T Cell Analysis

Monitoring of T cell production is another method that may be used to determine activation of the thymus. Techniques such as flow cytometric analysis of whole peripheral blood, intracellular cytokine production, detection of new and/or proliferating cells by monitoring the markers Ki67, CD69, CD62L, LFA-1, ICAM, 1, VCAM, VLA-4, and/or CD45 RA, as well as TREC analysis are among the methods known to those of skill in the field for such monitoring.

In an embodiment of the invention, numbers of T cells, as well as new and/or proliferating T cells, are determined before and after administration of the agent(s) that block sex steroid mediated signalling to the thymus (or other method of castration). Rise in the concentration of any of these T cells or combinations thereof within 2-4 months, 4 weeks, 3 weeks, 2 weeks, one week, about 4-5 days, about 2-3 days, within about 24 hours, or within about 2-3 hours of administration of the agent(s) signifies that the thymus is responding to blockage of the sex steroid activity. Concentration of any of these T cells or combinations thereof is periodically monitored to determine the level of activation of the thymus over time. Alternatively, the concentration of any of these T cells or combinations thereof in a patient's blood or serum may be monitored following sex steroid signalling interruption or ablation, and compared those T cells in untreated control patient blood or sera.

EXAMPLES



The following Examples provide specific examples of methods of the invention, and are not to be construed as limiting the invention to their content.

### **EXAMPLE 1**

#### **REVERSAL OF AGED-INDUCED THYMIC ATROPHY**

##### 5      **Materials and Methods**

**Animals.** CBA/CAH and C57Bl6/J male mice were obtained from Central Animal Services, Monash University and were housed under conventional conditions. C57Bl6/J Ly5.1<sup>+</sup> were obtained from the Central Animal Services Monash University, the Walter and Eliza Hall Institute for Medical Research (Parkville, Victoria) and the A.R.C. (Perth, Western Australia) and were housed under conventional conditions. Ages ranged from 4-6 weeks to 26 months of age and are indicated where relevant.

**Surgical castration.** Animals were anesthetized by intraperitoneal injection of 0.3 ml of 0.3 mg xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) and 1.5 mg ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) in saline. Surgical castration was performed by a scrotal incision, revealing the testes, which were tied with suture and then removed along with surrounding fatty tissue. The wound was closed using surgical staples. Sham-castration followed the above procedure without removal of the testes and was used as controls for all studies.

**Bromodeoxyuridine (BrdU) incorporation.** Mice received two intraperitoneal injections of BrdU (Sigma Chemical Co., St. Louis, MO) at a dose of 100 mg/kg body weight in 100µl of PBS, 4-hours apart (*i.e.*, at 4 hour intervals). Control mice received vehicle alone injections. One hour after the second injection, thymuses were dissected and either a cell suspension made for FACS analysis, or immediately embedded in Tissue Tek (O.C.T. compound, Miles INC, Indiana), snap frozen in liquid nitrogen, and stored at -70°C until use.

**Flow Cytometric analysis.** Mice were killed by CO<sub>2</sub> asphyxiation and thymus, spleen, and mesenteric lymph nodes were removed. Organs were pushed gently through a 200µm sieve in cold PBS/1% FCS/0.02% Azide, centrifuged (650g, 5 min, 4°C), and resuspended in either

PBS/FCS/Az. Spleen cells were incubated in red cell lysis buffer (8.9g/liter ammonium chloride) for 10 min at 4°C, washed and resuspended in PBS/FCS/Az. Cell concentration and viability were determined in duplicate using a hemocytometer and ethidium bromide/acridine orange and viewed under a fluorescence microscope (Axioskop; Carl Zeiss, Oberkochen, Germany).

For 3-color immunofluorescence, cells were labeled with anti- $\alpha\beta$ TCR-FITC, anti-CD4-PE and anti-CD8-APC (all obtained from Pharmingen, San Diego, CA) followed by flow cytometry analysis. Spleen and lymph node suspensions were labeled with either  $\alpha\beta$ TCR-FITC/CD4-PE/CD8-APC or B220-B (Sigma) with CD4-PE and CD8-APC. B220-B was revealed with streptavidin-Tri-color conjugate purchased from Caltag Laboratories, Inc., Burlingame, CA.

For BrdU detection of cells, cells were surface labeled with CD4-PE and CD8-APC, followed by fixation and permeabilization as previously described (Carayon and Bord, 1989). Briefly, stained cells were fixed overnight at 4°C in 1% paraformaldehyde (PFA)/0.01% Tween-20. Washed cells were incubated in 500 $\mu$ l DNase (100 Kunitz units, Roche, USA) for 30 mins at 37°C in order to denature the DNA. Finally, cells were incubated with anti-BrdU-FITC (Becton-Dickinson) for 30min at room temperature, washed and resuspended for FACS analysis.

For BrdU analysis of TN subsets, cells were collectively gated out on Lin- cells in APC, followed by detection for CD44-biotin and CD25-PE prior to BrdU detection. All antibodies were obtained from Pharmingen, USA.

For 4-color Immunofluorescence, thymocytes were labeled for CD3, CD4, CD8, B220 and Mac-1, collectively detected by anti-rat Ig-Cy5 (Amersham, U.K.), and the negative cells (TN) gated for analysis. They were further stained for CD25-PE (Pharmingen) and CD44-B (Pharmingen) followed by Streptavidin-Tri-colour (Caltag, CA) as previously described (Godfrey and Zlotnik, 1993). BrdU detection was then performed as described above.

Samples were analyzed on a FacsCalibur (Becton-Dickinson). Viable lymphocytes were gated according to 0° and 90° light scatter profiles and data was analyzed using Cell quest software (Becton-Dickinson).

**Immunohistology.** Frozen thymus sections (4µm) were cut using a cryostat (Leica) and immediately fixed in 100% acetone.

For two-color immunofluorescence, sections were double-labeled with a panel of monoclonal antibodies: MTS6, 10, 12, 15, 16, 20, 24, 32, 33, 35 and 44 (Godfrey *et al.*, 1990; Table 1) produced in this laboratory and the co-expression of epithelial cell determinants was assessed with a polyvalent rabbit anti-cytokeratin Ab (Dako, Carpinteria, CA). Bound mAb was revealed with FITC-conjugated sheep anti-rat Ig (Silenus Laboratories) and anti-cytokeratin was revealed with TRITC-conjugated goat anti-rabbit Ig (Silenus Laboratories).

For BrdU detection of sections, sections were stained with either anti-cytokeratin followed by anti-rabbit-TRITC or a specific mAb, which was then revealed with anti-rat Ig-Cy3 (Amersham). BrdU detection was then performed as previously described (Penit *et al.*, 1996). Briefly, sections were fixed in 70% Ethanol for 30 mins. Semi-dried sections were incubated in 4M HCl, neutralized by washing in Borate Buffer (Sigma), followed by two washes in PBS. BrdU was detected using anti-BrdU-FITC (Becton-Dickinson).

For three-color immunofluorescence, sections were labeled for a specific MTS mAb together with anti-cytokeratin. BrdU detection was then performed as described above.

Sections were analyzed using a Leica fluorescent and Nikon confocal microscopes.

**Migration studies (*i.e.*, Analysis of recent thymic emigrants (RTE)).** Animals were anesthetized by intraperitoneal injection of 0.3ml of 0.3mg xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) and 1.5mg ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) in saline.

Details of the FITC labeling of thymocytes technique are similar to those described elsewhere (Scollay *et al.*, 1980; Berzins *et al.*, 1998). Briefly, thymic lobes were exposed and each lobe was injected with approximately 10µm of 350 µg/ml FITC (in PBS). The wound was closed with a surgical staple, and the mouse was warmed until fully recovered from anesthesia. Mice were killed by CO<sub>2</sub> asphyxiation approximately 24 hours after injection and lymphoid organs were removed for analysis.

After cell counts, samples were stained with anti-CD4-PE and anti-CD8-APC, then analyzed by flow cytometry. Migrant cells were identified as live-gated FITC<sup>+</sup> cells expressing either CD4 or CD8 (to omit autofluorescing cells and doublets). The percentages of FITC<sup>+</sup> CD4 and CD8 cells were added to provide the total migrant percentage for lymph nodes and spleen, respectively. Calculation of daily export rates was performed as described by Berzins *et al.*, 1998).

Data analyzed using the unpaired student 't' test or nonparametrical Mann-Whitney U-test was used to determine the statistical significance between control and test results for experiments performed at least in triplicate. Experimental values significantly differing from control values are indicated as follows: \* $p \leq 0.05$ , \*\* $p \leq 0.01$  and \*\*\* $p \leq 0.001$ .

## Results

### I. The effect of age on thymocyte populations.

#### (i) Thymic weight and thymocyte number

With increasing age there is a highly significant ( $p \leq 0.0001$ ) decrease in both thymic weight (Fig. 1A) and total thymocyte number (Figs. 1B and 1C) in mice. Relative thymic weight (mg thymus/g body) in the young adult has a mean value of 3.34 which decreases to 0.66 at 18-24 months of age (adipose deposition limits accurate calculation). The decrease in thymic weight can be attributed to a decrease in total thymocyte numbers: the 1-2 month (*i.e.*, young adult) thymus contains  $\sim 6.7 \times 10^7$  thymocytes, decreasing to  $\sim 4.5 \times 10^6$  cells by 24 months. By removing the effects of sex steroids on the thymus by castration, thymocyte cell numbers are regenerated and by 4 weeks post-castration, the thymus is equivalent to that of the young adult in both weight (Fig. 1A) and cellularity (Figs. 1B and 1C). Interestingly, there was a significant ( $p \leq 0.001$ ) increase in thymocyte numbers at 2 weeks post-castration ( $1.2 \times 10^8$ ), which is restored to normal young levels by 4 weeks post-castration (Fig. 1B).

The decrease in T cell numbers produced by the thymus is not reflected in the periphery, with spleen cell numbers remaining constant with age (Fig. 2A and 2B). Homeostatic mechanisms in the periphery were evident since the B cell to T cell ratio in spleen and lymph

nodes was not affected with age and the subsequent decrease in T cell numbers reaching the periphery (Figs. 2C and 2D). However, the ratio of CD4<sup>+</sup> to CD8<sup>+</sup> T cell significantly decreased ( $p \leq 0.001$ ) with age from 2:1 at 2 months of age, to a ratio of 1:1 at 2 years of age (Figs. 2D and 2E). Following castration and the subsequent rise in T cell numbers reaching the periphery, no change in peripheral T cell numbers was observed: splenic T cell numbers and the ratio of B:T cells in both spleen and lymph nodes was not altered following castration (Figs. 2A-2D). The reduced CD4:CD8 ratio in the periphery with age was still evident at 2 weeks post-castration but was completely reversed by 4 weeks post-castration (Fig. 2E)

(ii) Thymocyte subpopulations with age and post-castration.

To determine if the decrease in thymocyte numbers seen with age was the result of the depletion of specific cell populations, thymocytes were labeled with defining markers in order to analyze the separate subpopulations. In addition, this allowed analysis of the kinetics of thymus repopulation post-castration. The proportion of the main thymocyte subpopulations was compared with those of the young adult (2-4 months) thymus (Fig. 3) and found to remain uniform with age. In addition, further subdivision of thymocytes by the expression of  $\alpha\beta$ TCR revealed no change in the proportions of these populations with age (data not shown). At 2 and 4 weeks post-castration, thymocyte subpopulations remained in the same proportions and, since thymocyte numbers increase by up to 100-fold post-castration, this indicates a synchronous expansion of all thymocyte subsets rather than a developmental progression of expansion.

The decrease in cell numbers seen in the thymus of aged (2 year old) animals thus appears to be the result of a balanced reduction in all cell phenotypes, with no significant changes in T cell populations being detected. Thymus regeneration occurs in a synchronous fashion, replenishing all T cell subpopulations simultaneously rather than sequentially.

## II. Proliferation of thymocytes

As shown in Figs. 4A-4C, 15-20% of thymocytes were proliferating at 2-4 months of age. The majority (~80%) of these are double positive (DP) (*i.e.*, CD4<sup>+</sup>, CD8<sup>+</sup>) with the triple negative (TN) (*i.e.*, CD3-CD4-CD8-) subset making up the second largest population at ~6% (Figs. 5A). These TN cells are the most immature cells in the thymus and encompass the

intrathymic precursor cells. Accordingly, most division is seen in the subcapsule and cortex by immunohistology (data not shown). Some division is seen in the medullary regions aligning with FACS analysis which revealed a proportion of single positive (*i.e.*, CD4<sup>+</sup>CD8<sup>-</sup> or CD4<sup>-</sup>CD8<sup>+</sup>) cells (9% of CD4<sup>+</sup> T cells and 25% of CD8<sup>+</sup> T cells) in the young (2 months) thymus, dividing (Fig. 5B).

Although cell numbers were significantly decreased in the aged mouse thymus (2 years old), the total proportion of proliferating thymocytes remained constant (Figs. 4C and 5F), but there was a decrease in the proportion of dividing cells in the CD4<sup>-</sup>CD8<sup>-</sup> (Fig 5C) and proliferation of CD4<sup>-</sup>CD8<sup>+</sup> T cells was also significantly ( $p \leq 0.001$ ) decreased (Fig 5E).

Immunohistology revealed the distribution of dividing cells at 1 year of age to reflect that seen in the young adult (2-4 months); however, at 2 years, proliferation is mainly seen in the outer cortex and surrounding the vasculature with very little division in the medulla (data not shown).

As early as one week post-castration there was a marked increase in the proportion of proliferating CD4<sup>-</sup>CD8<sup>-</sup> cells (Fig 5C) and the CD4<sup>-</sup>CD8<sup>+</sup> cells (Fig 5E). Castration clearly overcomes the block in proliferation of these cells with age. There was a corresponding proportional decrease in proliferating CD4<sup>+</sup>CD8<sup>-</sup> cells post-castration (Fig 5D). At 2 weeks post-castration, although thymocyte numbers significantly increase, there was no change in the overall proportion of thymocytes that were proliferating, again indicating a synchronous expansion of cells (Figs. 4A, 4B, 4C and 5F). Immunohistology revealed the localization of thymocyte proliferation and the extent of dividing cells to resemble the situation in the 2-month-old thymus by 2 weeks post-castration (data not shown).

The DN subpopulation, in addition to the thymocyte precursors, contains  $\alpha\beta$ TCR<sup>+</sup>CD4<sup>-</sup>CD8<sup>-</sup> thymocytes, which are thought to have downregulated both co-receptors at the transition to SP cells (Godfrey & Zlotnik, 1993). By gating on these mature cells, it was possible to analyze the true TN compartment (CD3<sup>+</sup>CD4<sup>-</sup>CD8<sup>-</sup>) and their subpopulations expressing CD44 and CD25. Figures 5H, 5I, 5J, and 5K illustrate the extent of proliferation within each subset of TN cells in young, old and castrated mice. This showed a significant ( $p < 0.001$ ) decrease in proliferation of the TN1 subset (CD44<sup>+</sup>CD25<sup>-</sup>CD3<sup>+</sup>CD4<sup>-</sup>CD8<sup>-</sup>), from ~10% in the normal young to around 2% at 18 months of age (Fig. 5H) which was restored by 1 week post-castration.

### III. The effect of age on the thymic microenvironment.

The changes in the thymic microenvironment with age were examined by immunofluorescence using an extensive panel of MAbs from the MTS series, double-labeled with a polyclonal anti-cytokeratin Ab.

5 The antigens recognized by these MAbs can be subdivided into three groups: thymic epithelial subsets, vascular-associated antigens and those present on both stromal cells and thymocytes.

#### (i) Epithelial cell antigens.

10 Anti-keratin staining (pan-epithelium) of 2 year old mouse thymus, revealed a loss of general thymus architecture with a severe epithelial cell disorganization and absence of a distinct cortico-medullary junction. Further analysis using the MAbs, MTS 10 (medulla) and MTS44 (cortex), showed a distinct reduction in cortex size with age, with a less substantial decrease in medullary epithelium (data not shown). Epithelial cell free regions, or keratin negative areas (KNA's, van Ewijk *et al.*, 1980; Godfrey *et al.*, 1990; Bruijntjes *et al.*, 1993) were more apparent  
15 and increased in size in the aged thymus, as evident with anti-cytokeratin labeling. There was also the appearance of thymic epithelial "cyst-like" structures in the aged thymus particularly noticeable in medullary regions (data not shown). Adipose deposition, severe decrease in thymic size and the decline in integrity of the cortico-medullary junction were shown conclusively with the anti-cytokeratin staining (data not shown). The thymus began to regenerate by 2 weeks post-  
20 castration. This is evident in the size of the thymic lobes, the increase in cortical epithelium as revealed by MTS 44, and the localization of medullary epithelium. The medullary epithelium was detected by MTS 10 and at 2 weeks, there are still subpockets of epithelium stained by MTS 10 scattered throughout the cortex. By 4 weeks post-castration, there was a distinct medulla and cortex and discernible cortico-medullary junction (data not shown).

25 The markers MTS 20 and 24 are presumed to detect primordial epithelial cells (Godfrey, *et al.*, 1990) and further illustrate the degeneration of the aged thymus. These were present in abundance at E14, detect isolated medullary epithelial cell clusters at 4-6 weeks but were again increased in intensity in the aged thymus (data not shown). Following castration, all these

antigens were expressed at a level equivalent to that of the young adult thymus (data not shown) with MTS 20 and MTS 24 reverting to discrete subpockets of epithelium located at the cortico-medullary junction.

(ii) Vascular-associated antigens.

5           The blood-thymus barrier is thought to be responsible for the immigration of T cell precursors to the thymus and the emigration of mature T cells from the thymus to the periphery.

          The mAb MTS 15 was specific for the endothelium of thymic blood vessels, demonstrating a granular, diffuse staining pattern (Godfrey *et al.*, 1990). In the aged thymus, MTS 15 expression is greatly increased, and reflects the increased frequency and size of blood  
10   vessels and perivascular spaces (data not shown).

          The thymic extracellular matrix, containing important structural and cellular adhesion molecules such as collagen, laminin and fibrinogen, was detected by the mAb MTS 16. Scattered throughout the normal young thymus, the nature of MTS 16 expression became more widespread and interconnected in the aged thymus. Expression of MTS 16 was increased further  
15   at 2 weeks post-castration while 4 weeks post-castration, this expression was representative of the situation in the 2 month thymus (data not shown).

(iii) Shared antigens

          MHC II expression in the normal young thymus, detected by the MAb MTS 6, is strongly positive (granular) on the cortical epithelium (Godfrey *et al.*, 1990) with weaker staining of the  
20   medullary epithelium. The aged thymus showed a decrease in MHC II expression with expression substantially increased at 2 weeks post-castration. By 4 weeks post-castration, expression was again reduced and appeared similar to the 2 month old thymus (data not shown).

**IV. Thymocyte emigration**

          Approximately 1% of T cells migrate from the thymus daily in the young mouse (Scolly  
25   *et al.*, 1980). Migration in castrated mice was found to occur at a proportional rate equivalent to the normal young mouse at 14 months and even 2 years of age, although significantly ( $p \leq$



0.0001) reduced in number (Figs. 6A and 6B). There was an increase in the CD4:CD8 ratio of the recent thymic emigrants from ~3:1 at 2 months to ~7:1 at 26 months (Fig. 6C). By 1 week post-castration, this ratio had normalised (Fig. 6C). By 2- weeks post-castration, cell number migrating to the periphery had substantially increased with the overall rate of migration reduced to 0.4%, which reflected the expansion of the thymus (Fig. 6B).

By 2-weeks post-castration, a significant increase in RTE was observed ( $p \leq 0.01$ ) compared to the aged mice. Despite the changes in cell numbers emigrating, the rate of emigration (RTE/total thymocytes) remained constant with age (Fig. 5b). However, at 2-weeks post-castration this had significantly decreased ( $p \leq 0.05$ ), reflecting the increase in total thymocyte numbers at this time. Interestingly, there was an increase in the CD4:GD8 ratio of the RTE from ~3:1 at 2 months to ~7:1 at 26 months (Fig. 6C). By 1 week post-castration, this ratio had normalised (Fig. 6C).

## V. Castration Induces Tolerance to Allograft (*i.e.*, Allogeneic Graft)

The following mice are purchased from the Jackson Laboratory (Bar Harbor, ME), and are housed under conventional conditions: C57BL/6J (black; H-2b); DBA/1J (dilute brown; H-2q); DBA/2J (dilute brown; H-2d); and Balb/cJ (albino; H-2d). Ages range from 4-6 weeks to 26 months of age and are indicated where relevant.

C57BL/6J mice are used as recipients for donor bone marrow reconstitution. As described above, the recipient mice (C57BL6/J older than 9 months of age, because this is the age at which the thymus has begun to markedly atrophy) are subjected to 5.5Gy irradiation twice over a 3-hour interval. One hour following the second irradiation dose, the recipient mice are injected intravenously with  $5 \times 10^6$  donor bone marrow cells from DBA/1J, DBA/2J, or Balb/cJ mice. Bone marrow cells are obtained by passing RPMI-1640 media through the tibias and femurs of donor (2-month old DBA/1J, DBA/2J, or Balb/cJ) mice, and then harvesting the cells collected in the media.

As described above, in recipient mice castrated either at the same time as the reconstitution or up to one week prior to reconstitution, there is an significant increase in the rate of thymus regeneration compared to sham-castrated (ShCx) control mice. In addition, as

compared to the sham-castrated mice, castrated mice are found to have increased thymus cellularity, have more cells in their bone marrow, and have enhanced generation of B cell precursors and B cells in their bone marrow following bone marrow transplantation. Since the MHC (*i.e.*, the H-2 locus in mice) of the recipient mice is different from that of the donor mice,  
5 detecting an increased number of donor-derived blood cells in castrated mice as compared to sham-castrated mice is straightforward. There is also the normal level and distribution of host and donor-derived dendritic cells in the chimeric thymus which are exerting negative selection (tolerance induction) to the host and donor.

Four to six weeks after reconstitution of the recipient mice with donor bone marrow cells,  
10 skin grafts are taken from the donor mice and placed onto the recipient mice, according to standard methods (see, *e.g.*, Unit 4.4 in Current Protocols In Immunology, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002). Briefly, the dermis and epidermis of an anesthetized recipient mouse (*e.g.*, a C57BL/6J mouse reconstituted with Balb/cJ bone marrow) are removed and replaced with the dermis and epidermis from a  
15 Balb/cJ. Because the hair of the donor skin is white, it is easily distinguished from the native black hair of the recipient C57BL/6J mouse. The health of the transplanted donor skin is assessed daily after surgery.

The results will show that donor Balb/cJ skin transplanted onto a donor-reconstituted C57BL/6J mouse who has been castrated “takes” (*i.e.*, is accepted) better than the donor skin  
20 transplanted onto a donor-reconstituted C57BL/6J mouse who is sham-castrated, *e.g.*, because the sham-castrated mouse does not have adequate uptake of donor HSC into the host thymus to produce DC. A donor skin graft is found not to take on a recipient, sham-castrated, C57BL/6J mouse who has not been reconstituted with Balb/cJ bone marrow.

An experiment is also performed to determine if a recipient mouse transplanted with  
25 donor bone marrow can induce tolerance of a MHC matched, but otherwise different, skin graft. Briefly, male C57BL/6J mice (H-2b) are either castrated or sham-castrated. The next day, the mice are reconstituted with Balb/cJ bone marrow (H-2d) as described above. Four weeks after reconstitution, two skin grafts (*i.e.*, including the dermis and epidermis) are placed onto the recipient C57BL/6J mice. The first skin graft is from a DBA/2J (dilute brown; H-2d) mouse.

The second skin graft is from a Balb/cJ mouse (albino; H-2d). Because the coat colors of C57BL/6J mice, Balb/cJ mice, and DBA/2J mice all differ, the skin grafts are easily distinguishable from one another and from the recipient mouse.

As described above, the skin graft from the Balb/cJ mouse is found to “take” onto the Balb/cJ-bone marrow reconstituted castrated recipient mouse better than a Balb/cJ-bone marrow reconstituted sham-castrated recipient mouse or a recipient mouse who has been sham-castrated and has not been reconstituted with donor bone marrow. In addition, the skin graft from the DBA/2J mouse is found to “take” onto the Balb/cJ-bone marrow reconstituted castrated recipient mouse better than a Balb/cJ-bone marrow reconstituted sham-castrated recipient mouse or a recipient mouse who has been sham-castrated and has not been reconstituted with donor bone marrow.

#### Discussion

The present disclosure shows that aged thymus, although severely atrophic, maintains its functional capacity with age, with T cell, proliferation, differentiation and migration occurring at levels equivalent to the young adult mouse. Although thymic function is regulated by several complex interactions between the neuro-endocrine-immune axes, the atrophy induced by sex steroid production exerts the most significant and prolonged effects illustrated by the extent of thymus regeneration post-castration both of lymphoid and epithelial cell subsets.

Thymus weight is significantly reduced with age as shown previously (Hirokawa and Makinodan, 1975, Aspinall, 1997) and correlates with a significant decrease in thymocyte numbers. The stress induced by the castration technique, which may result in further thymus atrophy due to the actions of corticosteroids, is overridden by the removal of sex steroid influences with the 2-week castrate thymus increasing in cellularity by 20-30 fold from the pre-castrate thymus. By 3 weeks post-castration, the aged thymus shows a significant increase in both thymic size and cell number, surpassing that of the young adult thymus presumably due to the actions of sex steroids already exerting themselves in the 2 month old mouse.

The data presented herein confirms previous findings that emphasise the continued ability of thymocytes to differentiate and maintain constant subset proportions with age (Aspinall,

1997). In addition, thymocyte differentiation was found to occur simultaneously post-castration indicative of a synchronous expansion in thymocyte subsets. Since thymocyte numbers are decreased significantly with age, proliferation of thymocytes was analyzed to determine if this was a contributing factor in thymus atrophy.

5 Proliferation of thymocytes was not affected by age-induced thymic atrophy or by removal of sex-steroid influences post-castration with ~14% of all thymocytes proliferating. However, the localization of this division differed with age: the 2 month mouse thymus shows abundant division throughout the subcapsular and cortical areas (TN and DP T cells) with some division also occurring in the medulla. Due to thymic epithelial disorganization with age,  
10 localization of proliferation was difficult to distinguish but appeared to be less uniform in pattern than the young and relegated to the outer cortex. By 2 weeks post-castration, dividing thymocytes were detected throughout the cortex and were evident in the medulla with similar distribution to the 2 month thymus.

The phenotype of the proliferating population as determined by CD4 and CD8 analysis,  
15 was not altered with age or following castration. However, analysis of proliferation within thymocyte subpopulations, revealed a significant decrease in proliferation of both the TN and CD8<sup>+</sup> cells with age. Further analysis within the TN subset on the basis of the markers CD44 and CD25, revealed a significant decrease in proliferation of the TN1 (CD44<sup>+</sup>CD25<sup>-</sup>) population which was compensated for by an increase in the TN2 (CD44<sup>-</sup>CD25<sup>+</sup>) population. These  
20 abnormalities within the TN population, reflect the findings by Aspinall (1997). Surprisingly, the TN subset was proliferating at normal levels by 2 weeks post-castration indicative of the immediate response of this population to the inhibition of sex-steroid action. Additionally, at both 2 weeks and 4 weeks post-castration, the proportion of CD8<sup>+</sup> T cells that were proliferating was markedly increased from the control thymus, possibly indicating a role in the  
25 reestablishment of the peripheral T cell pool.

Thymocyte migration was shown to occur at a constant proportion of thymocytes with age conflicting with previous data by Scollay *et al.* (1980) who showed a ten-fold reduction in the rate of thymocyte migration to the periphery. The difference in these results may be due to the difficulties in intrathymic FITC labelling of 2 year old thymuses or the effects of adipose

deposition on FITC, uptake. However, the absolute numbers of T cells migrating was decreased significantly as found by Scollay resulting in a significant reduction in ratio of RTEs to the peripheral T cell pool. This will result in changes in the periphery predominantly affecting the T cell repertoire (Mackall *et al.*, 1995). Previous papers (Mackall *et al.*, 1995) have shown a  
5 skewing of the T cell repertoire to a memory rather than naive T cell phenotype with age. The diminished T cell repertoire however, may not cope if the individual encounters new pathogens, possibly accounting for the rise in immunodeficiency in the aged. Obviously, there is a need to reestablish the T cell pool in immunocompromised individuals. Castration allows the thymus to repopulate the periphery through significantly increasing the production of naive T cells.

10 In the periphery, T cell numbers remained at a constant level as evidenced in the B:T cell ratios of spleen and lymph nodes, presumably due to peripheral homeostasis (Mackall *et al.*, 1995; Berzins *et al.*, 1998). However, disruption of cellular composition in the periphery was evident with the aged thymus showing a significant decrease in CD4:CD8 ratios from 2:1 in the young adult to 1:1 in the 2 year mouse, possibly indicative of the more susceptible nature of  
15 CD4<sup>+</sup>T cells to age or an increase in production of CD8<sup>+</sup> T cells from extrathymic sources. By 2 weeks post-castration, this ratio has been normalized, again reflecting the immediate response of the immune system to surgical castration.

The above findings have shown firstly that the aged thymus is capable of functioning in a nature equivalent to the pre-pubertal thymus. In this respect, T cell numbers are significantly  
20 decreased but the ability of thymocytes to differentiate is not disturbed. Their overall ability to proliferate and eventually migrate to the periphery is again not influenced by the age-associated atrophy of the thymus. However, two important findings were noted. Firstly, there appears to be an adverse affect on the TN cells in their ability to proliferate, correlating with findings by Aspinall (1997). This defect could be attributed to an inherent defect in the thymocytes  
25 themselves. Yet the data presented herein and previous work has shown thymocyte differentiation, although diminished, still occurs and stem cell entry from the BM is also not affected with age (Hirokawa, 1998; Mackall and Gress, 1997). This implicates the thymic stroma as the target for sex steroid action and consequently abnormal regulation of this precursor subset of T cells. Secondly, the CD8<sup>+</sup> T cells were significantly diminished in their proliferative  
30 capacity with age and, following castration, a significantly increased proportion of CD8<sup>+</sup> T cells

proliferated as compared to the 2 month mouse. The proliferation of mature T cells is thought to be a final step before migration (Suda and Zlotnik, 1992), such that a significant decrease in CD8<sup>+</sup> proliferation would indicate a decrease in their migrational potential. This hypothesis is supported by our finding that the ratio of CD4:CD8 T cells in RTEs increased with age,  
5 indicative of a decrease in CD8 T cells migrating. Alternatively, if the thymic epithelium is providing the key factor for the CD8 T cell maintenance, whether a lymphostromal molecule or cytokine influence, this factor may be disturbed with increased sex-steroid production. By removing the influence of sex-steroids, the CD8 T cell population can again proliferate optimally. Thus, it was necessary to determine, in detail, the status of thymic epithelial cells pre-  
10 and post-castration.

The cortex appears to 'collapse' with age due to lack of thymocytes available to expand the network of epithelium. The most dramatic change in thymic epithelium post-castration was the increased network of cortical epithelium detected by MTS 44, illustrating the significant rise in thymocyte numbers. At 2 weeks post-castration, KNAs are abundant and appear to  
15 accommodate proliferating thymocytes indicating that thymocyte development is occurring at a rate higher than the epithelium can cope with. The increase in cortical epithelium appears to be due to stretching of the thymic architecture rather than proliferation of this subtype since no proliferation of the epithelium was noted with BrdU staining by immunofluorescence.

Medullary epithelium is not as susceptible to age influences most likely due to the lesser  
20 number of T cells accumulating in this area (>95% of thymocytes are lost at the DP stage due to selection events). However, the aged thymus shows severe epithelial cell disruption distinguished by a lack of distinction of the cortico-medullary junction with the medullary epithelium incorporating into the cortical epithelium. By 2 weeks postcastration, the medullary epithelium, as detected by MTS 10 staining is reorganized to some extent, however, subpockets  
25 are still present within the cortical epithelium. By 4 weeks post-castration, the cortical and medullary epithelium is completely reorganized with a distinct cortico-medullary junction similar to the young adult thymus.

Subtle changes were also observed following castration, most evident in the decreased expression of MHC class II and blood-thymus barrier antigens when compared to the pre-

castrate thymus. MHCII (detected by MTS6) is increased in expression in the aged thymus possibly relating to a decrease in control by the developing thymocytes due to their diminished numbers. Alternatively, it may simply be due to lack of masking by the thymocytes, illustrated also in the post-irradiation thymus (Randle and Boyd, 1992) which is depleted of the DP  
5 thymocytes. Once thymocyte numbers are increased following castration, the antigen binding sites are again blocked by the accumulation of thymocytes thus decreasing detection by immunofluorescence. The antigens detecting the blood-thymus barrier (MTS12, 15 and 16) are again increased in the aged thymus and also revert to the expression in the young adult thymus post-castration. Lack of masking by thymocytes and the close proximity of the antigens due to  
10 thymic atrophy may explain this increase in expression. Alternatively, the developing thymocytes may provide the necessary control mechanisms over the expression of these antigens thus when these are depleted, expression is not controlled. The primordial epithelial antigens detected by MTS 20 and NITS 24 are increased in expression in the aged thymus but revert to subpockets of epithelium at the cortico-medullary junction post-castration. This indicates a lack  
15 of signals for this epithelial precursor subtype to differentiate in the aged mouse. Removing the block placed by the sex-steroids, these antigens can differentiate to express cortical epithelial antigens.

The above findings indicate a defect in the thymic epithelium rendering-it incapable of providing the developing thymocytes with the necessary stimulus for, development. However,  
20 the symbiotic nature of the thymic, epithelium and thymocytes makes it difficult to ascertain the exact pathway of destruction by the sex steroid influences. The medullary epithelium requires cortical T cells for its proper development and maintenance. Thus, if this population is diminished, the medullary thymocytes may not receive adequate signals for development. This particularly seems to affect the CD8<sup>+</sup> population. IRF<sup>-/-</sup> mice show a decreased number of CD8<sup>+</sup>  
25 T cells. It would therefore, be interesting to determine the proliferative capacity of these cells.

The defect in proliferation of the TN1 subset which was observed indicates that loss of cortical epithelium affects thymocyte development at the crucial stage of TCR gene rearrangement whereby the cortical epithelium provides factors such as IL-7 and SCF necessary for thymopoiesis (Godfrey and Zlotnik, 1990; Aspinall, 1997). Indeed, IL-7<sup>-/-</sup> and IL-7R<sup>-/-</sup> mice  
30 show similar thymic morphology to that seen in aged mice (Wiles *et al.*, 1992; Zlotnik and

Moore, 1995; von Freeden-Jeffry, 1995). Further work is necessary to determine the changes in IL-7 and IL-7R with age.

In conclusion, the aged thymus still maintains its functional capacity, however, the thymocytes that develop in the aged mouse are not under the stringent control by thymic epithelial cells as seen in the normal young mouse due to the lack of structural integrity of the thymic microenvironment. Thus the proliferation, differentiation and migration of these cells will not be under optimal regulation and may result in the increased release of autoreactive/immunodysfunctional T cells in the periphery. The defects within both the TN and particularly, CD8<sup>+</sup> populations, may result in the changes seen within the peripheral T cell pool with age. In addition, as described in detail herein, the effects of castration on thymic epithelial cell development and reorganization. The mechanisms underlying thymic atrophy utilizing steroid receptor binding assays and the role of thymic epithelial subsets in thymus regeneration post-castration are currently under study. Restoration of thymus function by castration will provide an essential means for regenerating the peripheral T cell pool and thus in-re-establishing immunity in immunosuppressed individuals.

## **EXAMPLE 2**

### **REVERSAL OF CHEMOTHERAPY- OR RADIATION-INDUCED THYMIC ATROPHY**

Materials and methods were as described in Example 1. In addition, the following methods were used.

**Bone Marrow reconstitution.** Recipient mice (3-4 month-old C57BL6/J) were subjected to 5.5Gy irradiation twice over a 3-hour interval. One hour following the second irradiation dose, mice were injected intravenously with  $5 \times 10^6$  donor bone marrow cells. Bone marrow cells were obtained by passing RPMI-1640 media through the tibias and femurs of donor (2-month old congenic C57BL6/J Ly5.1<sup>+</sup>) mice, and then harvesting the cells collected in the media.

#### **T cell Depletion Using Cyclophosphamide**



Old mice (*e.g.*, 2 years old) were injected with cyclophosphamide (200mg/kg body wt) and castrated on the same day.

**HSV-1 immunization.** Following anesthetic, mice were injected in the foot-hock with  $4 \times 10^5$  plaque forming units (pfu) of HSV-1 in sterile PBS. Analysis of the draining (popliteal) lymph nodes was performed on D5 post-infection.

For HSV-1 studies, popliteal lymph node cells were stained for anti-CD25-PE, anti-CD8-APC and anti-V $\beta$ 10-biotin. For detection of dendritic cells, an FcR block was used prior to staining for CD45.1-FITC, I-A<sup>b</sup>-PE and CD11c-biotin. All biotinylated antibodies were detected with streptavidin-PerCP. For detection of HSC, BM cells were gated on Lin<sup>-</sup> cells by collectively staining with anti-CD3, CD4, CD8, Gr-1, B220 and Mac-1 (all conjugated to FITC). HSC were detected by staining with CD117-APC and Sca-1-PE. For TN thymocyte analysis, cells were gated on the Lin<sup>-</sup> population and detected by staining with CD44-biotin, CD25-PE and c-kit-APC.

**Cytotoxicity assay of lymph node cells.** Lymph node cells were incubated for three days at 37°C, 6.5% CO<sub>2</sub>. Specificity was determined using a non-transfected cell line (EL4) pulsed with gB<sub>498-505</sub> peptide (gBp) and EL4 cells alone as a control. A starting effector:target ratio of 30:1 was used. The plates were incubated at 37°C, 6.5% CO<sub>2</sub> for four hours and then centrifuged 650<sub>gmax</sub> for 5 minutes. Supernatant (100μl) was harvested from each well and transferred into glass fermentation tubes for measurement by a Packard Cobra auto-gamma counter.

## 20 **Castration enhanced regeneration following severe T cell depletion (TCD).**

Castrated mice (castrated either one-week prior to treatment, or on the same day as treatment), showed substantial increases in thymus regeneration rate following irradiation or cyclophosphamide treatment.

In the thymus, irradiated mice showed severe disruption of thymic architecture, concurrent with depletion of rapidly dividing cells. Cortical collapse, reminiscent of the aged/hydrocortisone treated thymus, revealed loss of DN and DP thymocytes. There was a downregulation of αβ-TCR expression on CD4+ and CD8+ SP thymocytes - evidence of

apoptosing cells. In comparison, cyclophosphamide-treated animals show a less severe disruption of thymic architecture, and show a faster regeneration rate of DN and DP thymocytes.

For both models of T-cell depletion studied (chemotherapy using cyclophosphamide or sublethal irradiation using 625Rads), castrated (Cx) mice showed a significant increase in the rate of thymus regeneration compared to their sham-castrated (ShCx) counterparts (Figs. 7A and 7B). By 1 week post-treatment castrated mice showed significant thymic regeneration even at this early stage (Figs. 7, 8, 10, 11, and 12). In comparison, non-castrated animals, showed severe loss of DN and DP thymocytes (rapidly-dividing cells) and subsequent increase in proportion of CD4 and CD8 cells (radio-resistant). This is best illustrated by the differences in thymocyte numbers with castrated animals showing at least a 4-fold increase in thymus size even at 1 week post-treatment. By 2 weeks, the non-castrated animals showed relative thymocyte normality with regeneration of both DN and DP thymocytes. However, proportions of thymocytes are not yet equivalent to the young adult control thymus. Indeed, at 2 weeks, the vast difference in regulation rates between castrated and non-castrated mice was maximal (by 4 weeks thymocyte numbers were equivalent between treatment groups).

Thymus cellularity was significantly reduced in ShCx mice 1-week post-cyclophosphamide treatment compared to both control (untreated, aged-matched;  $p \leq 0.001$ ) and Cx mice ( $p \leq 0.05$ ) (Fig. 7A). No difference in thymus regeneration rates was observed at this time-point between mice castrated 1-week earlier or on the same day as treatment, with both groups displaying at least a doubling in the numbers of cells compared to ShCx mice (Figs. 7A and 8A). Similarly, at 2-weeks post-cyclophosphamide treatment, both groups of Cx mice had significantly (5-6 fold) greater thymocyte numbers ( $p \leq 0.001$ ) than the ShCx mice (Fig. 7A). In control mice there was a gradual recovery of thymocyte number over 4 weeks but this was markedly enhanced by castration – even within one week (Fig. 8A). Similarly spleen and lymph node numbers were increased in the castrate mice after one week (Figs. 8B and 8C).

The effect of the timing of castration on thymic recovery was examined by castration one week prior to either irradiation (Fig. 11) or on the same day as irradiation (Fig. 12). When performed one week prior, castration had a more rapid impact on thymic recovery (Fig. 11A compared to Fig 12 A). By two weeks the same day castration had “caught up” with the thymic

regeneration in mice castrated one week prior to treatment. In both cases there were no major effects on spleen or lymph nodes (Figs. 11B and 11C, and Figs. 12B and 12C) respectively.

Following irradiation treatment, both ShCx and mice castrated on the same day as treatment (SDCx) showed a significant reduction in thymus cellularity compared to control mice (p≤0.001) (Figs. 7B and 12A) and mice castrated 1-week prior to treatment (p≤0.01) (Fig. 7B). At 2 weeks post-treatment, the castration regime played no part in the restoration of thymus cell numbers with both groups of castrated mice displaying a significant enhancement of thymus cellularity post-irradiation (PIrr) compared to ShCx mice (p≤0.001) (Figs. 7B, 11A, and 12A). Therefore, castration significantly enhances thymus regeneration post-severe T cell depletion, and it can be performed at least 1-week prior to immune system insult.

Interestingly, thymus size appears to 'overshoot' the baseline of the control thymus. Indicative of rapid expansion within the thymus, the migration of these newly derived thymocytes does not yet (it takes ~3-4 weeks for thymocytes to migrate through and out into the periphery). Therefore, although proportions within each subpopulation are equal, numbers of thymocytes are building before being released into the periphery.

Following cyclophosphamide treatment of young mice (~2-3 months), total lymphocyte numbers within the spleen of Cx mice, although reduced, were not significantly different from control mice throughout the time-course of analysis (Fig. 9A). However, ShCx mice showed a significant decrease in total splenocyte numbers at 1- and 4-weeks post-treatment (p≤0.05) (Fig. 9A). Within the lymph nodes, a significant decrease in cellularity was observed at 1-week post-treatment for both sham-castrated and castrated mice (p≤0.01) (Fig. 9B), possibly reflecting the influence of stress steroids. By 2-weeks post-treatment, lymph node cellularity of castrated mice was comparable to control mice however sham-castrated mice did not restore their lymph node cell numbers until 4-weeks post-treatment, with a significant (p≤0.05) reduction in cellularity compared to both control and Cx mice at 2-weeks post-treatment (Fig. 9B). These results indicate that castration may enhance the rate of recovery of total lymphocyte numbers following cyclophosphamide treatment.

Sublethal irradiation (625Rads) induced a profound lymphopenia such that at 1-week post-treatment, both treatment groups (Cx and ShCx), showed a significant reduction in the

cellularity of both spleen and lymph nodes ( $p \leq 0.001$ ) compared to control mice (Figs. 13A and 13B). By 2 weeks post-irradiation, spleen cell numbers were similar to control values for both castrated and sham-castrated mice (Fig. 13A), whilst lymph node cell numbers were still significantly lower than control values ( $p \leq 0.001$  for sham-castrated mice;  $p \leq 0.01$  for castrated mice) (Fig. 13B). No significant difference was observed between the Cx and ShCx mice.

Figure 10 illustrates the use of chemical castration compared to surgical castration in enhancement of T cell regeneration. The chemical used in this example, Deslorelin (an LHRH-A), was injected for four weeks, and showed a comparable rate of regeneration post-cyclophosphamide treatment compared to surgical castration (Fig. 10). The enhancing effects were equivalent on thymic expansion and also the recovery of spleen and lymph node (Fig 10). The kinetics of chemical castration are slower than surgical, that is, mice take about 3 weeks longer to decrease their circulating sex steroid levels. However, chemical castration is still effective in regenerating the thymus (Fig. 10).

### Discussion

The impact of castration on thymic structure and T cell production was investigated in animal models of immunodepletion. Specifically, Example 2 examined the effect of castration on the recovery of the immune system after sublethal irradiation and cyclophosphamide treatment. These forms of immunodepletion act to inhibit DNA synthesis and therefore target rapidly dividing cells. In the thymus these cells are predominantly immature cortical thymocytes, however all subsets are effected (Fredrickson and Basch, 1994). In normal healthy aged mice, the qualitative and quantitative deviations in peripheral T cells seldom lead to pathological states. However, major problems arise following severe depletion of T cells because of the reduced capacity of the thymus for T cell regeneration. Such insults occur in HIV/AIDS, and particularly following chemotherapy and radiotherapy in cancer treatment (Mackall *et al.* 1995).

In both sublethally irradiated and cyclophosphamide treated mice, castration markedly enhanced thymic regeneration. Castration was carried, out on the same day as and seven days prior to immunodepletion in order to appraise the effect of the predominantly corticosteroid induced, stress response to surgical castration on thymic regeneration. Although increases in

thymus cellularity and architecture were seen as early as one week after immunodepletion, the major differences were observed two weeks after castration. This was the case whether castration was performed on the same day or one week prior to immunodepletion.

Immunohistology demonstrated that in all instances, two weeks after castration the thymic architecture appeared phenotypically normal, while; that of noncastrated mice was disorganised. Pan epithelial markers demonstrated that immunodepletion caused a collapse in cortical epithelium and a general disruption of thymic architecture in the thymii of noncastrated mice. Medullary markers supported this finding. Interestingly, one of the first features of castration-induced thymic regeneration was a marked upregulation in the extracellular matrix, identified by MTS 16.

Flow cytometry analysis data illustrated a significant increase in the number of cells in all thymocyte subsets in castrated mice, corresponding with the immunofluorescence. At each time point, there was a synchronous increase in all CD4, CD8 and  $\alpha\beta$ -TCR - defined subsets following immunodepletion and castration. This is an unusual but consistent result, since T cell development is a progressive process it was expected that there would be an initial increase in precursor cells (contained within the CD4<sup>+</sup>CD8<sup>+</sup> gate) and this may have occurred before the first time point. Moreover, since precursors represent a very small proportion of total thymocytes, a shift in their number may not have been, detectable. The effects of castration on other cells, including macrophages and granulocytes were also analysed. In general there was little alteration in macrophage and granulocyte numbers within the thymus.

In both irradiation and cyclophosphamide models of immunodepletion thymocyte numbers peaked at every two weeks and decreased four weeks after treatment. Almost immediately after irradiation or chemotherapy, thymus weight and cellularity decreased dramatically and approximately 5 days later the first phase of thymic regeneration begun. The first wave of reconstitution (days 5-14) was brought about by the proliferation of radioresistant thymocytes (predominantly double negatives) which gave rise to all thymocyte subsets (Penit and Ezine 1989). The second decrease, observed between days 16 and 22 was due to the limited proliferative ability of the radioresistant cells coupled with a decreased production of thymic precursors by the bone marrow (also effected by irradiation). The second regenerative phase was

due to the replenishment of the thymus with bone marrow derived precursors (Huiskamp *et al.*, 1983).

It is important to note that in adult mice the development from a HSC to a mature T cell takes approximately 28 days (Shortman *et al.*, 1990). Therefore, it is not surprising that little  
5 change was seen in peripheral T cells up to four weeks after treatment. The periphery would be supported by some thymic export, but the majority of the T cells found in the periphery up to four weeks after treatment would be expected to be proliferating cyclophosphamide or irradiation resistant clones expanding in the absence of depleted cells. Several long term changes in the periphery would be expected post-castration including, most importantly, a diversification of the  
10 TCR repertoire due to an increase in thymic export. Castration did not effect the peripheral recovery of other leukocytes, including B cells, macrophages and granulocytes.

### **EXAMPLE 3**

#### **THYMIC REGENERATION FOLLOWING INHIBITION OF SEX STEROIDS** **RESULTS IN RESTORATION OF DEFICIENT PERIPHERAL T CELL FUNCTION**

15 Materials and methods were as described in Examples 1 and 2.

To determine the functional consequences of thymus regeneration (*e.g.*, whether castration can enhance the immune response, Herpes Simplex Virus (HSV) immunization was examined as it allows the study of disease progression and role of CTL (cytotoxic) T cells. Castrated mice were found to have a qualitatively and quantitatively improved responsiveness to  
20 the virus.

Mice were immunized in the footpad and the popliteal (draining) lymph node analyzed at D5 post-immunization. In addition, the footpad was removed and homogenized to determine the virus titer at particular time-points throughout the experiment. The regional (popliteal) lymph node response to HSV-1 infection (Figs. 14-19) was examined.

25 A significant decrease in lymph node cellularity was observed with age (Figs. 14A, 14B, and 16). At D5 (*i.e.*, 5 days) post-immunisation, the castrated mice have a significantly larger lymph node cellularity than the aged mice (Fig. 16). Although no difference in the proportion of

activated ( $CD8^+CD25^+$ ) cells was seen with age or post-castration (Fig. 17A), activated cell numbers within the lymph nodes were significantly increased with castration when compared to the aged controls (Fig. 17B). Further, activated cell numbers correlated with that found for the young adult (Fig. 17B), indicating that CTLs were being activated to a greater extent in the castrated mice, but the young adult may have an enlarged lymph node due to B cell activation. This was confirmed with a CTL assay detecting the proportion of specific lysis occurring with age and post-castration (Fig. 18). Aged mice showed a significantly reduced target cell lysis at effector:target ratios of 10:1 and 3:1 compared to young adult (2-month) mice (Fig. 18). Castration restored the ability of mice to generate specific CTL responses post-HSV infection (Fig. 18).

In addition, while overall expression of V $\beta$ 10 by the activated cells remained constant with age (Fig. 19A), a subgroup of aged (18-month) mice showed a diminution of this clonal response (Figs. 15A-C). By six weeks post-castration, the total number of infiltrating lymph node cells and the number of activated  $CD25^+CD8^+$  cells had increased to young adult levels (Figs. 16 and 17B). More importantly however, castration significantly enhanced the CTL responsiveness to HSV-infected target cells, which was greatly reduced in the aged mice (Fig. 18) and restored the CD4:CD8 ratio in the lymph nodes (Fig. 19B). Indeed, a decrease in CD4+ T cells in the draining lymph nodes was seen with age compared to both young adult and castrated mice (Fig. 19B), thus illustrating the vital need for increased production of T cells from the thymus throughout life, in order to get maximal immune responsiveness.

#### **EXAMPLE 4**

#### **INHIBITION OF SEX STEROIDS ENHANCES UPTAKE OF NEW HAEMOPOIETIC PRECURSOR CELLS INTO THE THYMUS WHICH ENABLES CHIMERIC MIXTURES OF HOST AND DONOR LYMPHOID CELLS (T, B, AND DENDRITIC CELLS)**

Materials and methods were as described in Examples 1 and 2.

Previous experiments have shown that microchimera formation plays an important role in organ transplant acceptance. Dendritic cells have also been shown to play an integral role in tolerance to graft antigens. Therefore, the effects of castration on thymic chimera formation and dendritic cell number was studied.

5 In order to assess the role of stem cell uptake in thymus regeneration, a young (3 month-old) congenic mouse model of bone marrow transplantation (BMT) was used. To do this, 3-4 month-old C57BL6/J mice were subjected to 5.5Gy irradiation twice over a 3-hour interval (lethal irradiation). One hour following the second irradiation dose, the irradiated mice were reconstituted by intravenous injection of  $5 \times 10^6$  bone marrow cells from donor 2-month old  
10 congenic C57Bl6/J Ly5.1<sup>+</sup> mice.

For the syngeneic experiments, 4 three month old mice were used per treatment group. All controls were age matched and untreated.

The total thymus cell numbers of castrated and noncastrated reconstituted mice were compared to untreated age matched controls and are summarized in Fig. 20A. As shown in Fig.  
15 20A, in mice castrated 1 day prior to reconstitution, there was a significant increase ( $p \leq 0.01$ ) in the rate of thymus regeneration compared to sham-castrated (ShCx) control mice. Thymus cellularity in the sham-castrated mice was below untreated control levels ( $7.6 \times 10^7 \pm 5.2 \times 10^6$ ) 2 and 4 weeks after congenic BMT, while thymus cellularity of castrated mice had increased above control levels at 4-weeks post-BMT (Fig. 20A). At 6 weeks, cell number remained below  
20 control levels, however, those of castrated mice was three fold higher than the noncastrated mice ( $p \leq 0.05$ ) (Fig. 20A).

There were also significantly more cells ( $p \leq 0.05$ ) in the BM of castrated mice 4 weeks after BMT (Fig. 20D). BM cellularity reached untreated control levels ( $1.5 \times 10^7 \pm 1.5 \times 10^6$ ) in the  
25 sham-castrates by 2 weeks, whereas BM cellularity was increased above control levels in castrated mice at both 2 and 4 weeks after congenic BMT (Fig. 20D). Mesenteric lymph node cell numbers were decreased 2-weeks after irradiation and reconstitution, in both castrated and noncastrated mice; however, by the 4 week time point cell numbers had reached control levels.



There was no statistically significant difference in lymph node cell number between castrated and noncastrated treatment groups (Fig. 20C). Spleen cellularity reached untreated control levels ( $1.5 \times 10^7 \pm 1.5 \times 10^6$ ) in the sham-castrates and castrates by 2 weeks, but dropped off in the sham group over 4-6 weeks, whereas the castrated mice still had high levels of spleen cells (Fig. 20B).  
5 Again, castrated mice showed increased lymphocyte numbers at these time points (*i.e.*, 4 and 6 weeks post-reconstitution) compared to non-castrated mice ( $p \leq 0.05$ ) although no difference in total spleen cell number between castrated and noncastrated treatment groups was seen at 2-weeks (Fig. 20B).

Thus, in mice castrated 1 day prior to reconstitution, there was a significant increase  
10 ( $p \leq 0.01$ ) in the rate of thymus regeneration compared to sham-castrated (ShCx) control mice (Fig. 20A). Thymus cellularity in the sham-castrated mice was below untreated control levels ( $7.6 \times 10^7 \pm 5.2 \times 10^6$ ) 2 and 4 weeks after congenic BMT, while thymus cellularity of castrated mice had increased above control levels at 4-weeks post-BMT (Fig. 20A). Castrated mice had significantly increased congenic (Ly5.2) cells compared to non-castrated animals (data not  
15 shown).

In noncastrated mice, there was a profound decrease in thymocyte number over the 4 week time period, with little or no evidence of regeneration (Fig. 21A). In the castrated group, however, by two weeks there was already extensive thymopoiesis which by four weeks had returned to control levels, being 10 fold higher than in noncastrated mice. Flow cytometric  
20 analysis of the thymii with respect to CD45.2 (donor-derived antigen) demonstrated that no donor derived cells were detectable in the noncastrated group at 4 weeks, but remarkably, virtually all the thymocytes in the castrated mice were donor-derived at this time point (Fig. 21B). Given this extensive enhancement of thymopoiesis from donor-derived haemopoietic precursors, it was important to determine whether T cell differentiation had proceeded normally.  
25 CD4, CD8 and TCR defined subsets were analysed by flow cytometry. There were no proportional differences in thymocytes subset proportions 2 weeks after reconstitution (Fig. 22). This observation was not possible at 4 weeks, because the noncastrated mice were not reconstituted with donor-derived cells. However, at this time point the thymocyte proportions in castrated mice appear normal.

Two weeks after foetal liver reconstitution there were significantly more donor-derived, myeloid dendritic cells (defined as CD45.2+ Mac1+ CD11C+) in castrated mice than noncastrated mice, the difference was 4-fold ( $p < 0.05$ ). Four weeks after treatment the number of donor-derived myeloid dendritic cells remained above the control in castrated mice (Fig. 23A).

5 Two weeks after foetal liver reconstitution the number of donor derived lymphoid dendritic cells (defined as CD45.2+Mac1-CD11C+) in the thymus of castrated mice was double that found in noncastrated mice. Four weeks after treatment the number of donor-derived lymphoid dendritic cells remained above the control in castrated mice (Fig. 23B).

10 Immunofluorescent staining for CD11C, epithelium (antikeratin) and CD45.2 (donor-derived marker) localized dendritic cells to the corticomedullary junction and medullary areas of thymii 4 weeks after reconstitution and castration. Using colocalization software, donor-derivation of these cells was confirmed (data not shown). This was supported by flow cytometry data suggesting that 4 weeks after reconstitution approximately 85% of cells in the thymus are donor derived.

15 Cell numbers in the bone marrow of castrated and noncastrated reconstituted mice were compared to those of untreated age matched controls and are summarized in Fig. 24A. Bone marrow cell numbers were normal two and four weeks after reconstitution in castrated mice. Those of noncastrated mice were normal at two weeks but dramatically decreased at four weeks ( $p < 0.05$ ). Although, at this time point the noncastrated mice did not reconstitute with donor-  
20 derived cells.

Flow cytometric analysis of the bone marrow with respect to CD45.2 (donor-derived antigen) established that no donor derived cells were detectable in the bone marrow of noncastrated mice 4 weeks after reconstitution, however, almost all the cells in the castrated mice were donor- derived at this time point (Fig. 24B).

25 Two weeks after reconstitution the donor-derived T cell numbers of both castrated and noncastrated mice were markedly lower than those seen in the control mice ( $p < 0.05$ ). At 4 weeks there were no donor-derived T cells in the bone marrow of noncastrated mice and T cell number remained below control levels in castrated mice (Fig. 25A).

Donor-derived, myeloid and lymphoid dendritic cells were found at control levels in the bone marrow of noncastrated and castrated mice 2 weeks after reconstitution. Four weeks after treatment numbers decreased further in castrated mice and no donor-derived cells were seen in the noncastrated group (Fig. 25B).

5           Spleen cell numbers of castrated and noncastrated reconstituted mice were compared to untreated age matched controls and the results are summarised in Fig. 27A. Two weeks after treatment, spleen cell numbers of both castrated and noncastrated mice were approximately 50% that of the control. By four weeks, numbers in castrated mice were approaching normal levels, however, those of noncastrated mice remained decreased. Analysis of CD45.2 (donor-derived)  
10   flow cytometry data demonstrated that there was no significant difference in the number of donor derived cells of castrated and noncastrated mice, 2 weeks after reconstitution (Fig. 27B). No donor derived cells were detectable in the spleens of noncastrated mice at 4 weeks, however, almost all the spleen cells in the castrated mice were donor derived.

          Two and four weeks after reconstitution there was a marked decrease in T cell number in  
15   both castrated and noncastrated mice ( $p < 0.05$ ) (Fig. 28A). Two weeks after foetal liver reconstitution donor-derived myeloid and lymphoid dendritic cells (Figs. 28A and 28B, respectively) were found at control levels in noncastrated and castrated mice. At 4 weeks no donor derived dendritic cells were detectable in the spleens of noncastrated mice and numbers remained decreased in castrated mice.

20           Lymph node cell numbers of castrated and noncastrated, reconstituted mice were compared to those of untreated age matched controls and are summarised in Fig. 26A. Two weeks after reconstitution cell numbers were at control levels in both castrated and noncastrated mice. Four weeks after reconstitution, cell numbers in castrated mice remained at control levels but those of noncastrated mice decreased significantly (Fig. 26B). Flow cytometry analysis with  
25   respect to CD45.2 suggested that there was no significant difference in the number of donor-derived cells, in castrated and noncastrated mice, 2 weeks after reconstitution (Fig. 26B). No donor derived cells were detectable in noncastrated mice 4 weeks after reconstitution. However, virtually all lymph node cells in the castrated mice were donor-derived at the same time point.

Two and four weeks after reconstitution donor-derived T cell numbers in both castrated and noncastrated mice were lower than control levels. At 4 weeks the numbers remained low in castrated mice and there were no donor-derived T cells in the lymph nodes of noncastrated mice (Fig. 29). Two weeks after foetal liver reconstitution donor-derived, myeloid and lymphoid dendritic cells were found at control levels in noncastrated and castrated mice (Figs. 29A and 29B, respectively). Four weeks after treatment the number of donor-derived myeloid dendritic cells fell below the control, however, lymphoid dendritic cell number remained unchanged

Thus, castrated mice had significantly increased congenic (Ly5.2) cells compared to non-castrated animals. The observed increase in thymus cellularity of castrated mice was predominantly due to increased numbers of donor-derived thymocytes (Figs. 21 and 23), which correlated with increased numbers of HSC ( $\text{Lin}^- \text{c-kit}^+ \text{sca-1}^+$ ) in the bone marrow of the castrated mice. In addition, castration enhanced generation of B cell precursors and B cells in the marrow following BMT, although this did not correspond with an increase in peripheral B cell numbers at the time-points. Thus, thymic regeneration most likely occurs through synergistic effects on stem cell content in the marrow and their uptake and/or promotion of intrathymic proliferation and differentiation. Importantly, intrathymic analysis demonstrated a significant increase ( $p \leq 0.05$ ) in production of donor-derived DC in Cx mice compared to ShCx mice (Fig. 23B) concentrated at the corticomedullary junction as is normal for host DC (data not shown). In all cases of thymic reconstitution, thymic structure and cellularity was identical to that of young mice (data not shown).

These HSC transplants (BM or fetal liver) clearly showed the development of host DC's (and T cells) in the regenerating thymus in a manner identical to that which normally occurs in the thymus. There was also a reconstitution of the spleen and lymph node in the transplanted mice which was much more profound in the castrated mice at 4 weeks (see, *e.g.*, Figs. 24, 26, 27, 28, and 29). Since the host HSC clearly enter the patient thymus and create DC which localize in the same regions as host DC in the normal thymus (confirmed by immunohistology; data not shown) it is highly likely that such chimeric thymii will generate T cells tolerant to the donor (by negative selection occurring in donor-reactive T cells after contacting donor DC). This establishes a clear approach to inducing transplantation tolerance because it is long lasting

(because the donor HSC are self-renewing) and not requiring prolonged immunosuppression, being due to the actual death of potentially reactive clones.

In a parallel set of experiments, 3 month old, young adults, C57/BL6 mice were castrated or sham-castrated 1 day prior to BMT. For congenic BMT, the mice were subjected to 800RADS TBI and IV injected with  $5 \times 10^6$  Ly5.1<sup>+</sup> BM cells. Mice were killed 2 and 4 weeks later and the BM, thymus and spleen were analyzed for immune reconstitution. Donor/Host origin was determined with anti-CD45.1 antibody, which only reacts with leukocytes of donor origin.

The results from this parallel set of experiments are shown in Figs. 30-39.

#### Discussion

Example 4 shows the influence of castration on syngeneic and congenic bone marrow transplantation. Starzl *et al.* (1992) reported that microchimeras evident in lymphoid and nonlymphoid tissue were a good prognostic indicator for allograft transplantation. That is it was postulated that they were necessary for the induction of tolerance to the graft (Starzl *et al.*, 1992). Donor-derived dendritic cells were present in these chimeras and were thought to play an integral role in the avoidance of graft rejection (Thomson and Lu, 1999). Dendritic cells are known to be key players in the negative selection processes of thymus and if donor-derived dendritic cells were present in the recipient thymus, graft reactive T cells may be deleted.

In order to determine if castration would enable increased chimera formation, a study was performed using syngeneic foetal liver transplantation. The results showed an enhanced regeneration of thymii of castrated mice. These trends were again seen when the experiments were repeated using congenic (Ly5) mice. Due to the presence of congenic markers, it was possible to assess the chimeric status of the mice. As early as two weeks after foetal liver reconstitution there were donor-derived dendritic cells detectable in the thymus, the number in castrated mice being four-fold higher than that in noncastrated mice. Four weeks after reconstitution the noncastrated mice did not appear to be reconstituted with donor derived cells, suggesting that castration may in fact increase the probability of chimera formation. Given that

castration not only increases thymic regeneration after lethal irradiation and foetal liver reconstitution and that it also increases the number of donor-derived dendritic cells in the thymus, along-side stem cell transplantation this approach increases the probability of graft acceptance.

5

### **EXAMPLE 5**

#### **T CELL DEPLETION**

In order to prevent interference with the graft by the existing T cells in the potential graft recipient patient, the patient underwent T cell depletion. One standard procedure for this step is as follows. The human patient received anti-T cell antibodies in the form of a daily injection of  
10 15mg/kg of Atgam (xeno anti-T cell globulin, Pharmacia Upjohn) for a period of 10 days in combination with an inhibitor of T cell activation, cyclosporin A, 3mg/kg, as a continuous infusion for 3-4 weeks followed by daily tablets at 9mg/kg as needed. This treatment did not affect early T cell development in the patient's thymus, as the amount of antibody necessary to have such an affect cannot be delivered due to the size and configuration of the human thymus.  
15 The treatment was maintained for approximately 4-6 weeks to allow the loss of sex steroids followed by the reconstitution of the thymus.

The prevention of T cell reactivity may also be combined with inhibitors of second level signals such as interleukins, accessory molecules (*e.g.*, antibodies blocking, *e.g.*, CD28), signal transduction molecules or cell adhesion molecules to enhance the T cell ablation. The thymic  
20 reconstitution phase would be linked to injection of donor HSC (obtained at the same time as the organ or tissue in question either from blood – pre-mobilized from the blood with G-CSF (2 intradermal injections/day for 3 days) or collected directly from the bone marrow of the donor. The enhanced levels of circulating HSC would promote uptake by the thymus (activated by the absence of sex steroids and/or the elevated levels of GnRH). These donor HSC would develop  
25 into intrathymic dendritic cells and cause deletion of any newly formed T cells which by chance would be “donor-reactive”. This would establish central tolerance to the donor cells and tissues and thereby prevent or greatly minimize any rejection by the host. The development of a new repertoire of T cells would also overcome the immunodeficiency caused by the T cell-depletion regime.

The depletion of peripheral T cells minimizes the risk of graft rejection because it depletes non-specifically all T cells including those potentially reactive against a foreign donor. Simultaneously, however, because of the lack of T cells the procedure induces a state of generalized immunodeficiency which means that the patient is highly susceptible to infection, particularly viral infection. Even B cell responses will not function normally in the absence of appropriate T cell help.

### **EXAMPLE 6**

#### **SEX STEROID ABLATION THERAPY**

The patient was given sex steroid ablation therapy in the form of delivery of an LHRH agonist. This was given in the form of either Leucrin (depot injection; 22.5mg) or Zoladex (implant; 10.8 mg), either one as a single dose effective for 3 months. This was effective in reducing sex steroid levels sufficiently to reactivate the thymus. In other words, the serum levels of sex steroids were undetectable (castrate; <0.5ng/ml blood). In some cases it is also necessary to deliver a suppresser of adrenal gland production of sex steroids. Caused (5mg/day) as one tablet per day may be delivered for the duration of the sex steroid ablation therapy. Adrenal gland production of sex steroids makes up around 10-15% of a human's steroids.

Reduction of sex steroids in the blood to minimal values took about 1-3 weeks; concordant with this was the reactivation of the thymus. In some cases it is necessary to extend the treatment to a second 3 month injection/implant. The thymic expansion may be increased by simultaneous enhancement of blood HSC either as an allogeneic donor (in the case of grafts of foreign tissue) or autologous HSC (by injecting the host with G-CSF to mobilize these HSC from the bone marrow to the thymus).

**EXAMPLE 7**

**ALTERNATIVE DELIVERY METHOD**

In place of the 3 month depot or implant administration of the LHRH agonist, alternative methods can be used. In one example the patient's skin may be irradiated by a laser such as an Er:YAG laser, to ablate or alter the skin so as to reduce the impeding effect of the stratum corneum.

**Laser Ablation or Alteration.** An infrared laser radiation pulse was formed using a solid state, pulsed, Er:YAG laser consisting of two flat resonator mirrors, an Er:YAG crystal as an active medium, a power supply, and a means of focusing the laser beam. The wavelength of the laser beam was 2.94 microns. Single pulses were used.

The operating parameters were as follows: The energy per pulse was 40, 80 or 120 mJ, with the size of the beam at the focal point being 2 mm, creating an energy fluence of 1.27, 2.55 or 3.82 J/cm<sup>2</sup>. The pulse temporal width was 300 μs, creating an energy fluence rate of 0.42, 0.85 or 1.27 x 10<sup>4</sup> W/cm<sup>2</sup>.

Subsequently, an amount of LHRH agonist is applied to the skin and spread over the irradiation site. The LHRH agonist may be in the form of an ointment so that it remains on the site of irradiation. Optionally, an occlusive patch is placed over the agonist in order to keep it in place over the irradiation site.

Optionally a beam splitter is employed to split the laser beam and create multiple sites of ablation or alteration. This provides a faster flow of LHRH agonist through the skin into the blood stream. The number of sites can be predetermined to allow for maintenance of the agonist within the patient's system for the requisite approximately 30 days.

**Pressure Wave.** A dose of LHRH agonist is placed on the skin in a suitable container, such as a plastic flexible washer (about 1 inch in diameter and about 1/16 inch thick), at the site where the pressure wave is to be created. The site is then covered with target material such as a black polystyrene sheet about 1 mm thick. A Q-switched solid state ruby laser (20 ns pulse duration, capable of generating up to 2 joules per pulse) is used to generate the laser beam, which



hits the target material and generates a single impulse transient. The black polystyrene target completely absorbs the laser radiation so that the skin is exposed only to the impulse transient, and not laser radiation. No pain is produced from this procedure. The procedure can be repeated daily, or as often as required, to maintain the circulating blood levels of the agonist.

5

### **EXAMPLE 8**

#### **ADMINISTRATION OF DONOR HSC**

Where practical, the level of hematopoietic stem cells (HSC) in the donor blood is enhanced by injecting into the donor granulocyte-colony stimulating factor (G-CSF) at 10µg/kg for 2-5 days prior to cell collection (*e.g.*, one or two injections of 10µg/kg per day for each of 2-5 days). CD34<sup>+</sup> donor cells are purified from the donor blood or bone marrow, such as by using a flow cytometer or immunomagnetic beading. Antibodies that specifically bind to human CD34 are commercially available (from, *e.g.*, Research Diagnostics Inc., Flanders, NJ). Donor-derived HSC are identified by flow cytometry as being CD34<sup>+</sup>. These CD34<sup>+</sup> HSC may also be expanded by in vitro culture using feeder cells (*e.g.*, fibroblasts), growth factors such as stem cell factor (SCF), and LIF to prevent differentiation into specific cell types. At approximately 3-4 weeks post LHRH agonist delivery (*i.e.*, just before or at the time the thymus begins to regenerate) the patient is injected with the donor HSC, optimally at a dose of about 2-4 x 10<sup>6</sup> cells/kg. G-CSF may also be injected into the recipient to assist in expansion of the donor HSC. If this timing schedule is not possible because of the critical nature of clinical condition, the HSC could be administered at the same time as the GnRH. It may be necessary to give a second dose of HSC 2-3 weeks later to assist in the thymic regrowth and the development of donor DC (particularly in the thymus). Once the HSC have engraftment (*i.e.*, have incorporated into the bone marrow and thymus), the effects should be permanent since the HSC are self-renewing.

25        The reactivated thymus takes up the purified HSC and converts them into donor-type T cells and dendritic cells, while converting the recipient's HSC into recipient-type T cells and dendritic cells. By inducing deletion by cell death, or by inducing tolerance through

immunoregulatory cells, the donor and host dendritic cells will tolerize any new T cells that are potentially reactive with donor or recipient.

### **EXAMPLE 9**

#### **TRANSPLANTATION OF GRAFT HSC**

In one embodiment of the invention, while the recipient is still undergoing continuous T cell depletion immunosuppressive therapy, the HSC are transplanted from the donor to the recipient patient. The recipient thymus has been activated by GnRH treatment and infiltrated by exogenous HSC.

10        Within about 3-4 weeks of LHRH therapy the first new T cells will be present in the blood stream of the recipient. However, in order to allow production of a stable chimera of host and donor hematopoietic cells, immunosuppressive therapy may be maintained for about 3-4 months. The new T cells will be purged of potentially donor reactive and host reactive cells, due to the presence of both donor and host DC in the reactivating thymus. Having been positively  
15        selected by the host thymic epithelium, the T cells will retain the ability to respond to normal infections by recognizing peptides presented by host APC in the peripheral blood of the recipient. The incorporation of donor dendritic cells into the recipient's lymphoid organs establishes an immune system situation virtually identical to that of the host alone, other than the tolerance of donor cells, tissue and organs. Hence, normal immunoregulatory mechanisms are  
20        present. These may also include the development of regulatory T cells which switch on or off immune responses using cytokines such as IL4, 5, 10, TGF-beta, TNF-alpha.

### **EXAMPLE 10**

#### **IMMUNIZATION AND PREVENTION OF VIRAL INFECTION (INFLUENZA)**

25        Influenza viruses are segmented RNA viruses that cause highly contagious acute respiratory infections. These viruses are endemic in man, where they are particularly devastating

for the very young and the very old. The major problem associated with vaccine development against influenza is that these viruses have the ability to escape immune surveillance and remain in a host population. This escape is associated with changes in antigenic sites on the hemagglutinin (HA) and neuraminidase (N) envelope glycoproteins by phenomena termed antigenic drift and antigenic shift. Antigenic drift occurs when a subtype of an influenza virus H (for example H3) is selected for antigenic determinants that are not recognized by the anti-H3 antibody present in a population. This allows the virus to superinfect individuals who have already been infected by an H3 virus. Antigenic shift occurs when the influenza virus segmented genome reassorts to acquire an H belonging to another subtype (for example H2 instead of H3).

10 The primary correlate for protection against influenza virus is neutralizing antibody against HA protein that undergoes strong selection for antigenic drift and shift. However, much more conserved antigenic cross-reactivities for different strains of influenza virus occur between internal proteins, such as the nucleoprotein (NP) (Shu, Bean and Webster, 1993). CTL and protection from influenza challenge following immunization with a polynucleotide encoding NP

15 has previously been shown (*Science* 259:1745 (1993)).

#### Materials and Methods

**Surgical Castration.** BALB/c mice are anesthetized by intraperitoneal injection of 30-40 µl of a mixture of 5 ml of 100 mg/ml ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) plus 1 ml of 20 mg/ml xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) in saline. Surgical castration is performed as described elsewhere herein by a scrotal incision, revealing the testes, which are tied with suture and then removed along with surrounding fatty tissue. The wound is closed using surgical staples. Sham-castrated mice prepared following the above procedure without removal of the testes are used as controls.

20

**Chemical castration.** Mice are injected subcutaneously with 10 mg/kg Lupron (a GnRH agonist) as a 1 month slow release formulation. Alternatively mice are injected with a GnRH antagonist (*e.g.*, Cetrorelix or Abarelix). Confirmation of loss of sex steroids is performed by standard radioimmunoassay of plasma samples following manufacturer's instructions. Castrate levels (<0.5 ng testosterone or estrogen /ml) should normally be achieved by 3-4 weeks post injection.

25

**Preparation of influenza A/PR/8/34 subunit vaccine.** Purified influenza A/PR/8/34 (H1N1) subunit vaccine preparation is prepared following methods known in the art. Briefly, the surface hemagglutinin (HA) and neuraminidase (NA) antigens from influenza A/PR/8/34 particles are extracted using a non-ionic detergent (7.5% N-octyl- $\beta$ -D-thioglucoopyranoside).

5 After centrifugation, the HA/NA-rich supernatant (55% HA) is used as the subunit vaccine.

**Influenza A/PR/8/34 subunit immunization.** Approximately 6 weeks following surgical castration or about 8 weeks following chemical castration, mice are immunized with 100  $\mu$ l of formalin-inactivated influenza A/PR/8/34 virus (about 7000 HAU) injected subcutaneously. At these time points, thymic rejuvenation has occurred in both models of castration and the peripheral T cell pool has been replenished with naïve T cells recently exported from the thymus. The loss of sex steroids can also have a marked effect on the stimulatory capacity of new and pre-existing T cells in that they show a markedly enhanced proliferation to stimulation by antigen, which can occur within 7-10 days post surgical castration.

15 Booster immunizations can optionally be performed at about 4 weeks (or later) following the primary immunization. Freund's complete adjuvant (CFA) is used for the primary immunization and Freund's incomplete adjuvant is used for the optional booster immunizations.

Alternatively, the influenza A/PR/8/34 subunit vaccine preparation (see above) may be intramuscularly injected directly into, *e.g.*, the quadriceps muscle, at a dose of about 1  $\mu$ g to about 10  $\mu$ g dilute in a volume of 40  $\mu$ l sterile 0.9% saline.

20 **Plasmid DNA.** Preparation of plasmid DNA expression vectors are readily known in the art (see, *e.g.*, Current Protocols In Immunology, Unit 2.14, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002). Briefly, the complete influenza A/PR/8/34 nucleoprotein (NP) gene or hemagglutinin (HA) coding sequence is cloned into an expression vector, such as, pCMV, which is under the transcriptional control of the  
25 cytomegalovirus (CMV) immediate early promoter.

Empty plasmid (*e.g.*, pCMV with no insert) is used as a negative control. Plasmids are grown in *Escherichia coli* DH5 $\alpha$  or HB101 cells using standard techniques and purified using QIAGEN ULTRA-PURE-100 columns (Chatsworth, CA) according to manufacturer's

instructions. All plasmids are verified by appropriate restriction enzyme digestion and agarose gel electrophoresis. Purity of DNA preparations is determined by optical density readings at 260 and 280 nm. All plasmids are resuspended in TE buffer and stored at  $-20^{\circ}\text{C}$  until use.

**DNA immunization.** Methods of DNA immunization are well known in the art. For instance, methods of intradermal, intramuscular, and particle-mediated (“gene gun”) DNA immunizations are described in detail in, *e.g.*, Current Protocols In Immunology, Unit 2.14, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002).

Cytokine-encoding DNAs are optionally administered to shift the immune response to a desired Th1- or a Th2-type immune response. Th1-inducing genetic adjuvants include, *e.g.*, IFN- $\gamma$  and IL-12. Th2-inducing genetic adjuvants include, *e.g.*, IL-4, IL-5, and IL-10. For review of the preparation and use of Th1- and Th2- inducing genetic adjuvants in the induction of immune response, see, *e.g.*, Robinson, *et al.* (2000) *Adv. Virus Res.* 55:1-74.

**Influenza A/PR/8/34 virus challenge.** In an effort to determine if castrated mice are better protected from influenza virus challenge (with and without vaccination) as compared to their sham-castrated counterparts, metofane-anesthetized mice are challenged by intranasal inoculation of 50  $\mu\text{l}$  of influenza A/PR/8/34 (H1N1) influenza virus containing allantoic fluid diluted  $10^{-4}$  in PBS/2% BSA (50-100 LD<sub>50</sub>; 0.25 HAU). Mice are weighed daily and sacrificed following >20% loss of pre-challenge weight. At this dose of challenge virus, 100% of naïve mice should succumb to influenza infection by 4-6 days.

Sublethal infections are optionally done prior assays to activate memory T cells, but use a  $10^{-7}$  dilution of virus. Sublethal infections may also be optionally done to determine if non-immunized, castrated mice have better immune responses than the sham castrated controls, as determined by ELISA, cytokine assays (Th), CTL assays, *etc.* outlined below. Viral titers for lethal and sublethal infections may be optimized prior to use in these experiments.

**Enzyme-linked immunosorbant assays.** At various time periods pre- and post-immunization (or pre- and post- infection), mice from each group are bled, and individual mouse serum is tested using standard quantitative enzyme-linked immunosorbant assays (ELISA) to

assess anti-HA or -NP specific IgG levels in the serum. IgG1 and IgG2a levels may optionally be tested, which are known to correlate with Th2 and Th1-type antibody responses, respectively. Briefly, sucrose gradient-purified A/PR/8/34 influenza virus is disrupted in flu lysis buffer (0.05 M Tris-HCL (pH 7.5-7.8), 0.5% TritonX-100, 0.6 M KCl) for 5 minutes at room temperature.

5 Ninety-six well ELISA plates (Corning, Corning, NY) are coated with 200 HAU influenza in carbonate buffer (0.8 g Na<sub>2</sub>CO<sub>3</sub>, 1.47 g NaHCO<sub>3</sub>, 500 ml ddH<sub>2</sub>O, pH to 9.6) and incubated overnight 4°C. Plates are blocked with 200 µl of 1% BSA in PBS for 1 hour at 37°C and washed 5 times with PBS/0.025% Tween-20. Samples and standards are diluted in Standard Dilution Buffer (SDB) (0.5% BSA in PBS), added to microtiter plates at 50 µl per well, and incubated at 10 37°C for 90 min. Following binding of antibody, plates are washed 5 times. Fifty microliters of HRP-labeled goat anti-mouse Ig subtype antibody (Southern Biotechnology Associates) is then added at optimized concentrations in SDB, and plates are incubated for 1 hour at 37°C. After washing plates 5 times, 100 µl of ABTS substrate (10 ml 0.05 M Citrate (pH 4.0), 5 ul 30% H<sub>2</sub>O<sub>2</sub>, 50 ul 40 mM ABTS) is added. Color is allowed to develop at room temperature for 30 15 min., and the reaction is stopped by adding 10 µl of 10% SDS. Plates are read at O.D.<sub>405</sub>. Data are analyzed using Softmax Pro Version 2.21 computer software (Molecular Devices, Sunnyvale, CA).

**Preparation and stimulation of splenocytes for cytokine production.** Spleens are harvested from the various groups of mice (n=2-3) and pooled in p60 petri dishes containing 20 about 4ml RPMI-10 media (RPMI-1640, 10% fetal bovine serum, 50 µg/ml gentamycin). All steps in splenocyte preparations and stimulations are done aseptically. Spleens are minced with curved scissors into fine pieces and then drawn through a 5 cc syringe attached to an 18G needle several times to thoroughly resuspend cells. Cells are then expelled through a nylon mesh strainer into a 50 ml polypropylene tube. Cells are washed with RPMI-10, red blood cells were 25 lysed with ACK lysis buffer (Sigma, St. Louis, MO), and washed 3 more times with RPMI-10. Cells were then counted by trypan blue exclusion, and resuspended in RPMI-10 containing 80 U/ml rat IL-2 (Sigma, St. Louis, MO) to a final cell concentration of 2x10<sup>7</sup> cells/ml. Cells to be used for intracellular cytokine staining are stimulated in 96-well flat-bottom plates (Becton Dickenson Labware, Lincoln Park, NJ), and cells to be used for cytokine analysis of bulk culture 30 supernatants are stimulated in 96-well U-bottom plates (Becton Dickenson Labware, Lincoln

Park, NJ). One hundred microliters of cells are dispensed into wells of a 96-well tissue culture plate for a final concentration of  $2 \times 10^6$  cells/well. Stimulations are conducted by adding 100  $\mu$ l of the appropriate peptide or inactivated influenza virus diluted in RPMI-10. CD8<sup>+</sup> T cells are stimulated with either the K<sup>d</sup>-restricted HA<sub>533-541</sub> peptide (IYSTVASSL) (Winter, Fields, and Brownlee, 1981) or the K<sup>d</sup>-restricted NP<sub>147-155</sub> peptide (TYQRTRALV) Rotzchke *et al.*, 1990). CD4<sup>+</sup> T cells are stimulated with inactivated influenza virus (13,000 HAU per well of boiled influenza virus plus 13,000 HAU per well of formalin-inactivated influenza virus) plus anti-CD28 (1  $\mu$ g/ml) and anti-CD49d (1  $\mu$ g/ml) (Waldrop *et al.*, 1998). Negative control stimulations are done with media alone. Cells are then incubated as described below to detect extracellular cytokines by ELISA or intracellular cytokines by FACS staining.

**Chromium release assay for CTL.** CTL responses to influenza HA and NP are measured using procedures well known to those in the art (see, *e.g.*, Current Protocols In Immunology, John E. Coligan *et al.* (eds), Unit 3, Wiley and Sons, New York, NY 1994, and yearly updates including 2002). The synthetic peptide HA<sub>533-541</sub> IYSTVASSL (Winter, Fields, and Brownlee, 1981) or NP<sub>147-155</sub> TYQRTRALV (Rotzschke *et al.*, 1990) are used as the peptide in the target preparation step. Responder splenocytes from each animal are washed with RPMI-10 and resuspended to a final concentration of  $6.3 \times 10^6$  cells/ml in RPMI-10 containing 10 U/ml rat IL-2 (Sigma, St. Louis, MO). Stimulator splenocytes are prepared from naïve, syngeneic mice and suspended in RPMI-10 at a concentration of  $1 \times 10^7$  cells/ml. Mitomycin C is added to a final concentration of 25  $\mu$ g/ml. Cells are incubated at 37°C/5%CO<sub>2</sub> for 30 minutes and then washed 3 times with RPMI-10. The stimulator cells are then resuspended to a concentration of  $2.4 \times 10^6$  cells/ml and pulsed with HA peptide at a final concentration of  $9 \times 10^{-6}$ M or with NP peptide at a final concentration of  $2 \times 10^{-6}$ M in RPMI-10 and 10 U/ml IL-2 for 2 hours at 37°C/5% CO<sub>2</sub>. The peptide-pulsed stimulator cells ( $2.4 \times 10^6$ ) and responder cells ( $6.3 \times 10^6$ ) are then co-incubated in 24-well plates in a volume of 2 ml SM media (RPMI-10, 1 mM non-essential amino acids, 1 mM sodium pyruvate) for 5 days at 37°C/5%CO<sub>2</sub>. A chromium-release assay is used to measure the ability of the *in vitro* stimulated responders (now called effectors) to lyse peptide-pulsed mouse mastocytoma P815 cells (MHC matched, H-2d). P815 cells are labeled with <sup>51</sup>Cr by taking 0.1 ml aliquots of p815 in RPMI-10 and adding 25  $\mu$ l FBS and 0.1 mCi radiolabeled sodium chromate (NEN, Boston, MA) in 0.2 ml normal saline. Target cells are incubated for 2

hours at 37°C/5%CO<sub>2</sub>, washed 3 times with RPMI-10 and resuspended in 15 ml polypropylene tubes containing RPMI-10 plus HA (9x10<sup>-6</sup>M) or NP (1x10<sup>-6</sup>) peptide. Targets are incubated for 2 hours at 37°C/5%CO<sub>2</sub>. The radiolabeled, peptide-pulsed targets are added to individual wells of a 96-well plate at 5x10<sup>4</sup> cells per well in RPMI-10. Stimulated responder cells from individual immunization groups (now effector cells) are collected, washed 3 times with RPMI-10, and added to individual wells of the 96-well plate containing the target cells for a final volume of 0.2 ml/well. Effector to target ratios are 50:1, 25:1, 12.5:1 and 6.25:1. Cells are incubated for 5 hours at 37°C/5%CO<sub>2</sub> and cell lysis is measured by liquid scintillation counting of 25 µl aliquots of supernatants. Percent specific lysis of labeled target cells for a given effector cell sample is [100 x (Cr release in sample-spontaneous release sample) / (maximum Cr release-spontaneous release sample)]. Spontaneous chromium release is the amount of radioactive released from targets without the addition of effector cells. Maximum chromium release is the amount of radioactivity released following lysis of target cells after the addition of TritonX-100 to a final concentration of 1%. Spontaneous release should not exceed 15%.

**Detection of IFN $\gamma$  or IL-5 in bulk culture supernatants by ELISA.** Bulk culture supernatants may be tested for IFN $\gamma$  and IL-5 cytokine levels, which are known to correlate with Th1 and Th2-type response, respectively. Pooled splenocytes are incubated for 2 days at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. Supernatants are harvested, pooled and stored at -80°C until assayed by ELISA. All ELISA antibodies and purified cytokines are purchased from Pharmingen (San Diego, CA). Fifty microliters of purified anti-cytokine monoclonal antibody diluted to 5 µg/ml (rat anti-mouse IFN $\gamma$ ) or 3 µg/ml (rat anti-mouse IL-5) in coating buffer (0.1 M NaHCO<sub>3</sub>, pH 8.2) is distributed per well of a 96-well ELISA plate (Corning, Corning, NY) and incubated overnight at 4°C. Plates are washed 6 times with PBS/0.025% Tween-20 (PBS-T) and blocked with 250µl of 2% dry milk/PBS for 90 min. at 37°C. Plates are washed 6 times with PBS-T. Standards (recombinant mouse cytokine) and samples are added to wells at various dilutions in RPMI-10 and incubated overnight at 4°C for maximum sensitivity. Plates are washed 6 times with PBS-T. Biotinylated rat anti-mouse cytokine detecting antibody is diluted in PBS-T to a final concentration of 2 µg/ml and 100 µl was distributed per well. Plates are incubated for 1 hr. at 37°C and then washed 6 times with PBS-T. Streptavidin-AP (Gibco BRL, Grand Island, NY) is diluted 1:2000 according to manufacturer's instructions, and 100 µl is



distributed per well. Plates are incubated for 30 min. and washed an additional 6 times with PBS-T. Plates are developed by adding 100 µl/well of AP developing solution (BioRad, Hercules, CA) and incubating at room temperature for 50 minutes. Reactions are stopped by addition of 100 µl 0.4M NaOH and read at OD<sub>405</sub>. Data are analyzed using Softmax Pro Version 2.21 computer software (Molecular Devices, Sunnyvale, CA).

**Intracellular cytokine staining and FACS analysis.** Splenocytes may be tested for intracellular IFN $\gamma$  and IL-5 cytokine levels, which are known to correlate with Th1 and Th2-type response, respectively. Pooled splenocytes are incubated for 5-6 hours at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. A Golgi transport inhibitor, Monensin (Pharmingen, San Diego, CA), is added at 0.14 µl/well according to the manufacturer's instructions, and the cells are incubated for an additional 5-6 hours (Waldrop *et al.*, 1998). Cells are thoroughly resuspended and transferred to a 96-well U-bottom plate. All reagents (GolgiStop kit and antibodies) are purchased from Pharmingen (San Diego, CA) unless otherwise noted, and all FACS staining steps are done on ice with ice-cold reagents. Plates are washed 2 times with FACS buffer (1x PBS, 2% BSA, 0.1% w/v sodium azide). Cells are surface stained with 50 µl of a solution of 1:100 dilutions of rat anti-mouse CD8 $\beta$ -APC, -CD69-PE, and -CD16/CD32 (Fc $\gamma$ III/RII; 'Fc Block') in FACS buffer. For tetramer staining (see below), cells were similarly stained with CD8 $\beta$ -TriColor, CD69-PE, CD16/CD32, and HA- or NP-tetramer-APC in FACS buffer. Cells are incubated in the dark for 30 min. and washed 3 times with FACS buffer. Cells are permeabilized by thoroughly resuspending in 100 µl of Cytofix/Cytoperm solution per well and incubating in the dark for 20 minutes. Cells are washed 3 times with Permash solution. Intracellular staining is completed by incubating 50 µl per well of a 1:100 dilution of rat anti-mouse IFN $\gamma$ -FITC in Permash solution in the dark for 30 min. Cells are washed 2 times with Permash solution and 1 time with FACS buffer. Cells are fixed in 200 µl of 1% paraformaldehyde solution and transferred to microtubes arranged in a 96-well format. Tubes are wrapped in foil and stored at 4°C until analysis (less than 2 days). Samples are analyzed on a FACScan<sup>®</sup> flow cytometer (Becton Dickenson, San Jose, CA). Compensations are done using single-stained control cells stained with rat anti-mouse CD8-FITC, -PE, -TriColor, or -APC. Results are analyzed using FlowJo Version 2.7 software (Tree Star, San Carlos, CA).

**Tetramers.** HA and NP tetramers may be used to quantitate HA- and NP-specific CD8<sup>+</sup> T cell responses following HA or NP immunization. Tetramers are prepared essentially as described previously (Flynn *et al.*, 1998). The present example utilizes the H-2K<sup>d</sup> MHC class I glycoprotein complexed the synthetic influenza A/PR/8/34 virus peptide HA<sub>533-541</sub> (IYSTVASSL) (Winter, Fields, and Brownlee, 1981) or NP<sub>147-155</sub> (TYQRTRALV) (Rotzschke *et al.*, 1990).

It is noted that the methods described in this example are applicable to a wide array agents, with only minor variations, which would be readily determinable by those skilled in the art.

10

### EXAMPLE 11

#### IMMUNIZATION AND PREVENTION OF PARASITIC INFECTION (MALARIA)

The circumsporozoite protein (CSP) is a target of this pre-erythrocytic immunity (Hoffman *et al. Science* 252: 520 (1991)). In the *Plasmodium yoelii* (*P. yoelii*) rodent model system, passive transfer *P. yoelii* CSP-specific monoclonal antibodies (Charoenvit *et al.*, *J. Immunol.* 146: 1020 (1991)), as well as adoptive transfer of *P. yoelii* CSP-specific CD8<sup>+</sup> T cells (Rodrigues *et al.*, *Int. Immunol.* 3: 579 (1991), Weiss *et al.*, *J. Immunol.* 149: 2103 (1992)) and CD4<sup>+</sup> T cells (Renia *et al. J Immunol.* 150:1471 (1993)) are protective. Numerous vaccines designed to protect mice against sporozoites by inducing immune responses against the *P. yoelii* CSP have been evaluated.

Any *Plasmodium* sporozoite proteins known in the art capable of inducing protection against malaria usable in this invention may be used, such as *P. falciparum*, *P. vivax*, *P. malariae*, and *P. ovale* CSP; SSP2(TRAP); Pfs16 (Sheba); LSA-1; LSA-2; LSA-3; MSA-1 (PMMSA, PSA, p185, p190); MSA-2 (Gymmsa, gp56, 38-45 kDa antigen); RESA (Pf155); EBA-175; AMA-1 (Pf83); SERA (p113, p126, SERP, Pf140); RAP-1; RAP-2; RhopH3; PfHRP-II; Pf55; Pf35; GBP (96-R); ABRA (p101); Exp-1 (CRA, Ag5.1); Aldolase; Duffy binding

protein of *P. vivax*; Reticulocyte binding proteins; HSP70-1 (p75); Pfg25; Pfg28; Pfg48/45; and Pfg230.

### Materials and Methods

**Surgical Castration.** BALB/c mice are anesthetized by intraperitoneal injection of 30-40  
5 µl of a mixture of 5 ml of 100 mg/ml ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) plus 1 ml of 20 mg/ml xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) in saline. Surgical castration is performed as described elsewhere herein by a scrotal incision, revealing the testes, which are tied with suture and then removed along with surrounding fatty tissue. The wound is closed using surgical staples. Sham-castrated mice  
10 prepared following the above procedure without removal of the testes are used as controls.

**Chemical castration.** Mice are injected subcutaneously with 10 mg/kg Lupron (a GnRH agonist) as a 1 month slow release formulation. Alternatively mice are injected with a GnRH antagonist (*e.g.*, Cetrorelix or Abarelix). Confirmation of loss of sex steroids is performed by standard radioimmunoassay of plasma samples following manufacturer's instructions. Castrate  
15 levels (<0.5 ng testosterone or estrogen /ml) should normally be achieved by 3-4 weeks post injection.

**Parasites.** The 17XNL (nonlethal) strain of *P. yoelii* is used as described previously (U.S.P.N. 5,814,617).

**Preparation of irradiated *P. yoelii* sporozoites.** Preparation of irradiated *P. yoelii*  
20 sporozoites for immunization has been described previously (see, *e.g.*, Franke *et al. Infect Immun.* 68:3403 (2000)). Briefly, sporozoites are isolated by the discontinuous gradient technique (Pacheco *et al., J. Parasitol.* 65:414 (1979)) from infected *Anopheles stephens* mosquitoes that have been irradiated at 10,000 rads (<sup>137</sup>Ce).

**Immunization with irradiated *P. yoelii* sporozoites.** Mice are intravenously  
25 immunized with 50,000 sporozoites at approximately 6 weeks following surgical castration or about 8 weeks following chemical castration via the tail vein. Booster immunizations of 20,000

to 30,000 sporozoites are optionally given at 4 weeks and 6 weeks following the primary immunization (see, *e.g.*, Franke *et al. Infect Immun.* 68:3403 (2000)).

**Plasmid DNA and DNA immunization.** Plasmid DNA encoding the full length *P. yoelli* CSP are known in the art. For instance, the pyCSP vector described in detail in Sedegah *et al.* (Proc. Natl. Acad. Sci. USA 95:7648 (1998)) may be used.

Methods of DNA immunization are also well known in the art. For instance, methods of intradermal, intramuscular, and particle-mediated (“gene gun”) DNA immunizations are described in detail in, *e.g.*, Current Protocols In Immunology, Unit 2.14, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002).

10      **Peptide Immunization.** Methods of *P. yoelli* CSP peptide preparation are known in the art (see, *e.g.*, Franke *et al. Infect Immun.* 68:3403 (2000)).

15      **Chromium release assay for CTL.** Since CD8<sup>+</sup> CTL against the *P. yoelli* CSP have been shown to adoptively transfer protection (Weiss *et al.*, *J. Immunol.* 149: 2103 (1992)), and CD8<sup>+</sup> T cells are required for the protection against *P. yoelli* induced by immunization with irradiated sporozoites (Weiss *et al.*, *Proc. Natl. Acad. Sci USA* 85: 573 (1988)), it must be determined if *P. yoelli* CSP vaccination (*e.g.*, irradiated sporozoite, CSP peptide, or CSP DNA immunizations) elicits a CSP-specific CTL.

20      CTL responses are measured using procedures well known to those in the art (see, *e.g.*, Current Protocols In Immunology, John E. Coligan *et al.* (eds), Unit 3, Wiley and Sons, New York, NY 1994, and yearly updates including 2002). The general procedure described elsewhere herein for influenza HA and NP is used except that the cells are pulsed with the synthetic *P. yoelli* CSP peptide (281-296; SYVPSAEQILEFVKQI).

25      **Inhibition of liver stage development assay.** The liver stage development assay and acquisition of mouse hepatocytes from mouse livers by *in situ* collagenase perfusion have been described previously (Franke *et al.*, *Vaccine* 17:1201 (1999); Franke *et al.*, *Infect Immun.* 68:3403 (2000)). Hepatocyte cultures are seeded onto eight-chamber Lab-Tek plastic slides at 1x10<sup>5</sup> cells/chamber and incubated with 7.5 x 10<sup>4</sup> *P. yoelli* sporozoites for 3 hours. The cultures

are then washed and cultured for an additional 24 hours at 37°C/5% CO<sub>2</sub>. Effector cells are obtained as described above for the chromium release assay for CTL and are added and cultured with the infected hepatocytes for about 24-48 hours. The cultures are then washed, and the chamber slides are fixed for 10 min. in ice-cold absolute methanol. The chamber slides are then incubated with a monoclonal antibody (NYLS1 or NYLS3, both described previously in U.S.P.N. 5,814,617) directed against liver stage parasites of *P. yoelii* before incubating with FITC-labeled goat anti-mouse Ig. The number of liver-stage schizonts in triplicate cultures are then counted using an epifluorescence microscope. Percent inhibition is calculated using the formula [(control-test)/control] x 100].

**Infection and challenge.** For a lethal challenge dose, the ID<sub>50</sub> of *P. yoelli* sporozoites must be determined prior to experimental challenge. However, for example, it is also initially possible to inject mice intravenously in the tail vein with a dose of about 50 to 100 *P. yoelii* sporozoites (nonlethal, strain 17XNL). Forty-two hours after intravenous inoculation, mice are sacrificed and livers are removed. Single cell suspensions of hepatocytes in medium are prepared, and 2x10<sup>5</sup> hepatocytes are placed into each of 10 wells of a multi-chamber slide. Slides may be dried and frozen at -70°C until analysis. To count the number of schizonts, slides are dried and incubated with NYLS1 before incubating with FITC-labeled goat anti-mouse Ig, and the numbers of liver-stage schizonts in each chamber are counted using fluorescence microscopy.

Once it is demonstrated that castration and/or immunization reduces the numbers of infected hepatocytes, blood smears are obtained to determine if immunization protect against blood stage infection. Mice can be considered protected if no parasites are found in the blood smears at days 5-14 days post-challenge.

To test the preventative efficacy of castration alone (no vaccination) from a *P. yoelli* sporozoite primary infection, castrated mice are infected and analyzed as described above. Sham-castrated mice are used as controls.

**Human studies.** After establishing the efficacy in mice, large numbers of humans are immunized in a double blind placebo controlled field trial.

## **EXAMPLE 12**

### **IMMUNIZATION AND PREVENTION OF BACTERIAL INFECTION (TB Ag85)**

Tuberculosis (TB) is a chronic infectious disease of the lung caused by the pathogen  
5 *Mycobacterium tuberculosis*, and is one of the most clinically significant infections worldwide.  
(see, e.g., U.S.P.N. 5,736,524; for review see Bloom and Murray, 1993, Science 257, 1055

*M. tuberculosis* is an intracellular pathogen that infects macrophages. Immunity to TB  
involves several types of effector cells. Activation of macrophages by cytokines, such as IFN $\gamma$ ,  
is an effective means of minimizing intracellular mycobacterial multiplication. Acquisition of  
10 protection against TB requires both CD8<sup>+</sup> and CD4<sup>+</sup> T cells (see, e.g., Orme *et al.*, *J. Infect. Dis.*  
167, 1481 (1993)). These cells are known to secrete Th1-type cytokines, such as IFN $\gamma$ , in  
response to infection, and possess antigen-specific cytotoxic activity. In fact, it is known in the  
art that CTL responses are useful for protection against *M. tuberculosis* (see, e.g., Flynn *et al.*,  
*Proc. Natl. Acad. Sci. USA* 89, 12013 91992).

15 Predominant T cell antigens of TB are those proteins that are secreted by mycobacteria  
during their residence in macrophages. These T cell antigens include, but are not limited to, the  
antigen 85 complex of proteins (85A, 85B, 85C) (Wiker and Harboe, *Microbiol. Rev.* 56,  
648(1992) and ESAT-6 (Andersen, *Infect. Immunity*, 62:2536 (1994)). Other T cell antigens  
have also been described in the art, see, e.g., Young and Garbe, *Res. Microbiol.* 142:55 (1991);  
20 Andersen, *J. Infect. Dis.* 166: 874 (1992); Siva and Lowrie, *Immunol.* 82:244 (1994); Romain *et*  
*al.*, *Proc. Natl. Acad. Sci. USA* 90, 5322 (1993); and Faith *et al.*, *Immunol.* 74:1 (1991).

The genes for each of the three antigen 85 proteins (A, B, and C) have been cloned and  
sequenced (see, e.g., Borremans *et al.*, *Infect. Immunity* 57: 3123 (1989)); DeWit *et al.*, *DNA*  
*Seq.* 4, 267 (1994)), and have been shown to elicit strong T cell responses following both  
25 infection and vaccination.

### **Materials and Methods**

**Castration of mice.** BALB/c or C57BL/6 mice are anesthetized by intraperitoneal injection of 30-40  $\mu$ l of a mixture of 5 ml of 100 mg/ml ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) plus 1 ml of 20 mg/ml xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) in saline. Surgical castration is performed as described elsewhere  
5 herein by a scrotal incision, revealing the testes, which are tied with suture and then removed along with surrounding fatty tissue. The wound is closed using surgical staples. Sham-castrated mice prepared following the above procedure without removal of the testes are used as controls.

**Chemical castration.** Mice are injected subcutaneously with 10 mg/kg Lupron (a GnRH agonist) as a 1 month slow release formulation. Alternatively mice are injected with a GnRH  
10 antagonist (*e.g.*, Cetrorelix or Abarelix). Confirmation of loss of sex steroids is performed by standard radioimmunoassay of plasma samples following manufacturer's instructions. Castrate levels ( $<0.5$  ng testosterone or estrogen /ml) should normally be achieved by 3-4 weeks post injection.

**Protein immunization.** General methods for *Mycobacterium tuberculosis* (TB) bacilli  
15 purification and immunization are known in the art (see, *e.g.*, Current Protocols In Immunology, Unit 2.4, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002). The purified TB may be prepared using preparative SDS-PAGE. Approximately 2 mg of the TB protein is loaded across the wells of a standard 1.5 mm slab gel using a large-tooth comb. An edge of the gel may be removed and stained following  
20 electrophoresis to identify the TB protein band on the gel. The gel region that contains the TB protein band is then sliced out of the gel, placed in PBS at a final concentration 0.5 mg purified TB protein per ml, and stored at 4°C until use. The purified TB protein may then be emulsified with an equal volume of complete Freund's adjuvant (CFA) for immunization.

Approximately 6 weeks following surgical castration or about 8 weeks following  
25 chemical castration, 2 ml of the purified TB (0.5 mg/ml in PBS) is emulsified 2 ml CFA and stored at 4°C. The TB/CFA mixture is slowly drawn into and expelled through a 3-ml glass syringe attached to a 19 gauge needle, being certain to avoid excessive air bubbles. Once the emulsion is at a homogenous concentration, the needle is replaced by a 22 gauge needle, and all air bubbles are removed. The castrated and sham-castrated mice are injected intramuscularly

with a 50 µl volume of the TB/CFA emulsion (immunization may also be done via the intradermal or subcutaneous routes). *M. bovis* BCG may also be used in a vaccine preparation.

A booster immunization can optionally be performed 4-8 weeks (or later) following the primary immunization. The TB adjuvant emulsion is prepared in the same manner described  
5 above, except that incomplete Freund's adjuvant (IFA) is used in place of CFA for all booster immunizations. Further booster immunizations can be performed at 2-4 week (or later intervals) thereafter.

**Plasmid DNA.** Suitable Ag85-encoding DNA sequences and vectors have been described previously. See, *e.g.*, U.S.P.N. 5,736,524. Other suitable expression vectors would be  
10 readily ascertainable by those skilled in the art.

**Antigen 85 DNA Immunization.** Methods of DNA immunization are well known in the art. For instance, methods of intradermal, intramuscular, and particle-mediated ("gene gun") DNA immunizations are described in detail in, *e.g.*, Current Protocols In Immunology, Unit 2.14, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including  
15 2002).

Cytokine-encoding DNAs are optionally administered to shift the immune response to a desired Th1- or a Th2-type immune response. Th1-inducing genetic adjuvants include, *e.g.*, IFN-γ and IL-12. Th2-inducing genetic adjuvants include, *e.g.*, IL-4, IL-5, and IL-10. For review of the preparation and use of Th1- and Th2- inducing genetic adjuvants in the induction  
20 of immune response, see, *e.g.*, Robinson, *et al.* (2000) *Adv. Virus Res.* 55:1-74.

Approximately 6 weeks following surgical castration or about 8 weeks following chemical castration, mice are intramuscularly injected with 200 µg of DNA diluted in 100 µl saline.

Booster DNA immunizations are optionally administered at 4 weeks post-prime and 2  
25 weeks post-boost.

**Enzyme-linked immunosorbent assays.** At various time periods pre- and post-immunization, mice from each group are bled, and individual mouse serum is tested using



standard quantitative ELISA to assess anti-Ag85 specific IgG levels in the serum. IgG1 and IgG2a levels may optionally be tested, which are known to correlate with Th2 and Th-type antibody responses, respectively.

5 Serum is collected at various time points pre- and post-prime and post boost, and analyzed for the presence of anti-Ag85 specific antibodies in serum. Basic ELISA methods are described elsewhere herein, except purified Ag85 protein is used.

10 **Cytokine assays.** Spleen cells from vaccinated mice are analyzed for cytokine secretion in response to specific Ag85 restimulation, as described, *e.g.*, in Huygen *et al*, *Infect. Immunity* 60:2880 (1992) and U.S.P.N. 5,736,524. Briefly, spleen cells are incubated with culture filtrate (CF) proteins from *M. bovis* BCG purified Ag85A or the C57BL/6 T cell epitope peptide (amino acids 241-260).

15 Four weeks post-prime and 2 weeks post boost (or later), cytokines are assayed using standard bio-assays for IL-2, IFN $\gamma$  and IL-6, and by ELISA for IL-4 and IL-10 using methods well known to those in the art. See, *e.g.*, Current Protocols In Immunology, Unit 6, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002.

20 **Mycobacterial infection and challenge.** To test the efficacy of the vaccinations, mice are challenged by intravenous injection of live *M. bovis* BCG (0.5 mg). At various time points post-challenge, BCG multiplication is analyzed in both mouse spleens and lungs. Positive controls are naïve mice (castrated and/or sham castrated as appropriate) receiving a challenge dose.

To test the efficacy of sex steroid ablation to prevent primary infection, live *M. bovis* BCG are injected similarly to that described in the challenge experiment above. Sham castrated mice are used as controls.

25 The number of colony-forming units (CFU) in the spleen and lungs of the challenged, vaccinated mice, as well as in the lungs of the castrated, primary infected mice is expected to be substantially lower than in negative control animals, which is indicative with protection in the live *M. bovis* challenge model.

### **EXAMPLE 13**

#### **IMMUNIZATION AND PREVENTION OF CANCER**

To determine if sex steroid ablation is effective in preventing cancer and/or in eliciting a protective immune response following vaccination with a cancer antigen, the following studies are performed.

##### **Materials and Methods**

**Castration of mice.** C57BL/6 mice are anesthetized by intraperitoneal injection of 30-40 µl of a mixture of 5 ml of 100 mg/ml ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) plus 1 ml of 20 mg/ml xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) in saline. Surgical castration is performed as described elsewhere herein by a scrotal incision, revealing the testes, which are tied with suture and then removed along with surrounding fatty tissue. The wound is closed using surgical staples. Sham-castrated mice prepared following the above procedure without removal of the testes are used as controls.

**Chemical castration.** Mice are injected subcutaneously with 10 mg/kg Lupron (a GnRH agonist) as a 1 month slow release formulation. Alternatively mice are injected with a GnRH antagonist (*e.g.*, Cetrorelix or Abarelix). Confirmation of loss of sex steroids is performed by standard radioimmunoassay of plasma samples following manufacturer's instructions. Castrate levels (<0.5 ng testosterone or estrogen /ml) should normally be achieved by 3-4 weeks post injection.

**CEA immunization.** Approximately 6 weeks following surgical castration or about 8 weeks following chemical castration, mice were inoculated with an adenovirus vector encoding the human carcinoembryonic antigen (CEA) gene (MC38-CEA-2) (Conry *et al.*, 1995), such as AdCMV-hcea described in U.S.P.N. 6,348,450. Alternatively, a plasmid DNA encoding the human CEA gene is injected into the mouse (*e.g.*, intramuscularly into the quadriceps muscle) utilizing one of the various methods of DNA vaccination described elsewhere herein.

**Tumor challenge.** To assess the efficacy of sex steroid ablation on anti-tumor activity of mice immunized with CEA, mice are subjected to a tumor challenge. At various time points post immunization, syngeneic tumor cells expressing the human CEA gene (MC38-CEA-2) (Conry *et al.*, 1995) are inoculated into the mice. Mice are observed every other day for development of palpable tumor nodules. Mice are sacrificed when the tumor nodules exceed 1 cm in diameter. The time between inoculation and sacrifice is the survival time.

To test the efficacy of sex steroid ablation preventing tumors, tumor cells expressing the human CEA gene are inoculated into castrated, non-vaccinated mice as outlined above. Sham castrated mice are used as controls.

#### **EXAMPLE 14**

##### **TRANSPLANTATION OF GENETICALLY MODIFIED HSC (GENE THERAPY)**

###### **I. SCID-hu Mouse Model**

###### **Materials and Methods**

**Mice.** SCID-hu mice are prepared essentially as described previously (see, *e.g.*, Namikawa *et al.*, *J. Exp. Med.* 172:1055 (1990) and Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997) by surgical transplantation of human fetal liver and thymus fragments into CB-17 *scid/scid* mice. Methods for the construction of SCID-hu Thy/Liv mice can also be found, *e.g.*, in Current Protocols In Immunology, Unit 4.8, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002.

**Castration of mice.** The SCID-hu mice are anesthetized by intraperitoneal injection of 30-40 µl of a mixture of 5 ml of 100 mg/ml ketamine hydrochloride (Ketalar; Parke-Davis, Caringbah, NSW, Australia) plus 1 ml of 20 mg/ml xylazine (Rompun; Bayer Australia Ltd., Botany NSW, Australia) in saline. Surgical castration is performed as described above by a scrotal incision, revealing the testes, which are tied with suture and then removed along with

surrounding fatty tissue. The wound is closed using surgical staples. Sham-castrated mice prepared following the above procedure without removal of the testes are used as controls.

**Chemical castration.** Mice are injected subcutaneously with 10 mg/kg Lupron (a GnRH agonist) as a 1 month slow release formulation. Alternatively mice are injected with a GnRH antagonist (*e.g.*, Cetrorelix or Abarelix). Confirmation of loss of sex steroids is performed by standard radioimmunoassay of plasma samples following manufacturer's instructions. Castrate levels (<0.5 ng testosterone or estrogen /ml) should normally be achieved by 3-4 weeks post injection.

**Isolation of human CD34<sup>+</sup> HSC.** Human cord blood (CB) HSC are collected and processed using techniques well known to those skilled in the art (see, *e.g.*, DiGusto *et al.*, *Blood*, 87:1261 (1997), Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)). A portion of each CB sample is HLA phenotyped for the MA2.1 surface molecule. CD34<sup>+</sup> cells are enriched using immunomagnetic beads using the method described in Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)). Briefly, CB cells are resuspended at a concentration of  $5 \times 10^7$  cells/ml RPMI containing 2% heat-inactivated fetal calf serum (FCS), 10mM HEPES, and 1mg/ml human gamma globulin, and incubated for 4°C for 5 min. Four µg/ml of anti-CD34 antibody (QBEND-10, Immunotech) is added and the cells are incubated for 14 min. at 4°C. The cells are then washed and resuspended at a final concentration of  $2 \times 10^7$  cells/ml. CD34<sup>+</sup> cells are then enriched using goat-anti-mouse IgG1 magnetic beads (Dynal) following manufacturer's instructions. The CD34<sup>+</sup> cells are then incubated with 50 µl of glycoprotease (*O*-sialoglycoprotein endopeptidase), which causes release of the CD34<sup>+</sup> cells from the immunomagnetic beads. The beads are removed using a magnet, and the cells are then subjected to flow cytometry using anti-CD34-PE and various other cell surface markers conjugated to either FITC or TRICOLOR to determine the total level of CD34<sup>+</sup> cells present in the population.

Optionally, HSC are expanded *ex vivo* with IL-3, IL-6, and either SCF or LIF (10 ng/ml each).

**RevM10 vectors and preparation of genetically modified (GM) HSC.** RevM10 is known in the art, and has been described extensively in studies of GM HSC for the survival of T

cells in HIV-infected patients (see, *e.g.*, Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 93:2889 (1996); for review, see Amado *et al.*, *Front. Biosci.* 4:d468 (1999)). The HIV Rev protein is known to affect viral latency in HIV infected cells and is essential for HIV replication. RevM10 is a derivative of Rev because of mutations within the leucine-rich domain of Rev that interacts with cell factors. RevM10 has a substitution of aspartic acid for leucine at position 78 and of Leucine for glutamic acid at position 79. The result of these mutations is that RevM10 is able to compete effectively with the wild-type HIV Rev for binding to the Rev-responsive element (RRE).

Any of the RevM10 gene transfer vectors known and described in the art may be used. For example, the retroviral RevM10 vector, pLJ-RevM10 is used to transduce the HSC. The pLJ-RevM10 vector has been shown to enhance T cell engraftment after delivery into HIV-infected individuals (Ranga *et al.*, *Proc. Natl. Acad. Sci. USA* 95:1201 (1998). Other methods of construction and retroviral vectors suitable for the preparation of GM HSC are well known in the art (see, *e.g.*, Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)).

In another example, the pRSV/TAR RevM10 plasmid is used for non-viral vector delivery using particle-mediated gene transfer into the isolated target HSC essentially as described in Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 91:11581 (1994). The pRSV/TAR RevM10 plasmid contains the Rous sarcoma virus (RSV) promoter and tat-activation response element (TAR) from -18 to +72 of HIV is used to express the RevM10 open reading frame may also be used (Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 91:11581 (1994); Liu *et al.*, *Gene Ther.* 1:32 (1997)). *In vitro* transfection of this plasmid into human PBL has previously been shown to provide resistance to HIV infection (Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 91:11581 (1994)).

A marker gene, such as the Lyt-2 $\alpha$  (murine CD8 $\alpha$ ) gene, may also be incorporated into the RevM10 vector for ease of purification and analysis of GM HSC by FACS analysis in subsequent steps (see, *e.g.*, Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)).

A  $\Delta$ Rev10, which contains a deletion of the methionine (Met) initiation codon (ATG), as well as a linker comprising a series of stop codons inserted in-frame into the *Bgl*III site of the

RevM10 gene, is constructed and used as a negative control (see, *e.g.*, Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)).

**Injection of GM HSC into mice.** SCID-hu mice are analyzed, and the mice determined to be HLA mismatched (MA2.1) with respect to the human donor HSC are give approximately  
5 400 rads of total body irradiation (TBI) about four months following the thymic and liver grafts in an effort to eliminate the cell population. After TBI, mice are reconstituted with the RevM10 GM HSC (see above) as described previously (see, *e.g.*, DiGusto *et al.*, *Blood*, 87:1261 (1997), Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)). Control mice are injected with unmodified HSC or with HSC that have been modified with the  $\Delta$ RevM10 gene or an irrelevant gene.

10 **Analysis of GM HSC by flow cytometry.** Approximately 8 to 12 weeks after GM HSC reconstitution, the Thy/Liv grafts are removed, and the thymocytes are obtained and analyzed for the HLA pheonotype (MA2.1) and the distribution of CD4<sup>+</sup>, CD8<sup>+</sup>, and Lyl2 (the “marker” murine homolog of CD8 $\alpha$ ) surface expression using methods of flow cytometry and FACS analysis readily known to those skilled in the art (see, *e.g.*, Bonyhadi *et al.*, *J. Virol.* 71:4707  
15 (1997)); see also Current Protocols In Immunology, Units 4.8 and 5, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002). Thymocytes are also tested for transgenic DNA with primers specific for the RevM10 gene using standard PCR methods.

**Analysis of GM HSC resistance to HIV infection.** Approximately 8 to 12 weeks (or  
20 later) after GM HSC reconstitution, the Thy/Liv grafts are removed and the thymocytes are obtained from the GM HSC reconstituted SCID-hu mice. The thymocytes are stimulated *in vitro* and infected with the JR-CSF molecular isolate of HIV-1 as described previously (Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)). Briefly, the thymocytes are stimulated *in vitro* in the presence of irradiated allogeneic feeder cells (10<sup>6</sup> peripheral blood mononuclear cells/ml and 10<sup>5</sup> JY  
25 cells/ml) in RPMI medium containing 10% FCS, 50  $\mu$ g/ml streptomycin, 50 U/G penicillin G, 1x MEM vitamin solution, 1x insulin transferring-sodium selenite medium supplement (Sigma), 40 U human rIL-2/ml, and 2  $\mu$ g/ml phytohemagglutinin (PHA) (Sigma). About every 10 days, cells are restimulated with feeder cells and PHA as described previously in Vandekerckhove *et al.*, *J. Exp. Med.* 1:1033 (1992). Approximately 5 days after stimulation, cells were sorted on the basis

of donor HLA phenotype (MA2.1) and Lyt2 (the "marker" murine homolog of CD8 $\alpha$ ). Sorted cells are restimulated and may be expanded to increase the cell composition to greater than about 90% purity. CD4<sup>+</sup>/Lyt2<sup>+</sup> cells are then sorted out and an aliquot of approximately 5x10<sup>4</sup> of the sorted cells are place in multiple wells of a 96-well U bottom tissue culture plate. About 200  
5 TCID<sub>50</sub> of EW, an HIV-1 primary isolate, or 1000 TCID<sub>50</sub> of JR-CSF, an HIV-1 molecular isolate, are added to each well. Methods of virus stock preparation have been described previously (Bonyhadi *et al. Nature*, 363:728 (1993). Medium is changed every day from days 3 to 12. Aliquots of supernatant are collected every other day and stored at -80° C until use. Tissue culture supernatants are then analyzed using a p24 ELISA following manufacturer's  
10 instructions (Coulter).

## **II. Therapy of HIV Infected Individual**

### **Materials and Methods.**

**Isolation of human CD34<sup>+</sup> HSC.** As most HIV infected patients have very low titers of HSC, it is possible to use a donor to supply cells. Where practical, the level of HSC in the  
15 donor blood is enhanced by injecting into the donor granulocyte-colony stimulating factor (G-CSF) at 10 $\mu$ g/kg for 2-5 days prior to cell collection.

In this example, human cord blood (CB) HSC are collected and processed using techniques well known to those skilled in the art (see, *e.g.*, DiGusto *et al.*, *Blood*, 87:1261 (1997), Bonyhadi *et al.*, *J. Virol.* 71:4707 (1997)). A portion of each CB sample is HLA  
20 phenotyped, and the CD34<sup>+</sup> donor cells are purified from the donor blood (or bone marrow), such as by using a flow cytometer or immunomagnetic beading, essentially as described above. Donor-derived HSC are identified by flow cytometry as being CD34<sup>+</sup>.

Optionally, HSC are expanded *ex vivo* with IL-3, IL-6, and either SCF or LIF (10 ng/ml each).

25 **RevM10 vectors and preparation of genetically modified (GM) HSC.** Any of the RevM10 gene transfer vectors known and described in the art, including those described in the mouse studies above, may be used. Methods of gene transduction using GM retroviral vectors

or gene transfection using particle-mediated delivery are also well known in the art, and are described elsewhere herein.

As described above, a retroviral vector may be constructed to contain the trans-dominant mutant form of HIV-1 *rev* gene, RevM10, which has been shown to inhibit HIV replication  
5 (Bonyhadi *et al.* 1997). Amphotropic vector-containing supernatants are generated by infection with filtered supernatants from ecotropic producer cells that were transfected with the vector.

The collected CD34<sup>+</sup> cells are optionally pre-stimulated for 24 hours in LCTM media supplemented with IL-3, IL-6 and SCF or LIF (10ng/ml each) to induce entry of the cells into the cell cycle.

10 In this example, CD34<sup>+</sup>-enriched HSC undergo transfection by a linearized RevM10 plasmid utilizing particle-mediated ("gene gun" transfer) essentially as described in Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 93:2889 (1996).

However, if retroviral transduction is done, supernatants containing the vectors are repeatedly added to the cells for 2-3 days to allow transduction of the vectors into the cells.

15 **HAART Treatment of HIV-infected patients.** HAART therapy is begun before T cell depletion and sex steroid ablation, and therapy is maintained throughout the procedure to reduce the viral titer.

**T cell depletion.** T cell depletion is performed to remove as many HIV infected cells as possible. It is also performed to remove T cells recognizing non-self antigens to allow for use of  
20 nonautologous, genetically modified cells. One standard procedure for this step is as follows. The human patient received anti-T cell antibodies in the form of a daily injection of 15mg/kg of Atgam (xeno anti-T cell globulin, Pharmacia Upjohn) for a period of 10 days in combination with an inhibitor of T cell activation, cyclosporin A, 3mg/kg, as a continuous infusion for 3-4 weeks followed by daily tablets at 9mg/kg as needed. This treatment does not affect early T cell  
25 development in the patient's thymus, as the amount of antibody necessary to have such an affect cannot be delivered due to the size and configuration of the human thymus. The treatment was maintained for approximately 4-6 weeks to allow the loss of sex steroids followed by the



reconstitution of the thymus. The prevention of T cell reactivity may also be combined with inhibitors of second level signals such as interleukins or cell adhesion molecules to enhance the T cell ablation.

This depletion of peripheral T cells minimizes the risk of graft rejection because it depletes non-specifically all T cells including those potentially reactive against a foreign donor. Simultaneously, however, because of the lack of T cells the procedure induces a state of generalized immunodeficiency which means that the patient is highly susceptible to infection, particularly viral infection. Even B cell responses will not function normally in the absence of appropriate T cell help.

**Sex steroid ablation therapy.** The HIV-infected patient is given sex steroid ablation therapy in the form of delivery of an LHRH agonist. This is given in the form of either Leucrin (depot injection; 22.5mg) or Zoladex (implant; 10.8 mg), either one as a single dose effective for 3 months. This is effective in reducing sex steroid levels sufficiently to reactivate the thymus. In some cases it is also necessary to deliver a suppresser of adrenal gland production of sex steroids. Cosudex (5mg/day) as one tablet per day may be delivered for the duration of the sex steroid ablation therapy. Adrenal gland production of sex steroids makes up around 10-15% of a human's steroids. Alternatively, the patient is given a GnRH antagonist, *e.g.*, Cetrorelix or Abarelix as a subcutaneous injection

Reduction of sex steroids in the blood to minimal values takes about 1-3 weeks post surgical castration, and about 3-4 weeks following chemical castration. Concordant with this is the reactivation of the thymus. In some cases it is necessary to extend the treatment to a second 3 month injection/implant.

In the event of a shortened time available for transplantation of donor genetically modified cells, the timeline is modified: T cell ablation and sex steroid ablation may be begun at the same time. T cell ablation is maintained for about 10 days, while sex steroid ablation is maintained for around 3 months.

**Injection of GM HSC into patients.** Prior to injection, the GM HSC are expanded in culture for approximately 10 days in X-Vivo 15 medium comprising Il-2 (Chiron, 300 IU/ml).

At approximately 1-3 weeks post LHRH agonist delivery, just before or at the time the thymus begins to reactivate, the patient is injected with the genetically modified HSC, optimally at a dose of about  $2-4 \times 10^6$  cells/kg. Optionally G-CSF may also be injected into the recipient to assist in expansion of the GM HSC.

5           Immediately prior to patient infusion, the GM HSC are washed four times with Dulbecco's PBS. Cells are resuspended in 100 ml of saline comprising 1.25% human albumin and 4500 U/ml IL-2, and infused into the patient over a course of 30 minutes.

Following sex steroid ablation, thymus reactivation, and injection of the GM HSC in the HIV-infected patient, all new T cells (as well as DC, macrophages, *etc.*) will be resistant to  
10 subsequent infection by this virus. Injection of allogeneic HSC into a patient undergoing thymic reactivation means that the HSC will enter the thymus. The reactivated thymus takes up the genetically modified HSC and converts them into donor-type T cells and dendritic cells, while converting the recipient's HSC into recipient-type T cells and dendritic cells. By inducing deletion by cell death, or by inducing tolerance through immunoregulatory cells, the donor  
15 dendritic cells will tolerize any T cells that are potentially reactive with recipient.

When the thymic chimera is established, and the new cohort of mature T cells have begun exiting the thymus, reduction and eventual elimination of immunosuppression occurs.

**Post-infusion studies.** Following infusion, the persistence and half life of GM HSC in the HIV-infected patient is be tested periodically using limiting dilution PCR of PBL samples  
20 obtained from the patient essentially as described in Woffendin *et al.*, *Proc. Natl. Acad. Sci. USA*, 93:2889 (1996). The relative level of GM HSC in the infected patient is compared to the negative control patient that received the  $\Delta$ RevM10 vector.

Various standard hematologic (*e.g.*, CD4+ T cell counts), immunologic (*e.g.*, neutralizing antibody titers), and virologic (*e.g.*, viral titer) studies will also be performed using methods well  
25 known to those skilled in the art.

**Termination of immunosuppression.** When the thymic chimera is established and the new cohort of mature T cells have begun exiting the thymus, blood is taken from the patient and

the T cells examined *in vitro* for their lack of responsiveness to donor cells in a standard mixed lymphocyte reaction (see, e.g., (see, e.g., Current Protocols In Immunology, Unit 3.12, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994, and yearly updates including 2002). If there is no response, the immunosuppressive therapy is gradually reduced to allow defense  
5 against infection. If there is no sign of rejection, as indicated in part by the presence of activated T cells in the blood, the immunosuppressive therapy is eventually stopped completely. Because the HSC have a strong self-renewal capacity, the hematopoietic chimera so formed will be stable theoretically for the life of the patient (as for normal, non-tolerized and non-grafted people).

### EXAMPLE 15

#### ALTERNATIVE PROTOCOLS

In the event of a shortened time available for transplantation of donor cells, tissue or organs, the timeline as used in Examples 1-14 is modified. T cell ablation and sex steroid ablation may be begun at the same time. T cell ablation is maintained for about 10 days, while  
15 sex steroid ablation is maintained for around 3 months. In one embodiment, HSC transplantation is performed when the thymus starts to reactivate, at around 10-12 days after start of the combined treatment.

In an even more shortened time table, the two types of ablation and the HSC transplant may be started at the same time. In this event T cell ablation may be maintained 3-12 months,  
20 and, in one embodiment, for 3-4 months.

### EXAMPLE 16

#### TERMINATION OF IMMUNOSUPPRESSION

When the thymic chimera is established and the new cohort of mature T cells have begun exiting the thymus, blood is taken from the patient and the T cells examined *in vitro* for their  
25 lack of responsiveness to donor cells in a standard mixed lymphocyte reaction (see, e.g., Current Protocols In Immunology, John E. Coligan *et al.* (eds), Wiley and Sons, New York, NY 1994,

and yearly updates including 2002). If there is no response, the immunosuppressive therapy is gradually reduced to allow defense against infection. If there is no sign of rejection, as indicated in part by the presence of activated T cells in the blood, the immunosuppressive therapy is eventually stopped completely. Because the HSC have a strong self-renewal capacity, the hematopoietic chimera so formed will be stable theoretically for the life of the patient (as for normal, non-tolerized and non-grafted people).

### **EXAMPLE 17**

#### **USE OF LHRH AGONIST TO REACTIVATE THE THYMUS IN HUMANS**

##### **Materials and Methods:**

In order to show that a human thymus can be reactivated by the methods of this invention, these methods were used on patients who had been treated with chemotherapy for prostate cancer.

**Patients.** Sixteen patients with Stage I-III prostate cancer (assessed by their prostate specific antigen (PSA) score) were chosen for analysis. All subjects were males aged between 60 and 77 who underwent standard combined androgen blockade (CAB) based on monthly injections of GnRH agonist 3.6mg Goserelin (Zoladex) or 7.5 mg Leuprolide (Lupron) treatment per month for 4-6 months prior to localized radiation therapy for prostate cancer as necessary.

**FACS analysis.** The appropriate antibody cocktail (20µl) was added to 200µl whole blood and incubated in the dark at room temperature (RT) for 30min. For removal of RBC, 2ml of FACS lysis buffer (Becton-Dickinson, USA) was then added to each tube, vortexed and incubated 10min., RT in the dark. Samples were centrifuged at 600<sub>gmax</sub>; supernatant removed and cells washed twice in PBS/FCS/Az. Finally, cells were resuspended in 1%PFA for FACS analysis. Samples were stained with antibodies to CD19-FITC, CD4-FITC, CD8-APC, CD27-FITC, CD45RA-PE, CD45RO-CyChrome, CD62L-FITC and CD56-PE (all from Pharmingen, USA).

**Statistical analysis.** Each patient acted as an internal control by comparing pre- and post-treatment results and were analysed using paired student t-tests or Wilcoxon signed rank tests.

**Results:** Prostate cancer patients were evaluated before and 4 months after sex steroid ablation therapy. The results are summarized in Figs. 30-34. Collectively the data demonstrate qualitative and quantitative improvement of the status of T cells in many patients.

Results:

**I. The Effect of LHRH Therapy on Total Numbers of Lymphocytes and T cells  
Subsets Thereof:**

The phenotypic composition of peripheral blood lymphocytes was analyzed in patients (all >60 years) undergoing LHRH agonist treatment for prostate cancer (Fig 40). Patient samples were analyzed before treatment and 4 months after beginning LHRH agonist treatment. Total lymphocyte cell numbers per ml of blood were at the lower end of control values before treatment in all patients. Following treatment, 6/9 patients showed substantial increases in total lymphocyte counts (in some cases a doubling of total cells was observed). Correlating with this was an increase in total T cell numbers in 6/9 patients. Within the CD4<sup>+</sup> subset, this increase was even more pronounced with 8/9 patients demonstrating increased levels of CD4<sup>+</sup> T cells. A less distinctive trend was seen within the CD8<sup>+</sup> subset with 4/9 patients showing increased levels albeit generally to a smaller extent than CD4<sup>+</sup> T cells.

**II. The Effect Of LHRH Therapy On The Proportion Of T Cells Subsets:**

Analysis of patient blood before and after LHRH agonist treatment demonstrated no substantial changes in the overall proportion of T cells, CD4<sup>+</sup> or CD8<sup>+</sup> T cells and a variable change in the CD4<sup>+</sup>:CD8<sup>+</sup> ratio following treatment (Fig. 41). This indicates that there was little effect of treatment on the homeostatic maintenance of T cell subsets despite the substantial increase in overall T cell numbers following treatment. All values were comparative to control values.

**III. The Effect Of LHRH Therapy On The Proportion Of B Cells And Myeloid Cells:**

Analysis of the proportions of B cells and myeloid cells (NK, NKT and macrophages) within the peripheral blood of patients undergoing LHRH agonist treatment demonstrated a varying degree of change within subsets (Fig 42). While NK, NKT and macrophage proportions remained relatively constant following treatment, the proportion of B cells was decreased in 4/9 patients.

#### **IV. The Effect Of LHRH Agonist Therapy On The Total Number Of B Cells And Myeloid Cells:**

Analysis of the total cell numbers of B and myeloid cells within the peripheral blood post-treatment showed clearly increased levels of NK (5/9 patients), NKT (4/9 patients) and macrophage (3/9 patients) cell numbers post-treatment (Fig 43). B cell numbers showed no distinct trend with 2/9 patients showing increased levels; 4/9 patients showing no change and 3/9 patients showing decreased levels.

#### **V. The Effect Of LHRH Therapy On The Level Of Naïve Cells Relative To Memory Cells:**

The major changes seen post-LHRH agonist treatment were within the T cell population of the peripheral blood. In particular there was a selective increase in the proportion of naïve ( $CD45RA^+$ )  $CD4^+$  cells, with the ratio of naïve ( $CD45RA^+$ ) to memory ( $CD45RO^+$ ) in the  $CD4^+$  T cell subset increasing in 6/9 patients (Fig 44).

#### **VI. Conclusion**

Thus it can be concluded that LHRH agonist treatment of an animal such as a human having an atrophied thymus can induce regeneration of the thymus. A general improvement has been shown in the status of blood T lymphocytes in these prostate cancer patients who have received sex-steroid ablation therapy. While it is very difficult to precisely determine whether such cells are only derived from the thymus, this would be very much the logical conclusion as no other source of mainstream ( $TCR\alpha\beta+CD8\alpha\beta$  chain) T cells has been described. Gastrointestinal tract T cells are predominantly  $TCR\gamma\delta$  or  $CD8\alpha\alpha$  chain.

**EXAMPLE 18**

**SAMPLE COLLECTION**

Selected patients were bled immediately prior to receiving the LHRH analogue to inhibit sex steroid production, and at short time intervals (typically during the first 24-72 hours) after the application of the LHRH analogue. Blood was centrifuged (750gav) to sediment cells and the plasma collected. The plasma samples were compared by subjecting them to analysis of concentration of particular thymic marker molecules.

**EXAMPLE 19**

10 **FLOW CYTOMETRY ANALYSIS OF WHOLE PERIPHERAL BLOOD**

20µl of the appropriate antibody cocktail was added to 200µl whole blood and incubated in the dark, RT for 30min. For removal of RBC, 2ml of FACS lysis buffer (Becton-Dickinson, USA) was then added to each tube, vortexed and incubated 10min, RT in the dark. Samples were centrifuged at 600<sub>gmax</sub>, supernatant removed and cells washed twice in FACS buffer. Finally, cells were resuspended in 1%PFA for FACS analysis.

**EXAMPLE 20**

**Ki67 ANALYSIS**

For detection of proliferating cells, lysed samples were incubated for 20min, RT, in the dark in 500µl of 1x FACS permeabilising solution (Becton-Dickinson, USA). Washed samples were incubated with either anti-Ki67-PE or anti-Ki67-FITC (or the appropriate isotype controls) for 30min at RT, in the dark. Samples were then washed and resuspended in 1%PFA for analysis.

Antibody Cocktails:

1. CD27/CD45RA/CD45RO/CD4 or CD8
2. CD62L/CD45RA/CD45RO/CD4 or CD8
3.  $\gamma\delta$ TCR/ $\alpha\beta$ TCR/CD28/CD4 or CD8
4. CD69/CD25/CD152/CD3
- 5 5. CD11b/CD11c/CD56/CD3
6. CD19/CD117/CD34/CD3
7. CD3/CD4/CD8/HLA-DR
8. For Ki67:
  - a) CD4 or CD8/CD45RO/CD27 followed by Ki67-PE or IgG1-PE
  - 10 b)  $\alpha\beta$ TCR/CD8a/CD8b followed by Ki67-FITC or IgG1-PE

### **EXAMPLE 21**

#### **DETECTION OF INTRACELLULAR CYTOKINES**

Intracellular cytokine production may be used for the assessment of T cell proliferation and responsiveness to, *e.g.*, mitogen stimulation, cross-linking, and other T cell stimulation assays. 200 $\mu$ l of whole blood was stimulated with soluble purified anti-CD3 (5 $\mu$ g/ml) and anti-CD28 (10 $\mu$ g/ml) for 6 hours at 37°C, 5%CO<sub>2</sub>. Brefeldin A (final concentration 10 $\mu$ g/ml) was added during the final 4 hours to limit cytokine secretion from the activated cells. Following stimulation, samples were incubated for 15min, RT with 20 $\mu$ l of 20mM EDTA in PBS. Samples were then surface stained with anti-CD4-FITC and anti-CD8-CyChrome. Following lysis and permeabilisation, cells were stained with anti-IL-4-PE and anti-IFN $\gamma$ -APC or the appropriate isotype controls. Unstimulated cells were used as a control for activation.

### **EXAMPLE 21**

#### **PREPARATION OF PBMC**



Purified lymphocytes were used for T-cell stimulation assays and TREC analysis. 10-50ml of peripheral blood was diluted 1:1 with RPMI-Heparin. Diluted blood was carefully layered over ficoll-hypaque at a ratio of 2:1 blood:ficoll. Tubes were centrifuged at (800<sub>gmax</sub>) for 25 min at RT. Following centrifugation, the plasma layer was removed and stored at -20°C for analysis of sex steroid levels. The buffy coat layer was removed and diluted with RPMI-Heparin. Tubes were centrifuged at 25°C for 15min at (600<sub>gmax</sub>), followed by a second wash at 400<sub>gmax</sub> for 10min. Supernatant was removed and cell counts performed in duplicate using a haemocytometer. Cells not used for stimulation assays were resuspended in freezing media and stored at -70°C overnight, before transferring to Liquid Nitrogen prior to TREC analysis.

10 Plasma collected following ficoll purification was stored at -20°C prior to analysis of sex steroid levels.

## **EXAMPLE 22**

### **T LYMPHOCYTE STIMULATION ASSAY**

T cell proliferation has been traditionally measured by incubating the cells with mitogens (factors which cause mitogenesis or cell division), such as PHA, Con A, and pokeweed mitogen (PWM). T cell proliferation may also be assessed *in vitro* using specific antigens from vaccinations the patient may have received *e.g.* PPD from tetanus toxoid, flu peptides, and hepatitis peptides.

For mitogen stimulation, PBMC were plated out in 96-well round-bottom plates at a concentration of  $1 \times 10^5$ /well in 100µl of RPMI-FCS. Cells were incubated at 37°C, 5% CO<sub>2</sub> with PHA in doses from 1-10µg/ml. For TCR-specific stimulation, cells were incubated for 48 hours on plates previously coated with purified anti-CD3 (1-10µg/ml) and anti-CD28 (10µg/ml). Following plaque formation (48-72 hours), 1µCi of <sup>3</sup>H-Thymidine was added to each well and plates incubated for a further 16-24 hours. Plates were harvested onto filter mats and incorporation of <sup>3</sup>H-Thymidine was determined using liquid scintillation on a β-counter (Packard-coulter, USA).

## **EXAMPLE 23**

### **TREC ANALYSIS**

Detection of TRECs is performed by purifying new helper T cells (Th; *e.g.*, CD4+, CD45RA+ CD27+) and cytotoxic T cells (Tc; *e.g.*, CD8+, CD45RA+ CD27+) by flow cytometry and then TREC analysis using specific DNA probes and RT-PCR.

- 5       **Cell Sorting.** Frozen samples were rapidly thawed, washed in FACS buffer containing 1mM EDTA and 1% Human Serum and centrifuged (600<sub>gmax</sub>, 5min., 4°C). Cells were incubated with anti-CD4-FITC, anti-CD3-APC and anti-CD45RA-PE for 30min., RT, washed and fixed by the drop-wise addition of 1ml of 3% Formalin in PBS. Samples were incubated for a further 30min., washed and resuspended in 500µl FACS buffer for sorting. Four populations  
10       were obtained: CD3<sup>+</sup>CD4<sup>+</sup>CD45RA<sup>+</sup>; CD3<sup>+</sup>CD4<sup>+</sup>CD45RA<sup>-</sup>; CD3<sup>+</sup>CD4<sup>-</sup>CD45RA<sup>+</sup> and CD3<sup>+</sup>CD4<sup>-</sup>CD45RA<sup>-</sup>.

- DNA Isolation.** Cells were sorted directly into PCR grade 0.5ml eppendorfs, centrifuged (8min, 2500<sub>gmax</sub>) and resuspended in Proteinase K (PK) digestion buffer (2x 10<sup>5</sup> cells/ 20µl of a 0.8mg/mL solution). Proteinase K (PK) was added to the PCR digestion buffer just prior to use.  
15       Samples were incubated for 1 hour at 56°C followed by 10min at 95°C to inactivate the proteinase. Lysed samples were stored at -70°C prior to RT-PCR.

- Real Time-PCR using Molecular Beacons.** This technique is described in Zhang et al., 1999. Primers for signal-joint TRECs were 5'-AAAGAGGGCAGCCCTCTCCAAGGCAAA-3' (SEQ ID NO:1) and 5'-AGGCTGATCTTGTCTGACATTTGCTCCG-3' (SEQ ID NO:2).  
20       Primers for coding-joint TRECs were 5'-  
CCTGTTTGTAGGGCACATTAGAATCTCTCACTG-3' (SEQ ID NO:3) and 5'-  
CTAATAATAAGATCCTCAAGGGTCGAGACTGTC-3' (SEQ ID NO:4). DNA was extracted from the cells using Proteinase K digestion. PCR conditions were: 95°C for 5 min, followed by 90°C, 60°C and 72°C, each for 30s, for 30 or 35 cycles as indicated. Each PCR reaction  
25       contained 1U platinum *Taq* polymerase, 1.8mM MgCl<sub>2</sub>, 0.2mM dNTPs, 12.5µM each primer and 1.7 nmol (5µCi) <sup>32</sup>P-labelled dCTP in 50µl platinum *Taq* buffer.

### **EXAMPLE 24**

### RADIOIMMUNOASSAY

Detection of sex steroid levels in patient sera (frozen following Ficoll-Paque centrifugation) was performed using a  $^{125}\text{I}$ -Testosterone radioimmunoassay (RIA). Prior to the assay, all reagents, samples and controls were brought to room temperature. Control tubes had either buffer alone - non-specific binding (NSB) tube or 0ng/ml testosterone standard ( $B_0$ ). Buffer alone, standards (0-10ng/ml testosterone) or test samples were added to each tube, followed by sex binding globulin inhibitor (SBGI) to limit non-specific binding of the radio-labelled testosterone. The  $^{125}\text{I}$ -testosterone was added to each tube followed by an anti-testosterone antibody (except for the NSB tubes). Tubes were then incubated at  $37^\circ\text{C}$  for 2 hours. Following this, a secondary antibody was added to all tubes which were incubated for a further 60 mins following vortexing. Tubes were centrifuged ( $1000g_{\text{max}}$ ) for 15 mins, supernatant removed and the precipitate counted on a Packard Cobra auto- $\gamma$  counter. Triplicate cpm results were averaged and a standard curve constructed using the formula for percent bound Testosterone ( $B/B_0$ ):

$$\%B/B_0 = \frac{\text{Sample} - \text{NSB}}{B_0 - \text{NSB}}$$

Sample = average cpm of particular test sample

NSB = average cpm of non-specific binding tube

$B_0$  = average cpm of 0ng/ml standard (total binding tube)

The level of testosterone in each test sample was determined from the standard curve. The plasma was subjected to protein analysis based on 2D gel electrophoresis followed by computer based bioinformatics to determine the presence of indicators of thymic function.

All publications mentioned in the above specification are herein incorporated by reference. Various modifications and variations of the described methods and system of the invention will be apparent to those skilled in the art without departing from the scope and spirit

of the invention. Although the invention has been described in connection with specific preferred embodiments, it should be understood that the invention as claimed should not be unduly limited to such specific embodiments. Indeed, various modifications of the described modes for carrying out the invention which are apparent to those skilled in biology or related fields are intended to be within the scope of the following claims.

#### EQUIVALENTS

Those skilled in the art will recognize, or be able to ascertain, using no more than routine experimentation, numerous equivalents to the specific embodiments described specifically herein. Such equivalents are intended to be encompassed in the scope of the following claims.

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